

wjcs

2024

IMPACT REPORT



BUILDING PARTNERSHIPS
STRENGTHENING COMMUNITY
INSPIRING HOPE



WJCS board members (from left) Nina Ross, Michele Brettschneider, Linda Plattus, Sarah Kayle, and (not shown) Suzanne Yearley hosted their annual Have a Heart for the Holidays Gift Drive Luncheon. The event raised over \$7,250 and nearly \$1,000 in toys and gift cards that was distributed to children from under-resourced families in Westchester.



Graduates of our Tarrytown and Sleepy Hollow ParentChild+ program and their families celebrated their achievements at a picnic in Barnhardt Park.



Little ones, from infants to age five, enjoyed playing, exploring, and learning at our Summer Fun at Hartley Park program.



WJCS Shelanu/Supper Club members enjoyed numerous outings and activities, including their annual trip to Playland Park, an evening filled with fun, friendship, and adventure.



More than 30 volunteers from Deloitte dedicated their Annual Impact Day to gardening, hand-painting planters, and beautifying the grounds of the WCS Bon Air community residence.



WJCS POINT participants had fun visiting the Museum of Broadway and other sites in New York City and Westchester.



WJCS hosted festive gatherings for Holocaust survivors in Westchester in celebration of Sukkot, Passover, Hanukkah, and other opportunities to enjoy being together.



WJCS is proud to provide vocational training in White Plains to promote skill-building for young adults with autism in preparation for the workplace. Here, two of our participants who achieved a significant milestone by moving forward to new opportunities.



WJCS was awarded \$20,000 in ARPA (American Rescue Plan Act) funding from the City of Mount Vernon to support digital equity programming for adults and children, in partnership with Youth Community Outreach Program (Y-COP) and the STEM Alliance. Caitlin Leon, WJCS Director of Training & Digital Equity, spoke about the importance of closing the gap in the digital divide, ensuring that everyone has the tools necessary to be successful in today's ever changing, fast-paced world.

Dear Friends,

At Westchester Jewish Community Services (WJCS), we believe that when people come together with shared purpose and deep compassion, we can transform lives and build a stronger, more connected community. This year's Impact Report reflects that belief and highlights the theme that guided our work over the past year: Building Partnerships, Strengthening Community, Inspiring Hope.

Whether through our clinics, residences, schools, community centers, or synagogues, WJCS is rooted in relationships. Partnerships with individuals and families, with schools and congregations, with government and philanthropic leaders are what allow us to bring trauma-informed care, mental health counseling, disability services, and so much more to nearly 20,000 Westchester residents each year.

In a time of growing need and continued uncertainty, we've seen how much people rely on WJCS and how much we rely on one another. From a Holocaust survivor receiving kosher meals and companionship, to a teen accessing mental health support, to a young adult with disabilities participating in job readiness training, the stories in this report show the power of connection to inspire healing and hope.

This year we also announced a formal affiliation between WJCS and Family Service Society of Yonkers (FSSY). This partnership reflects our commitment to collaboration and to reaching more individuals in need, particularly in Yonkers. It is a meaningful step in expanding our network of support and services and a clear example of how partnerships can strengthen Westchester.

We are proud that WJCS is seen as a trusted, expert partner across the region. Our impact is only possible because of your support. Government contracts provide a foundation for our work, but private philanthropy ensures we can be responsive, innovative, and enduring. Your generosity sustains essential programs, bridges gaps in public funding, and allows us to meet challenges with resilience.

As you read through this year's Impact Report, we hope you will feel pride in being part of the WJCS family. Together, we are building partnerships that break down barriers, creating a community where everyone belongs, and inspiring hope in every corner of Westchester.

With gratitude,



Seth Diamond
Chief Executive Officer
Westchester Jewish
Community Services



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President, Board of Directors
Westchester Jewish
Community Services

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Bruce M. Freyer

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BUILDING PARTNERSHIPS STRENGTHENING COMMUNITY INSPIRING HOPE

WJCS' COMMITMENT TO TRANSFORMING LIVES MADE POWERFUL STRIDES FORWARD IN 2024.

Guided by our core values of collaboration, community, and compassion, WJCS expanded and built lasting partnerships that bring us closer to ensuring a more resilient future for those in need. We deepened our collaboration with school districts and community-based organizations and launched a strategic affiliation with the Family Service Society of Yonkers (FSSY), creating a more coordinated and comprehensive network of care to better support youth, the elderly, and families in Yonkers and the greater Westchester community.

Expanding Access in Mental Health, Substance Use, and Trauma Services

WJCS made unprecedented progress in addressing the needs of individuals and families affected by mental health, substance use, and trauma. We amplified our reach and ensured that care is available, responsive, and collaborative by:

- bringing our total number of **school-based satellites clinics** to 12 by adding clinics in the Rye and Eastchester school districts
- expanding our mental health co-response **Mobile Crisis Response Teams** in Central and Northern Westchester, in collaboration with police
- implementing **integrated care models that combine behavioral and medical health services** and embedding clinicians in high-need settings, such as shelters and recovery housing programs
- increasing services for **individuals with substance use and co-occurring mental health disorders** by doubling our OASAS (Office of Addiction Services and Supports) locations from two to four, launching a groundbreaking high school education program, developed in collaboration with *the harris project* and the Partnership to End Addiction, to empower youth with knowledge and tools to help prevent crises before they begin, and providing substance

use trainings to more than 700 community members, including clinicians and parents. We also strengthened overdose prevention efforts, by training over 70 individuals and families in Narcan administration.

- Providing evidence-based therapy, psychiatric treatment, peer, employment, and educational support, case management, and resource referrals for adults and children at four **Certified Community Behavioral Health Clinics**



"Our son struggles with substance use and mental health challenges. My husband and I have learned how to better communicate with and support him. Over time, we have seen tremendous growth on his part. We highly recommend this WJCS program to anyone who is struggling with a loved one's substance use."

- providing **assessments and trauma-informed treatment to adult and child survivors of physical, sexual, and emotional abuse** as well as for youth with problematic sexual behavior
- training over 500 community members in **Mental Health First Aid**, equipping them to recognize and respond to signs of distress with empathy and effectiveness

Nurturing Families, Empowering Futures

Positive child development and strong families are the cornerstones of healthy communities. In 2024, we expanded programs, launched innovative initiatives, and strengthened collaborations.

- **Early Step Forward**, in which social workers promote social-emotional growth, increased its reach to 15 sites, including family child care centers and schools, and supported 397 children.
- **ParentChild+** extended its home visiting program to support 17 license-exempt childcare providers in addition to children and their families, including over 4,000 visits.
- Our **Parent-Child Centers** in New Rochelle and Tarrytown served 262 families. **Summer Fun at Hartley Park** in Mount Vernon and **Adventures in Yonkers**, engaged 167 children collectively in games, activities, laughter, and learning.
- The **WJCS Digital Equity Project** helped to bridge the digital divide, providing Chromebooks, digital education, and one year of free Wifi to participants in underserved communities.
- The **Y-COP initiative in Mt. Vernon, an expansion of our after-school enrichment programming**, offered tutoring, art, and wellness activities, designed to motivate, encourage, and empower youth in a safe and supportive environment.
- **Margaret's Place**, a school-based program that provides counseling, peer leader meetings, workshops, and campaigns that emphasize violence prevention and healthy relationships, in partnership with the Joe Torre Safe at Home Foundation, reached over 3,100 students at Peekskill Middle School, Cross Hill Academy in Yonkers, and White Plains High School.
- **Inclure**, a collaboration with *the harris project*, provided more than 300 youth substance-free, prosocial activities that promoted wellness, recovery, and social connection.
- **Peer Impact** engaged high school students in White Plains and Sleepy Hollow in weekly sessions about self-esteem, cyberbullying, substance use prevention, and other timely topics.
- The **Envision** program helped female high school students in college prep and vocational training, and saw 7 high school seniors graduate with many of them heading off to college.

- **Young People Achieve** provided practical and emotional support to 29 pregnant and parenting teens in White Plains High School, ensuring they could graduate and, in many cases, pursue higher education.



"I was a freshman in high school when I found out I was pregnant. I wasn't ready financially nor mentally. I was worried about how I was going to be able to graduate high school. The Young People Achieve program gave me resources, helped me get my son into daycare, and allowed me to achieve my educational goals. I am graduating community college now and will be studying criminal justice at Pace University. My son is thriving. All this, thanks to WJCS."

- The **Crime Victims Advocacy and Support Services Program** served 1,168 individuals with trauma-focused care, crisis intervention, and safety planning, helping survivors rebuild their lives.
- **Community Workshops** on trauma, mindfulness, parenting, stress, and self-care reached 300+ individuals through schools, libraries, and nonprofits.

Together, these programs reflect the heart of WJCS: lifting up children, teens, and families with compassion, creativity, and purpose.

Supporting Seniors with Dignity and Connection

Our Senior Care division continued its critical work, supported by generous grants from the Hudson Valley Credit Union, Field Hall Foundation, Aging in America, and the Westchester County Department of Senior Programs and Services. These resources enabled us to expand our services to help seniors age safely and comfortably in the homes and communities they cherish.

- The WJCS **NNORC (Neighborhood Naturally Occurring Retirement Community)** offered seniors in north-east Yonkers transportation to medical appointments and a vast range of wellness, holiday, fitness, library, and recreational programs.
- **Project Time-Out** supported families and caregivers by providing high-quality respite services, helping to ease the burdens of caregiving and promote well-being for both those receiving care and those providing it. In-home companions offered social engagement, ensured safety, and helped reduce loneliness. Community escorts assisted with errands, medical appointments and wellness, holiday, fitness, library, and recreational programs.



"When my partner was diagnosed with lung cancer, it was an overwhelming time. I am a schoolteacher. I had to make sure he had an aide once the school year started, transportation to doctor appointments, and Medicaid and legal issues dealt with. I can't say enough good things about WJCS. I don't know what I would have done without your help. We were connected to all the right resources. WJCS has been an answer to our prayers."

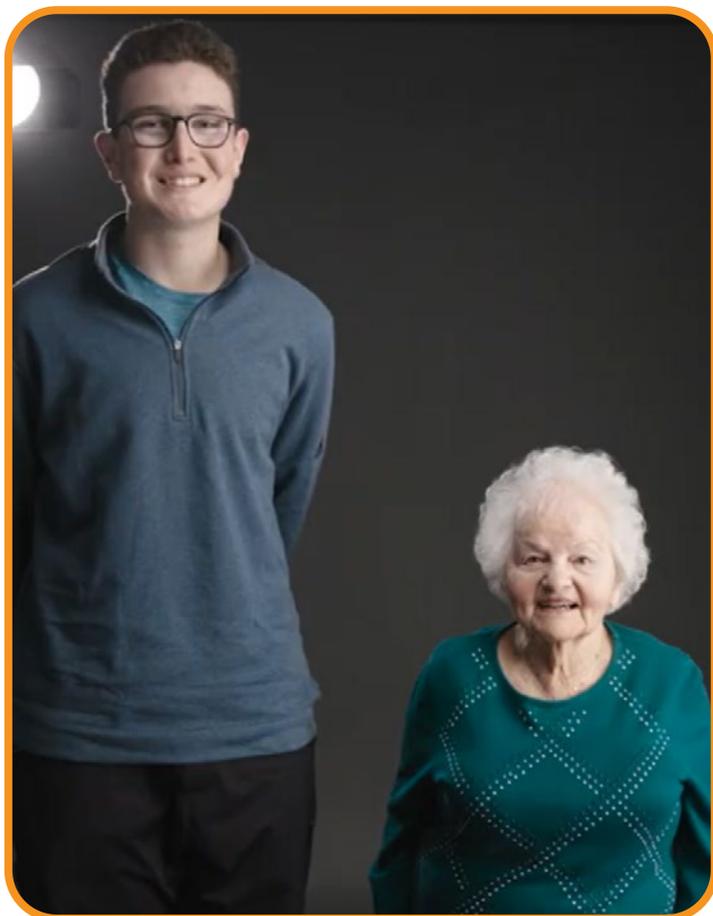
- Through enhanced **collaboration between our Senior Care Division and WJCS behavioral health clinics**, we successfully integrated mental health treatment with care management to provide more holistic support for older adults. This coordinated approach helped address the complex emotional, medical, and social needs of seniors—promoting stability, independence, and overall well-being.
- We continued our longstanding partnership with New York Legal Assistance Group, funded by UJA-Federation of NY, to provide free Advanced Directives legal services, giving seniors the peace of mind that their wishes will be respected. The **WJCS Senior Fund**, with support from the **I.W. Foundation**, provided emergency financial assistance, helping seniors cover basic needs like rent, utilities, and medications. These partnerships reflect a shared vision to meet the complex needs of our older adult population with compassion, coordination, and care and played a vital role in ensuring every senior has access to the resources, personalized guidance, and advocacy they need. These initiatives are about more than services—they are about belonging, safety, and the ability to age with grace, care, and connection.

Meeting the Evolving Needs of the Jewish Community

Amid the ongoing crisis in Israel and rising antisemitism in the U.S., our Jewish Programs team mobilized the full range of staff expertise and agency-wide programming to provide the Jewish community with vital emotional support and practical resources, helping to foster a sense of connection and resilience during challenging times.

- **Partners in Caring** supported 19 synagogues, connecting congregants with a wide range of services tailored to their needs, including support for caregivers, the newly bereaved, individuals who are separated or divorced, parents of children with special needs, isolated seniors, individuals seeking information on geriatric care facilities, parents of young adults who are married or dating someone of a different faith, and support for people reporting issues of abuse.

- **Student support and school community-wide services** were significantly increased due to the need for social and emotional assistance during these trying times. We provided 479 individual counseling sessions for students, 620 for parents, and 386 for teachers, staff, and clergy. We conducted 97 support group sessions for youth, 68 for parents, and 46 workshops for the broader school community. The ongoing feedback from parents and faculty suggests that these efforts are not only helping individuals in the moment but are also fostering long-term resilience and understanding.
- **Project SEED (Supporting Early Emotional Development)** provided services to 11 Early Childhood Centers, impacting 160 teachers, 67 classrooms, and about 850 children. This 15% increase in participation over the past two years is driven by the growing needs of Early Childhood Centers and families in the post-pandemic era. Many families continue to face personal and financial hardships, contributing to anxiety and stress among parents and children. Site directors have expressed great appreciation for the social work consultations provided, as well as the opportunity to connect regularly and learn from one another.
- WJCS programming for **Holocaust Survivors and their Second Generation in Westchester County** continued to grow and thrive. In 2024, we provided services to 150 individuals through support groups, kosher home-delivered meals, and socialization events. We offered regular home visits and monthly support groups for Survivors, Child Survivors, and Second Generation Survivors where, in a safe and supportive space, they share memories, process past traumas, and address the resurgence of old fears triggered by current events. To reduce isolation and foster connection, WJCS continues to offer multiple social events, including four large holiday celebrations, each attended by 40-100 individuals as well as dinner and movie outings.
- We expanded our volunteer programs, creating meaningful opportunities for volunteers to engage with Survivors. One such initiative, **the Share Shabbat program**, paired 36 Survivors with families—often those with young children—to deliver a monthly Shabbat dinner. This intergenerational exchange allows Survivors’ stories to be preserved and passed on to future generations, ensuring their legacies endure. Before each Jewish holiday, volunteers also delivered food gift bags to Survivors, offering them both practical support and emotional comfort during special times of the year.



“I always knew about the Holocaust but I’d never gotten the firsthand experience that I have through the WJCS Share Shabbat program.

Getting to know Dora has given it a new perspective. She always talks about how she had a beautiful family before the Holocaust. Just to have all of them lost is such a tragedy. It’s put into perspective how quickly everything can be taken away from you. The WJCS Share Shabbat program is very important. Without it, I probably wouldn’t have ever spoken to any survivor and, in a few years, it might not even be possible. It’s important to connect the two generations. It’s important for me to know so I can carry on her story so it is never forgotten and never happens again.”

Supporting Families of Children with Intellectual and Developmental Disabilities

Our mission at WJCS is that every person should feel cared for, have the skills and resilience they need to lead their best lives, and feel a part of the community. In 2024, we provided support to individuals with intellectual and developmental disabilities in numerous and vital ways:

- Our **12 community residences and independent living programs** provided a wide range of services to help individuals reach their potential, enhance their strengths, and live as independently as possible. We successfully transitioned residents from one of our houses that was closing to other houses. All people were able to stay with individuals and staff they have known for years which maintained a sense of comfort and continuity. Staff who were looking for new experiences were able to work in other houses within our division.
- Participants in our programs gained confidence as well as emotional, social, employment, and life skills in group discussions, arts classes, vocational workshops, recreational activities, and support groups.
- Many new participants joined our **POINT (Pursuing Our Independence Together) program** and enjoyed a rich array of activities, including outings across Westchester and Manhattan as well as a trip to Rocking Horse Ranch.

“No one asks to have a child with any type of disability. But it happens. And we love them and we need them and we have to support them. We made a decision to have Elana in a group home setting because we both were working and couldn’t provide all she needed. I can’t speak enough about the caring, compassion, and love that she is getting from the staff. She’s allowed to have her iPad and she does Facetime with us. This puts us at ease. We know she’s fine. She started blossoming. She is more alert, easy to talk to, more patient, with more attention to detail. She’s making a lot of friends. I am radiating love for the agency. WJCS was a life preserver for the whole family.”

- **WJCS “Shelanu”** (which means *Ours* in Hebrew), is a friendship community for young adults, 18–35, with autism spectrum disorders. The bountiful variety of activities enjoyed by Shelanu members included dinners at Westchester restaurants, attendance at the movies and ballgames, bowling, and trips to Manhattan.
- Through **Project Time-Out**, 36 families caring for children with intellectual and developmental disabilities received partial reimbursement for in-home respite care. These funds empowered families to hire their own trusted respite workers, giving parents and caregivers the opportunity to take much-needed breaks, tend to their own physical and emotional needs, and focus attention on other children in the household.

2024 marked a year of significant growth and resilience for WJCS. Through these innovative programs, strengthened partnerships, and unwavering commitment, we expanded our reach and deepened our impact—transforming lives and building a healthier, more connected Westchester community.





Kendra Fray, Residence Manager
Batkin Developmental Disabilities
Professional of the Year Award



Monica Valdovinos, Social Worker
Clinical Staff of the Year Award



**Ashley Cabrera, Department of Social
Services Program Coordinator**
Leonard Rohmer Outstanding
Accomplishment Award



**Bernadette Renwick, FSSY Director
of Housing Programs**
Family Service Society of Yonkers
(FSSY) Dedicated Service Award



**Caitlin Leon, Director for
Training and Digital Equity**
Judy Fink, Director of Senior Care
Susan Lewen Staff Excellence Award



Janet Paseltiner, ParentChild+ Program Coordinator
Natasha Francis, Peekskill Clinic Secretary
Reggi Mensch Spirit Award



Geovany Martinez, Assistant Clinic Director
Bernie Kimberg Employee of the Year Award

FINANCIAL STATEMENT

WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2024 AND 2023.

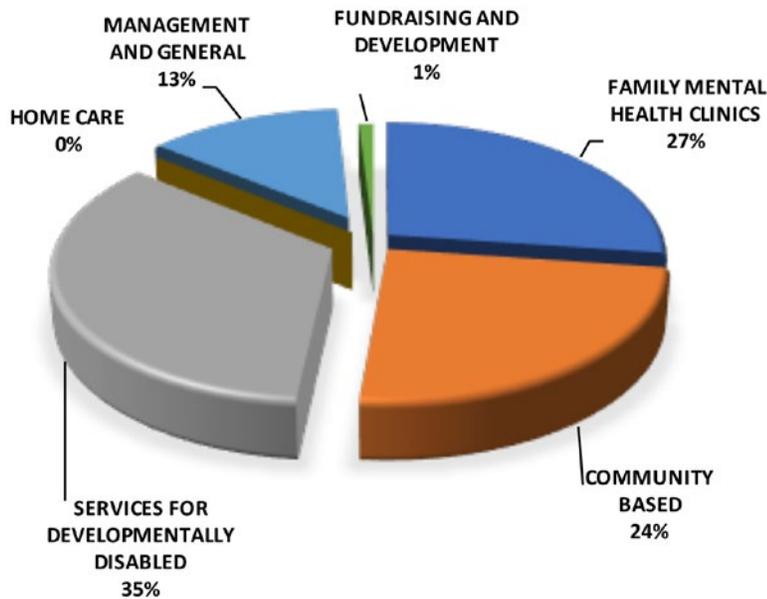
	2024	2023
ASSETS		
CASH AND CASH EQUIVALENTS	1,984,519	1,737,823
RECEIVABLE	9,288,769	7,167,514
INVESTMENTS	27,595,152	31,537,187
LEASE RIGHT-OF-USE ASSETS	2,183,162	1,739,261
PROPERTY AND EQUIPMENT, NET	6,934,300	7,107,263
OTHER ASSETS	573,454	395,427
TOTAL ASSETS	48,559,356	49,684,475
LIABILITIES		
ACCRUED EXPENSES AND OTHER PAYABLES	7,186,940	6,262,916
LEASE LIABILITIES	2,196,786	1,751,344
LOANS PAYABLE	4,030,847	2,174,868
TOTAL LIABILITIES	13,414,573	10,189,128
NET ASSETS		
WITHOUT DONOR RESTRICTIONS	15,632,736	19,699,033
WITH DONOR RESTRICTIONS PURPOSE	14,466,150	15,034,281
WITH DONOR RESTRICTIONS ENDOWMENTS	5,045,897	4,762,033
TOTAL NET ASSETS	35,144,783	39,495,347
TOTAL LIABILITIES AND NET ASSETS	48,559,356	49,684,475

WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2024 AND 2023.

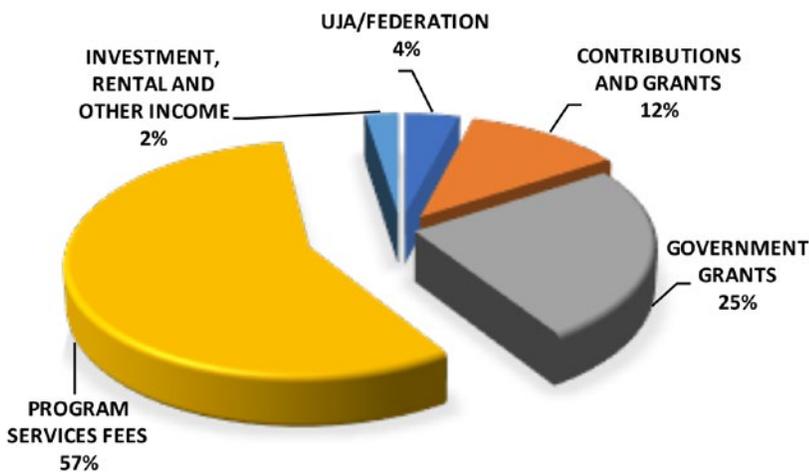
	2024	2023
SUPPORT AND REVENUE—OPERATING PUBLIC SUPPORT		
UJA/FEDERATION	1,894,119	1,897,366
CONTRIBUTIONS AND GRANTS	6,106,417	5,527,610
SPECIAL EVENT NET OF EXPENSES	411,477	315,620
TOTAL PUBLIC SUPPORT	8,412,013	7,740,596
REVENUE		
GOVERNMENT GRANTS	12,103,417	11,666,664
PROGRAM SERVICES FEES	26,593,537	26,601,764
INVESTMENT INCOME	1,828,882	644,931
RENTAL AND OTHER INCOME	183,851	199,021
TOTAL REVENUE	40,709,687	39,112,380
TOTAL SUPPORT AND REVENUE	49,121,700	46,852,976
EXPENSES - OPERATING:		
PROGRAM SERVICES – CLINIC	15,088,967	13,577,987
PROGRAM SERVICES – COMMUNITY BASED	13,678,622	12,128,359
PROGRAM SERVICES – SERVICES FOR DEVELOPMENTALLY DISABLED	16,465,045	17,186,833
MANAGEMENT AND GENERAL	9,200,370	6,543,463
FUNDRAISING AND DEVELOPMENT	470,921	472,463
TOTAL EXPENSES – OPERATING	54,903,925	49,909,105
CHANGE IN NET ASSETS - OPERATING	(5,782,225)	(3,056,129)
NON-OPERATING REVENUE		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	1,431,662	8,644,881
CHANGE IN NET ASSETS	(4,350,563)	5,588,752

The complete audited financial statements including related notes and the Galleros Robinson, LLP opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: www.wjcs.com/financial990

OPERATING EXPENSES



OPERATING SUPPORT AND REVENUE



WJCS IS:

- A founding member of Coordinated Behavioral Health Services
- Certified by New York State to operate Certified Community Behavioral Health Clinics
- Accredited by Substance Abuse and Mental Health Administration for Hartsdale, Mt. Vernon, Peekskill, and Yonkers to be Certified Community Behavioral Health Clinics
- An affiliate of Compeer International
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives, and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD)
- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH), including integrated mental health and substance abuse services
- A partner with Westchester police Mobile Crisis Response Teams
- Accredited by the American Psychological Association as a training site for doctoral psychology interns

WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- City of Yonkers Community Development Block Grant (CDBG)
- Federal Emergency Management Agency
- Joe Torre Safe at Home Foundation
- Montefiore Hospital DSRIP
- New York State Office of Addiction Services and Supports
- New York State Department of Health
- New York State Division of Homeland Security and Emergency Response
- New York State Office for People with Developmental Disabilities
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office of the Aging
- Center for Practice Innovation at the New York State Psychiatric Institute
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- School Districts of Briarcliff, Chappaqua, Elmsford, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Sun River Health Care
- Town of Cortlandt
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- U.S. Department of Justice
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Probation
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Office for Women
- Westchester County Office of the County Executive
- Westchester County Youth Bureau

BEHAVIORAL HEALTH

Care Management for Youth
Community-based services for children with chronic health or mental health conditions, 914-237-6089

Certified Community Behavioral Health Clinics (CCBHC)

Counseling, psychiatric, Intensive Outpatient, peer and educational support, resource referrals, and other services for adults and children

- **Mt. Vernon**, 914-668-8938
- **Peekskill**, 914-737-7338
- **Yonkers**, 914-423-4433
- **Hartsdale**, 914-949-6761

Child Sexual Abuse Treatment Program*

Treatment for children and adult survivors of sexual abuse, 914-949-7699 x2475

Court Assessment Program

Professional psychiatric and psychological assessments for use by the legal system, 914-949-7699 x2452

Cross Systems Unit*

A collaboration with DSS to assist families seeking Family Court help, 914-423-4433 x3222

Domestic Violence Program*

Therapy for adults and children affected by family violence, 914-949-7699 x2471

Encompass

Services for substance-involved individuals, including individual and family therapy, 914-949-6761 x2447

Family Matters

Mental health services, case management for youth with serious emotional disturbances, 914-237-6089

Harry & Jeanette Weinberg Learning Center

Educational services for individuals with developmental disabilities and other learning challenges, 914-949-7699

Invitation to Change

(Formerly CRAFT) Support for loved ones of substance-involved individuals, 914-607-4500

Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 914-237-6089

Juveniles Starting Over*

Treatment and assessment of youth with problematic sexual behavior, 914-949-7699 x2470

Linkages/Youth Success*

Mental health assessment and support for youth in the probation system, 914-737-7338 x3120

Mobile Crisis Response Team

Provides mental health co-response with police in Buchanan, Cortland, Elmsford, Greenburgh, Lewisboro, Peekskill, Scarsdale, Somers, South Salem, Yorktown, and White Plains, 845-736-8004

Nurturing Parents*

A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 914-423-4433 x3221

ONTrackNY

Specialized program, including counseling, psychiatric, peer, and educational/employment support, for individuals age 16-30 who have experienced first episode psychosis, 914-523-0752

School-Based Satellite Clinics (SCOPEs)

School-based mental health services:

- **Eastchester** Middle School
- **Elmsford**—Alexander Hamilton School, Alice E. Grady School, Dixon Primary School
- **Peekskill**—Woodside Elementary School, Oakside Elementary School
- **Rye School District**
- **Yonkers**—Cross Hill Academy, Ella Fitzgerald Academy, Martin Luther King Academy, Roosevelt High School, 914-237-6089

Social Clubs

Provides social and recreational activities for people recovering from mental illness, 914-528-6995

- **Favonian Club** in Shrub Oak
- **Grasslands** life skills program in Valhalla
- **Sunset Club** for residents of Mohegan Park Home
- **Sunshine Social Club** in Shrub Oak

Substance Use Disorder and Co-Occurring Disorders Treatment

Provides specialized clinical services for substance-involved individuals and their loved ones, 914-949-6761 x2447

Trager Lemp Center for Trauma & Resilience

Research-proven treatment for childhood sexual abuse and trauma, 914-949-7699 x2475

Trauma Therapist at District Attorney's Office*

914-995-5165

VIP (Volunteer Internship Program)

Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester, 914-761-0600 x2223

WJCS Satellite Clinic @ Sun River HealthCare

Mental health services for children in a pediatric practice, 914-423-4433

Yonkers Department of Social Services

Satellite Clinic crisis intervention and counseling to families involved with DSS, 914-231-2604

Yonkers School-Based Crisis Stabilization Services

Short-term mental health, crisis management services to several Yonkers schools, 914-761-0600 x3225

Youth, Teen & Adult Mental Health First Aid Training

Teaches warning signs to respond to mental health challenges and crises, 914-761-0600 x2322

CHILDREN, YOUTH & FAMILIES

Amazing Afternoons

An after-school academic and activity-based enrichment program in Elmsford, 914-761-0600 x2232

Center Lane

Community center, resources, and support for LGBTQ+ youth, Yonkers, 914-423-0610

Crime Victims Advocacy Support Services Program (CVASSP)

Provides crime victims and survivors with supportive services and trauma-informed therapeutic services, 914-761-0600 x2245

Digital Equity

Provide Chrome books, internet access, and digital education to help youth and adults succeed at remote learning, 914-949-7699 x2407

Early Step Forward

Early childhood mental health services for families with children up to age 5 at schools, childcare programs, and in the community. Includes Family Child Care Provider Program, 914-949-7699 x2423

Emergency Food Pantry

Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 914-965-9140

Envision

Provides mentoring, care management, and supportive services to high-school students who are WJCS clients, 914-965-9140

Inclure

Provides substance-free social and recreational activities and programs for high school age youth, that support well-being and recovery, in partner with the harris project, 914-462-0102

Infant-Toddler Learning Center

Parenting education and children's early learning, 914-595-0041 x3329

Margaret's Place

In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481

- **Cross Hill Academy**, Yonkers
- **Peekskill Middle School**
- **White Plains High School**

Parent-Child Center (PCC) / ParentChild+

PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 914-949-7699 x2424

*Part of WJCS Trager Lemp Center for Trauma & Resilience

Peer Impact

Peer-to-peer support and training to develop youth leadership and advocacy skills, 914-761-0600 x2322

Young People Achieve

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 914-340-4124
- **Sleepy Hollow High School**, 914-333-0063
- **White Plains High School**, 914-422-5026

DEVELOPMENTAL & INTELLECTUAL DISABILITIES / AUTISM

Community Habilitation Services

Essential life-skills training for individuals in the POINT program, 914-761-0600 x2175

CORDD

Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations, 914-949-7699 x2477

Counseling for People with Developmental Disabilities

Mental health services for individuals and families with developmental disabilities, including autism, 914-949-7699 x2477

Parent Management Training

Support for parents in managing difficult behaviors of children with developmental disabilities or autism, 914-949-7699 x2408

POINT

Community independent living program for young adults with intellectual and developmental disabilities, 914-761-0600 x2175

Project Lifesaver

Provides locator bracelets for people with autism who may wander, 914-761-0600 x2230

Residential Housing

Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 914-761-0600 x2128

- **Beach House**, Mamaroneck
- **Bon Air House**, New Rochelle
- **Bryant House**, White Plains
- **Cannon House**, Eastchester
- **Chai House**, White Plains
- **Claremont House**, Mt. Vernon
- **Claudet House**, Eastchester
- **Gramatan House**, Mt. Vernon
- **Harrison House**, Harrison
- **Hudson Terrace**, Sleepy Hollow
- **Maple House**, Harrison
- **Palmer House**, Larchmont

Social Skills Lunch Group

Weekly therapeutic get-together to problem solve and socialize, 761-0600 x2477

Taft Community Center

A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 914-761-0600 x2108

Therapeutic Social Groups

Evidence-based groups for children and teens with autism, 914-761-0600 x2477

JEWISH PROGRAMS

Addressing Alzheimer's

Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 914-761-0600 x2133

Bereavement Services

Support for those coping with the loss of a loved one, 914-761-0600 x2342

Caregiver Support

Assistance for individuals caring for a loved one living in Westchester over the age of 60, 914-761-0600 x2145

Center for Jewish Programs

Counseling, support, and group programming for the Jewish community, 914-761-0600 x2407

Guiding Parents through Services (GPS)

Connects Jewish families to behavioral health services for children, 914-761-0600 x2318

Havorah Program

Jewish holiday celebrations for people with developmental disabilities, 914-761-0600 x2407

Holocaust Program

- Support groups and social activities for Holocaust survivors and their families, 914-949-7699 x2541
- Survivor compensation programs, including home health care. 914-761-0600 x2241

Kosher Home-Delivered Meals

Provides kosher meals to isolated seniors, 914-761-0600 x2184

Partners in Caring and Partners in Schools

On-site counseling, educational and informational programs in synagogues and Jewish day schools, and community and senior centers, 914-761-0600 x2407

Pathways to Care

Counseling for people coping with chronic or advanced illness, 914-761-0600 x2133

Project Locator

Provides location bracelets for people with Alzheimer's and other related dementias, 914-761-0600 x2230

Project SEED

Provides support for directors, teachers, parents, and children in Jewish Early Learning Centers, 914-761-0600 x2128

Shelanu

A membership community for young Jewish adults with autism, 914-761-0600 x3332

SENIORS

Livable Communities Project

Helps seniors remain in their homes and communities, 914-761-0600 x2314

Project Time-Out

Provides respite for caregivers, 914-761-0600 x2310

Senior Care Management

Comprehensive services for seniors, including living options, 914-761-0600 x2340

Senior Information and Referral

Provides information on programs, services, and benefits for seniors, 914-761-0600 x2340

Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)

Assistance to help seniors in northeast Yonkers age in place, 914-761-0600 x2344

RESEARCH/TRAINING

Social Work Internship

Accredited training program for first and second-year graduate students from schools of social work for field work placements, 914-668-8938 x3014

Psychology Externship Training

Accredited training program for doctoral candidates, 914-423-4433 x3213

Psychology Internship Training

Accredited training program for advanced doctoral students, 914-949-7699 x2475

Educational Institute

Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 914-949-7699 x2474

Research and Evaluation

Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x2234

VOLUNTEERING

COMPEER

Volunteers helping adults recovering from mental illness, 914-761-0600 x2208

Recruitment

A wide range of in-person and virtual opportunities for volunteers, including virtual mentoring, 914-761-0600 x2222

VIP

Volunteer/internship experience for adults recovering from mental illness, 914-761-0600 x2223

EXECUTIVE STAFF

Seth Diamond, Chief Executive Officer
Lauren Bassin, LCSW, Assistant Executive Director of Community Programs
Suzanne DeLasho, Assistant Executive Director of Behavioral Health Services; Project Director of Certified Community Behavioral Health Clinics (CCBHC)
John Douglas, M.D., M.B.A., MA., Medical Director
Gayley Henry, M.A., Director of Residential Services, Community Programs
Richard Jones, B.A, Compliance Officer
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Irene Math, B.S., Chief Financial Officer
William Mullane, Ph.D., Director of Innovation, Integration, and Community Partnerships
Liane Nelson, Ph.D., Chief Psychologist; Director of Trager Lemp Center for Trauma & Resilience
Jessica Piecyk, MPA, LCSW, Assistant Executive Director of Jewish Programs; Managing Director of Early Childhood Programs
Milagros Rivera, MBA, Director of Human Resources
Katrina Schermerhorn, MPA, Assistant Executive Director of Children, Youth, and Family Services
Stephan Spilkowitz, M.A., Director of Engagement and Culture
Shannon Van Loon, M.Ed., Chief Program Officer

LEADERSHIP/ADMINISTRATIVE STAFF

John Alterman, LCSW, Director of Hartsdale Family Mental Health Center; Director of Edythe Kurz Educational Institute
Beverly Alvarez, M.S., Director of Academic and Career Support, Mary J. Blige Center
Patricia Alvarez, LCSW, Supervisor of Trager Lemp Center for Trauma & Resilience; Project Director of National Child Traumatic Stress Initiative (NCTSI)
Miriam Arond, M.A., Director of Marketing and Communications
Maria Bergamin, LCSW, Coordinator of SCOPEs
Shari Birnbaum Baum, LMSW, Coordinator of Partners in Caring
Hilary Blackman, Director of Employee Resources & Community Partnerships
Ann Brammer, LCSW, Director of Mt. Vernon Family Mental Health Clinic; Coordinator of Social Work Internships
Monica Brennan, LMSW, Supervisor of Yonkers DDO
Merydith Browne, Residence Manager of Palmer House
Ashley Cabrera, LCSW, Coordinator of DSS
Rodney Campbell, B.S., Residence Manager of Maple House
Anthony Canonico, LMSW, Director of OnTrackNY
Ralph Capozzi, Senior Facilities Director
Tiyann Carrington, Office Manager, Hartsdale
Danielle Cartwright, LMSW, Coordinator of POINT
Hanna Cohen, PsyD, Psychologist of Trager Lemp Center for Trauma & Resilience
Cheoka Coleman, LMSW, Assistant Program Director of Family Matters
Krystle Colon, LPN, Supervising Licensed Practical Nurse, Yonkers Family Mental Health Clinic
Kevin Costello, Social Club Coordinator
Hope Cunningham, MPA, Coordinator, Community Programs
Sheri Curro, Client Information Systems Manager
Allison Danzig, Coordinator of Holocaust Survivors Program
Carole Delgado, Office Manager, Yonkers
Ashley DeNicolais, Human Resources Generalist
Marjorie Dingee, LCSW, Clinical Supervisor
Diana Dlugash, M.S., Director of Client Information Systems & Strategic Initiatives
Suzanne Doll, LMSW, Director of Linkages and Youth Success
Timothy Dudic, B.A., Director of Grants
Brandon Dunn, B.A., Coordinator of Senior Services
Leroy Ennis, LCSW, Director of Yonkers School-Based Services
Mary Esposito, Senior Office Manager
Massiel Farrell, LMHC, Coordinator, Substance Use Disorder Intensive Outpatient Program (SUD IOP)
Christina Favale, LCSW, Clinical Supervisor
Judy Fink, LCSW, Director of Senior Care
Sarah Fisher, LCSW, Clinical Coordinator & Director of Mobile Crisis Response Team, OnTrackNY
Kendra Fray, B.A., Residence Manager of Valdale House
Jennifer Funes-Martinez, LCSW, Assistant Clinic Director of Yonkers Family Mental Health Clinic
Rivka Gorin, B.S., Assistant Director of Early Childhood Programs
Zilah Gradwohl, M.S., Supervisor of Harry and Jeanette Weinberg Learning Center
Consuelo Guerrero, LCSW, Trager Lemp Center's Senior Manager of Specialized Clinical Services
Brenda Haas, LMSW, M. Ed, Coordinator of Guiding Parents Through Services (GPS)
Sasha Hanchard, Residence Manager of Beach House
Wilhelminia Harris, B.S., Coordinator of WRAP Services and Peer Training
JoAnne Helffrich, LCSW, Assistant Director of Peekskill Family Mental Health Clinic
Leslie Hernandez, Director of Admitting and Managed Care
Dawn Jardim, Residence Manager of Harrison House

Jennifer Kaplan, Director of Development
Suzanne Katz, LCSW, Assistant Director of Trager Lemp Center for Trauma & Resilience
Jonathan Kenney, Employment Specialist Supervisor, CCBHC
Diane Klein, Coordinator of Behavioral Services & Training Support
Carol Kobroff, MSW, Coordinator of Project Time-Out
Alissa Koerner-Baalbaki, LCSW, Director of Yonkers Family Mental Health Clinic; Coordinator of Employee Assistance Program
Catherine Kunin, LCSW, Coordinator of SCOPEs
Sarah Lieberman, Coordinator of Health and Healing Support Services
Valerie Litt, LCSW, Director of Yonkers NNORC
Caitlin Leon, LMSW, Director of Training and Digital Equity
Norma Leon, B.A., Human Resources Manager
Christopher Libby, Ph.D., Assistant Director, Hartsdale Family Mental Health Center; Coordinator, Dialectical Behavioral Therapy
Betty P. Louis, Senior Office Manager
Micheline Malow, Ph.D., Director of Harry and Jeanette Weinberg Learning Center
Rajendra Mangal, Director of Financial Planning, Reporting and Reimbursement
Kenneth Mann, Psy.D, Program Director, Outpatient Services for People with Developmental Disabilities
Soleil Manon, MSW, Coordinator of Cross Hill Academy
Dionne Marks, M.S., Accounting and Reporting Supervisor
Zoila Marotta, Residence Manager of Gramatan House
Geovany Martinez, LMSW, Assistant Director, Mt. Vernon Family Mental Health Clinic
Ericka McCabe, A.S., Residence Manager of Hudson Terrace
Mike McCabe, Supervisor of Information Services
Kathleen E. McKay, Ph.D., Coordinator of Court Assessment Program
Phillip Menzies, M.S., Director of Youth Services
Kristina Mirra, LCSW, Assistant Program Director of Mobile Crisis Response Team
Heather Mitchell, LMSW, MSED, Coordinator of PCHP
Catherine Mitchiner, Residence Manager of Bon Air House
Samuel Mogilensky, LMHC, CASAC, Coordinator of Encompass
David Monroe, Operations Coordinator of Community Programs
Carolyn Murphy, LCSW, Director of Children's Community-Based Mental Health Services
Robin Muskin, MSW, Talent Acquisition Specialist
Alyssa Neary, Psy.D., Assistant Director of Harry and Jeanette Weinberg Learning Center
Stefanie Noll Gaspar, MSW, Coordinator of Margaret's Place
Dorothy Oswald, RN, Nursing Supervisor of Community Programs
Tally Aliphaz Palefski, LMSW, Director of Early Childhood Programs
Janet Pasetliner, Coordinator of PCHP
Sandra Perry, B.A., Senior Residence Manager of Cannon House and Claudet House
Isabel Pettersen, M.S., Program Manager, Youth and Senior Project Lifesaver
Jill Phillips, BSN, RN, Director of Nursing Services
Colleen Porrazzo, Executive Assistant and Psychology Internship Coordinator
Nicholas Primavera, Coordinator of Shelanu
Beth Propper, Grants Manager
Maura Rawlins, LCSW, Coordinator of Margaret's Place
Areta Reid, B.A., Coordinator of Community Programs
Erica Rice, B.A., Revenue Accounting Manager
Tamara Robinson, BA, Coordinator of Early Childhood Division, Yonkers
Josefa Romero, MSW, Director of Mary J. Blige Women's Center and Advocacy
Valerie Rosen, LCSW, Director of Integrative Services, Certified Community Behavioral Health Clinics
Sarah Rosenwasser, LMSW, Coordinator of Early Childhood Programs
Lorena Rucaj, LMHC, Coordinator of DCMH
Jessica Sansone, B.A., Project Coordinator of Mental Health First Aid
Karen Santos, B.S., Advocate Supervisor, CVASSP
Chanthinia Savage, Office Manager, Peekskill
Alison Savitch, LCSW, Director of Community Support Services, Community Programs
Rachel Scherer, M.S., Privacy Officer
Robyn Schlesinger, J.D., Director of LGBTQ Services
Nayftid Simons, LCSW, TLC Clinical Supervisor
Jane Slevin, M.S., LMFT, Director of Pathways to Care
Elana Spira, Ph.D., Director of Research
Laura Stein, LMSW, Coordinator of COMPEER
Rosemarie Stewart, B.S., Coordinator of Community Programs
Jeffrey Suazo, Coordinator of Include
Elizabeth Thompson, LCSW, Director of Margaret's Place
Shedifa Treasure, BSW, Coordinator of Integrative Services, Certified Community Behavioral Health Clinics
Amanda Vassallo, LCSW, Clinic Director of Peekskill Family Mental Health Clinic
Troy Walker, Residence Manager of Bryant House
Suzanne Wallach, MSED, Director of POINT Program
Ellen Weisberg, M.Ed., LMSW, Coordinator Covid Relief Hub, Mental Health Services & Project Seed, Jewish Programs
Jonathan Wilson, Maintenance Supervisor

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2024 BY THE NUMBERS

65,294

MENTAL HEALTH AND TRAUMA SERVICES provided at 4 behavioral health clinics

2,293

SENIORS served through case management, socialization, and support services

14

SATELLITE CLINICS (including 11 schools), serving 817 clients in the community

4,039

PARENTCHILD+ HOME VISITS to 165 children to promote early literacy and healthy child development

1,168

CRIME VICTIMS provided trauma-informed support, crisis intervention, and safety planning

576

COMMUNITY MEMBERS trained in Mental Health First Aid

3,100

STUDENTS provided violence prevention and healthy relationship skills

262

FAMILIES attended WJCS summer programs

19

PARTNER SYNAGOGUES provided supportive social services for congregants and clergy

1,685

COUNSELING SESSIONS for students, parents, teachers, clergy, and staff post October 7th

12

COMMUNITY RESIDENCES for adults with disabilities

3,594

MENTAL HEALTH AND TRAUMA CLIENTS



WWW.WJCS.COM

845 N. BROADWAY

WHITE PLAINS, NY 10603

914-761-0600

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Westchester Jewish
Community Services

