

# Bar & Bat Mitzvah Projects

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At Westchester Jewish Community Services (WJCS), our Volunteer Program will work with you to customize Bar and Bat Mitzvah projects that align with the interests and passions of each child, while helping under-served individuals in our community. Our agency helps many populations, including, but not limited to, children and adults dealing with trauma, pregnant teens, the LGBTQIA+ community, seniors, disabled adults, and Holocaust survivors. There are many ways for you to bring positive change to the lives of vulnerable children, youth, and adults in our community from organizing drives to collecting needed items to arranging clean-up projects.

♥ A young man organized a local fundraiser to purchase sensory objects and fidget toys for children on the spectrum, to help support and calm them.

♥ A young woman collected soothing items—journals, art supplies, blankets, and bookstore gift cards—for youth in WJCS’s mental health clinics who are working through trauma.

♥ During the pandemic, one child safely prepared and sold baked goods to family and friends to raise money for local COVID-19 initiatives.

We want to work with YOU to create your own unique project! We welcome all inquiries and can provide more information about WJCS to help clarify the scale of our organization and opportunities for projects. Projects can be accompanied by site visits, photo opportunities, and testimonies of the impact each child and their project have on your community

WJCS, a nonprofit organization founded in 1943, has grown to be the largest provider of licensed outpatient community mental health services in Westchester County, with state-of-the-art programs and individualized compassionate care. The agency serves more than 20,000 Westchester residents of all ages and backgrounds each year. WJCS has 20 locations, including 4 clinics in Hartsdale, Mt. Vernon, Peekskill, and Yonkers, 12 community residences for disabled adults, mobile crisis units, support for seniors, early childhood and after-school enrichment, help for pregnant teens, academic and career resources for young adults, programming for LGBTQIA+ youth and families, support for Holocaust survivors, and much more.

To get started, please contact Michelle Siegel, Volunteer & Event Associate, at [msiegel@wjcs.com](mailto:msiegel@wjcs.com); 914-761-0600 x2209.