

Center for Jewish Programs

February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Spousal/ Partner Bereavement Support Grp (JCC-MW) Beth El SMART Shelanu Goes to the Fountain Diner	4 Holocaust Survivor Grp	5 WRT General Caregiver Grp Club Wednesday	6 WJCS Caregiver Support Group Film & Discussion (TST) Shelanu Goes to Chuck E Cheese	7 Shelanu Goes to Synaplex	1/8
9	10 Spousal/ Partner Bereavement Support Grp (JCC-MW) Beth El SMART Shelanu Goes Bowling Moving Forward Social Group (TIC) Parent Support Group (TIC)	11 Holocaust Child-Survivor Group You Are Not Alone: Caregiver Support Group General Caregiver SG (JCC-MW) Current Events (TINW)	General Caregiver Grp Jewish Culture: Tu'Bshvat Celebration (Chai House)	Events (CSI) Shelanu: Five Guys & Supermarket Sweep 2.0	14	15
16	17 Spousal/ Partner Bereavement Support Grp (JCC-MW)	18 Holocaust 2 nd Gen. Grp Shelanu Dines at Applebees	19 Club Wednesday	20 WJCS Caregiver Support Group Caregiver Group (TST) Shelanu Makes Mini	21	22

				Pizza's and Crafts		
23	24 Spousal/ Partner Bereavement Support Grp (JCC-MW) Beth El SMART Shelanu Goes to Dinner and the Movies Moving Forward Social Group (TIC) Parent Support Group (TIC)	25 You Are Not Alone: Caregiver Support Group	26 Film and Discussion (JCCH) Jewish Culture: Start Purim Party Planning (Chai House) Parent Support Group (Beth El)	Events (CSI) Caring for Aging Parents (Beth El) Shelanu Enjoys Sitcom Clips	28	

February 2025 EVENT DETAILS

Beth El-NR SMART: Mondays, February, 3, 10 & 24, 11:00 am – 12:15 pm

Caring for Aging Parents: Thursday, February 27, 7:00 – 9:00 pm

Club Wednesday (JCCH): Wednesday, February 5 and 19, 11:00 am - 12:15 pm

Current Events:

- Tuesday, February 11, 10:30 am 12:00 pm (TINW)
- Thursday, February 13 and 27, 11:00 am 12:30 pm (CSI)

Film & Discussion Group:

- Thursday, February 6, 12:30 pm 3:30 pm at TST
- Wednesday, February 26, 1:30-4:30 pm at JCCH

General Caregiver Groups:

- Tuesday, February 11, 9:30 10:45 am (JCC-MW). Please contact bernsteind@jccmw.org or Sarah Lieberman at slieberman@wjcs.com for more information.
- Wednesday, February 5 and 12, 11:30 am 12:30 pm (WRT members)
- Thursday, February 20, 4:00 -- 5:15 pm (TST members)

Holocaust Programs

- Holocaust Survivors Group: Tuesday, February 4, 2:30 4:00 pm
- Holocaust Child-Survivor Group: Tuesday, February 11, 4:00-5:30 pm
- Holocaust Second Generation Survivor Group: Tuesday, February 18, 7:00-9:00 pm

Jewish Culture: Chai House:

- Tu'Bshvat Celebration: Wednesday, February 12, 4:00 6:00 pm
- Purim Party Planning: Wednesday, February 26, 4:00 6:00 pm

<u>Jewish Mindfulness Meditation Group</u>: Most* Thursdays, 9:30 – 10:45 am. *Excluding Religious and National Holidays. For details, please email <u>sdavi@wjcs.com</u>.

Parent Support Group:

- Beth El Synagogue, February 26, 8:00 9:00 pm
- Temple Israel Center, February 10 and 24, 8:00-9:15 pm

Shelanu & Supper Club

- Monday, February 3, Fountain Diner, 6:00 7:30 pm
- Thursday, February 6, Chuck E Cheese, 6:00 7:30 pm,
- Friday, February 7, Synaplex, 6:00 7:30
- Monday, February 10, Bowling, 6:00 8:30 pm
- Thursday, February 13, Five Guys and Supermarket Sweep, 6:00 8:00 pm
- Tuesday, February 18, Shelanu Goes to Applebees, 6:00 8:00 pm
- Thursday, February 20, Mini Pizza Making & Crafts, 6:00 8:00 pm
- Monday, February 24, Dinner and Movies, 6:00 pm End
- Thursday, February 27, Sitcom Clips, 6:00 7:30 pm

Spouse/Partner Bereavement Group:

Monday, February 3, 10, 17 and 24, 4:00 – 5:30 pm – JCC-MW (\$120 for series of 6)

TIC Moving Forward Senior Group: Mondays, February 10 & 25, 1:00 – 2:00 pm

<u>WJCS Dementia Caregiver Support Group</u> – Thursdays, February 6, 20, March 6, 20, April 3, 17, May 1, 22, and June 5, 19, from 12:00-1:15 pm Fee: \$200 for the series of 10 sessions. Please contact Sarah Lieberman at <u>slieberman@wjcs.com</u> for more information.

<u>You Are Not Alone: Dementia Caregiver Group</u> – Tuesdays, February 11, 25, March 11, 25, April 8, 22, May 6- 20, and June 10 & 24, from 10:30 – 11:45 am. \$200 for series of 10 sessions. For more information or if interested, please email Jane Slevin at <u>islevin@wjcs.com</u>.