



PROGRAMS

BEHAVIORAL HEALTH

Care Management for Youth
Community-based services for children with chronic health or mental health conditions, 914-237-6089

Certified Community Behavioral Health Clinics (CCBHC)
Counseling, psychiatric, Intensive Outpatient, peer and educational support, resource referrals, and other services for adults and children
• **Mt. Vernon**, 914-668-8938
• **Peekskill**, 914-737-7338
• **Yonkers**, 423-4433 x3224

Child Sexual Abuse Treatment Program*
Treatment for children and adult survivors of sexual abuse, 914-949-7699 x2475

Court Assessment Program
Professional psychiatric and psychological assessments for use by the legal system, 914-949-7699 x2452

Cross Systems Unit*
A collaboration with DSS to assist families seeking Family Court help, 914-423-4433 x3222

Domestic Violence Program*
Therapy for adults and children affected by family violence, 914-949-7699 x2471

Encompass
17-week program for ages 12+ for co-occurring substance use and mental health concerns, 914-949-6761 x2447

Family Matters
Mental health services, case management for youth with serious emotional disturbances, 914-237-6089

Harry & Jeanette Weinberg Learning Center
Educational services for individuals with developmental disabilities and other learning challenges, 914-949-7699 x2464

Hartsdale Family Mental Health Center
Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-949-6761 or 914-949-7699

Invitation to Change (Formally CRAFT) Support for loved ones of substance-involved individuals, 914-607-4500

Juvenile Fire-Setting Evaluation and Treatment Program
Assessments of children at risk of fire-setting, education for parents and the community, 914-237-6089

Juveniles Starting Over*
Treatment and assessment of youth with problematic sexual behavior, 914-949-7699 x2470

Linkages/Youth Success*
Mental health assessment and support for youth in the probation system, 914-737-7338 x3120

Mobile Crisis Response Team
Crisis stabilization services offered in partnership with police in Peekskill, Cortlandt, Croton, Buchanan, and Yorktown, 914-523-4099

Nurturing Parents*
A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 914-423-4433 x3221

ONTrackNY
Specialized program, including counseling, psychiatric, peer, and educational/employment support, for individuals age 16-30 who have experienced first episode psychosis, 914-737-7338 x3122

Peekskill School-Based Satellite Clinics (SCOPES)
School-based mental health services for Peekskill schools:
• **Woodside Elementary school**, 914-734-1359
• **Oakside Elementary School**, 914-737-1591

Social Clubs
Provides social and recreational activities for people recovering from mental illness, 914-528-6995
• **Favonian Club** in Shrub Oak
• **Grasslands** life skills program in Valhalla
• **Sunset Club** for residents of Mohegan Park Home
• **Sunshine Social Club** in Shrub Oak

Substance Use Disorder and Co-Occurring Disorders Treatment
Provides specialized clinical services for substance-involved individuals and their loved ones, 914-949-6761 x2447

Trager Lemp Center: Treating Trauma & Promoting Resilience
Research-proven treatment for childhood sexual abuse and trauma, 914-949-7699 x2475

Trauma Therapist at District Attorney's Office*
914-995-5165

VIP (Volunteer Internship Program)
Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester, 914-761-0600 x2223

Whitehill Counseling Service
Fee-supported mental health services, 914-737-7338 x3119

WJCS Satellite Clinic @ Hudson River Healthcare in Yonkers
Behavioral health & pediatric primary care services, 914-423-4433 x3224

Yonkers Department of Social Services
Satellite Clinic crisis intervention and counseling to families involved with DSS, 914-231-2604

Yonkers Family Mental Health Clinic
Counseling, psychiatric specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-423-4433

Yonkers School-Based Satellite Clinics:
Mental health services for Yonkers schools: Cross Hill Academy, Martin Luther King Academy, Roosevelt High School, and School 18, 914-376-8174

Yonkers School-Based Crisis Stabilization Services
Short-term mental health, crisis management services to several Yonkers schools, 914-330-7961

Youth, Teen & Adult Mental Health First Aid Training
Teaches warning signs to respond to mental health challenges and crises, 914-761-0600 x2322

CHILDREN, YOUTH & FAMILIES

Amazing Afternoons
An after-school academic and activity-based enrichment program in Elmsford, 914-761-0600 x2232

Center Lane
Community center, resources, and support for LGBTQ+ youth, Yonkers, 914-423-0610

Crime Victims Advocacy Support Services Program (CVASSP)
Provides crime victims and survivors with supportive services and trauma-informed therapeutic services, 914-761-0600 x2245

Digital Equity
Provide Chrome books, internet access, and digital education to help youth and adults succeed at remote learning, 914-949-7699 x2407

Early Step Forward
Early childhood mental health services for families with children up to age 5 at schools, childcare programs, and in the community. Includes Family Child Care Provider Program, 914-949-7699 x2423

Emergency Food Pantry
Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 914-965-9140

Envision
Provides mentoring, care management, and supportive services to high-school students who are WJCS clients, 914-965-9140 x29

Infant-Toddler Learning Center
Parenting education and children's early learning, 914-965-9140 x14

Inclure
Provides substance-free social and recreational activities and programs for high school age youth, that support well-being and recovery, in partner with the harris project, 914-462-0102

Margaret's Place
In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481
• **Cross Hill Academy**, Yonkers
• **Peekskill Middle School**
• **White Plains High School**

Margaret's Place
In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481
• **Cross Hill Academy**, Yonkers
• **Peekskill Middle School**
• **White Plains High School**

Parent-Child Center (PCC) / ParentChild+
PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 914-949-7699 x2423

Peer Impact
Peer-to-peer support and training to develop youth leadership and advocacy skills, 914-761-0600 x2322

Young People Achieve
In-school pregnancy prevention and intervention for teens
• **Ossining High School**, 914-340-4124
• **Sleepy Hollow High School**, 914-333-0063
• **White Plains High School**, 914-422-5026

DEVELOPMENTAL & INTELLECTUAL DISABILITIES / AUTISM

Community Habilitation Services
Essential life-skills training for individuals in the POINT program, 914-761-0600 x2175

CORDD
Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations, 914-949-7699 x2455

Counseling for People with Developmental Disabilities
Mental health services for individuals and families with developmental disabilities, including autism, 914-949-7699 x2455

Parent Management Training
Support for parents in managing difficult behaviors of children with developmental disabilities or autism, 914-949-7699 x2408

POINT
Community independent living program for young adults with intellectual and developmental disabilities, 914-761-0600 x2175

Project Lifesaver
Provides locator bracelets for people with autism who may wander, 914-761-0600 x2230

Residential Housing
Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 914-761-0600 x2128

• **Beach House**, Mamaroneck
• **Bon Air House**, New Rochelle
• **Bryant House**, White Plains
• **Cannon House**, Eastchester
• **Chai House**, White Plains
• **Claremont House**, Mt. Vernon
• **Claudet House**, Eastchester
• **Gramatan House**, Mt. Vernon
• **Harrison House**, Harrison
• **Hudson Terrace**, Sleepy Hollow
• **Maple House**, Harrison
• **Palmer House**, Larchmont

Social Skills Lunch Group
Weekly therapeutic get-together to problem solve and socialize, 761-0600 x2477

Taft Community Center
A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 914-761-0600 x2108

Therapeutic Social Groups
Evidence-based groups for children and teens with autism, 914-761-0600 x2477

JEWISH PROGRAMS

Addressing Alzheimer's
Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 914-761-0600 x2144

Bereavement Services
Support for those coping with the loss of a loved one, 914-761-0600 x2142

Caregiver Support
Assistance for individuals caring for a loved one living in Westchester over the age of 60, 914-761-0600 x2143

Center for Jewish Programs
Counseling, support, and spiritual programs for the Jewish community, 914-761-0600 x2142

Guiding Parents through Services (GPS)
Connects Jewish families to behavioral health services for children, 914-761-0600 x2318

Havurah Program
Jewish holiday celebrations for people with developmental disabilities, 914-761-0600 x2142

Holocaust Program
• Groups for Holocaust survivors and their families, 914-949-7699 x2541
• Survivor compensation programs, including home health care. 914-761-0600 x2241

Kosher Home-Delivered Meals
Provides kosher meals to isolated seniors, 914-761-0600 x2184

Partners in Caring and Partners in Schools
On-site counseling, educational and informational programs in synagogues and Jewish day schools, and community and senior centers, 914-761-0600 x2145

Pathways to Care
Counseling for people coping with chronic or advanced illness, 914-761-0600 x2143

Project Locator
Provides location bracelets for people with Alzheimer's and other related dementias, 914-761-0600 x2230

Project SEED
Provides support for teachers and parents in Jewish early childhood centers, 914-761-0600 x2146

Shelanu
A membership community for young Jewish adults with autism, 914-761-0600

SENIORS

Livable Communities Project
Helps seniors remain in their homes and communities, 914-761-0600 x2314

Project Time-Out
Provides respite for caregivers, 914-761-0600 x2310

Senior Care Management
Comprehensive services for seniors, including living options, 914-761-0600 x2340

Senior Information and Referral
Provides information on programs, services, and benefits for seniors, 914-761-0600 x2340

Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)
Assistance to help seniors in northeast Yonkers age in place, 914-761-0600 x2344

RESEARCH/ TRAINING

Social Work Internship
Accredited training program for first and second-year graduate students from schools of social work for field work placements, 914-668-8938 x3014

Psychology Externship Training
Accredited training program for doctoral candidates, 914-949-6761 x2440

Psychology Internship Training
Accredited training program for advanced doctoral students, 914-949-7699 x2475

Educational Institute
Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 914-949-7699 x2474

Research and Evaluation
Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x2234

VOLUNTEERING

COMPEER
Volunteers helping adults recovering from mental illness, 914-761-0600 x2208

Recruitment
A wide range of in-person and virtual opportunities for volunteers, including virtual mentoring, 914-761-0600 x2222

VIP
Volunteer/internship experience for adults recovering from mental illness, 914-761-0600 x2223

*Part of the WJCS Trager Lemp Trauma Center: Treating Trauma & Promoting Resilience