

## AJC CEO Ted Deutch, Second Gentleman Doug Emhoff Call for Unity Among American Jews at Heartland Antisemitism Summit

Despite feelings of vulnerability in the wake of the Hamas massacre in Israel on Oct. 7, American Jews must remain united and never stop being proud of who they are, American Jewish Committee (AJC) CEO Ted Deutch said.

"Especially in a post-10/7 world, being silent is not an option. Hoping others will stand up for the Jewish community is not enough," Deutch said. "If we speak up and speak out, it makes it easier for our allies to be there with us."

Deutch spoke recently during a fire-side chat with Second Gentleman Doug Emhoff and Gavriela Geller, Executive Director of JCRB|AJC at Driving Out Darkness in the Heartland, a summit on countering antisemitism co-sponsored by the American Jewish Committee. The first-of-its-kind meeting of 400 Jewish leaders, educators, local officials, and community activists from various faiths featured sessions on best practices for addressing antisemitism in the Midwest, including rural areas.

The symposium was held three days after the 10th anniversary of the hate-driven murders of three individuals outside of the Jewish Community Center of Greater Kansas City and Village Shalom in Overland Park, KS. The gunman was a white supremacist intent on killing Jews, though none of the victims were Jewish.

"This is not a Jewish issue. This is not a Democratic issue. This is not a Republican is-



Second Gentleman Doug Emhoff (left) AJC CEO Ted Deutch

sue. This is an American issue," said Geller, executive director of JCRB|AJC Kansas City, which organized and hosted the full-day summit.

"We have all seen the impacts to a society when antisemitism is allowed to grow, and it threatens our American values of pluralism, of democracy, of the things that make us proud to be American."

Holly Huffnagle, AJC's U.S. Director of Combating Antisemitism, emphasized how

continued on page 3

## Hundreds of Young Jewish Business Leaders from North America, Israel, and Other Countries Gathered at Excel Fellowship Summit in New York



During the first weekend of April, nearly 400 Excel Fellows from North America and around the world gathered in New York City, for the Excelerate24 Summit.

Excel is a lifelong, global business fellowship, part of Birthright Israel, that identifies and brings together the next generation of Jewish business leaders. After completing a summer business or tech internship in Israel, the Excel community provides immersive opportunities in professional development, networking, personal growth, Israel engagement, and Jewish identity.

After their internships, Excel Fellows have maximized their experiences by taking on positions at top-tier companies such as J.P. Morgan Chase, Bain & Com-

pany, and Google, developing strategic partnerships with Israeli companies, and starting their own companies, often hiring other Fellows.

The Excel Fellowship has grown tremendously with the number of applications for last summer rising +80 percent from the prior year. This year has also brought further global expansion with the addition of Germany and Switzerland among those selected for the upcoming summer cohort. Since Excel began expanding beyond North America, 16 countries have been represented.

According to Birthright Israel Excel's Executive Director Idit Rubin, some 100 Fellows from Israel and

continued on page 3

### PLATINUM AWARDED

TOP 10% OF HOULIHAN LAWRENCE  
SALES ASSOCIATES—4 YEARS IN A ROW

### TOP 1.5% OF AGENTS

RANKED IN THE U.S.—REALTRENDS, AMERICA'S BEST

HOULIHAN  LAWRENCE

Source: RealTrends, America's Best 2022. Accolades only awarded to Debra Strati-Padawer.



## Work with the family of realtors that sell Westchester

**DEBRA STRATI  
PADAWER**

Associate Real Estate Broker

914.419.0101

**MATTHEW JAY  
LUCAS PADAWER**

Real Estate Salesperson

914.262.7979

RYE BROKERAGE • 14 ELM PLACE, RYE, NY 10580



# Local Authors Share Unique Family Histories from New Book on the Holocaust

A group of local Westchester County area authors of the recently released book *Testaments of Courage in the Holocaust* appeared live on Zoom last week to share detailed history of their families' experiences during WWII under the Nazi regime. *Testaments of Courage in the Holocaust* is a compilation of true stories told by authors comprised of second-generation Holocaust survivors that describes the courage and resilience of their family members who escaped the Nazis' final solution.

The Holocaust & Human Rights Education Center (HHREC) hosted and produced the event offered as part of their Memory Keepers Story Hour series. The authors who appeared included Michelle Griffenberg and Gloria Lazar from Tarrytown; Joan Poulin from Somers; Melanie Roher from White Plains; and Helen



Rubel from Irvington. The authors of the book are all members of the HHREC GenerationsForward Speakers Bureau, a second and third-generation group that includes children and grandchildren of Holocaust survivors who appear at area schools, synagogues, churches, and other community events. HHREC Memory Keepers are trained speakers who tell their family's story from their next-generation perspective, adding new meaning to the survivors' powerful

Top row, from L to R: Debby Ziering, Gloria Lazar, Melanie Roher, Dennis Schoen, Michelle Griffenberg, Ziporah Janowski, Pat Gaston, Joan Poulin. Bottom row from L to R: Helen Rubel, Vivian Pronin, Tina Goldman, \*Julie Lowy, \*Mónica Mandell. \*These two participants continue to research and develop their stories. Their narratives do not appear in the book.



The Neuhaus Family

stories of witness.

The book is available for sale on Amazon at [www.amazon.com/Testaments-Courage-Holocaust-Children-Survivors/dp/BoC87SSX3L](https://www.amazon.com/Testaments-Courage-Holocaust-Children-Survivors/dp/BoC87SSX3L) and is available for teachers to utilize in their classrooms from the HHREC Anna & Nicholas Elefant Library in White Plains.

For more information about HHREC and the GenerationsForward Memory Keepers Speakers Bureau, visit [HHRECNY.org](http://HHRECNY.org).

## AJC LFT

Leaders for Tomorrow

EMPOWERING HIGH SCHOOL  
GLOBAL JEWISH ADVOCATES



AJC Leaders for Tomorrow (LFT) high school students at the 2024 LFT Summit participants after advocating on Capitol Hill in Washington, DC.

**Calling all 10th, 11th, 12th graders!**

**Applications are Now Open!**

**Are you interested in learning to be a strong Jewish and pro-Israel advocate?**

AJC's Leaders for Tomorrow (LFT) innovative education program for Jewish high school students, is designed to empower today's generation of young Jewish leaders to advocate on behalf of the Jewish people and Israel. LFT instills in teens the knowledge, confidence, and passion to serve as positive changemakers among their peers and in their communities.

**To learn more about LFT and Apply for the 2024-25 LFT High School Leaders Cohort, contact Jill Friedman at [friedmanj@ajc.org](mailto:friedmanj@ajc.org) or [westchester@ajc.org](mailto:westchester@ajc.org)**

## Hadassah Responds to the Anti-Defamation League's Audit of Antisemitic Incidents in 2023

In response to the release of the Anti-Defamation League's (ADL) audit of antisemitic incidents in 2023, Hadassah National President Carol Ann Schwartz recently released the following statement:

"As the largest Jewish women's organization in the country, Hadassah is deeply troubled by the documented steep spike in antisemitism in the last year. A 140% increase in reported antisemitic assault, harassment, and vandalism incidents in 2023 is beyond alarming. We are, as ever, committed to standing up to antisemitism everywhere, advocating for change, and empowering Jewish women to take pride in and celebrate their identities. This rising tide of Jew hatred affects people, especially women, every day in big and small ways, and, as we have seen, is dangerous. We call on leaders at all levels across the US and around the world to take these warnings seriously and work to counter the world's oldest form of hatred."



Carol Ann Schwartz

Hadassah, The Women's Zionist Organization of America, is the largest Jewish women's organization in the United States. With nearly 300,000 members, donors, and supporters, Hadassah brings women together to effect change on such critical issues as ensuring Israel's security, combating antisemitism, and promoting women's health care. Through its Jerusalem-based hospital system, the Hadassah Medical Organization, Hadassah helps support exemplary care for more than 1 million people every year as well as world-renowned medical research. Hadassah's hospitals serve without regard to race, religion, or nationality and in 2005 earned a Nobel Peace Prize nomination for building bridges to peace through medicine. Hadassah also supports two youth villages that set at-risk youth in Israel on the path to a successful future. Visit [www.hadassah.org](http://www.hadassah.org) or follow Hadassah on Facebook, Instagram, LinkedIn, Threads and X.

### wjcs

**Comprehensive Treatment for Adolescents, Adults, and Families  
Impacted by Substance Use & Co-Occurring Disorders**

**WJCS offers a systemic evidence-based approach to recovery from substance use & co-occurring disorders that includes:**

- 6-week Intensive Outpatient Treatment Program for ages 18 and older
- Encompass, a modular evidence-based treatment for substance use and co-occurring mental health concerns, comprised of motivational interviewing, CBT, motivational enhancements to reward progress in recovery, and psychopharmacological treatment
- Psychiatric evaluation & treatment, including Medication Assisted Treatment
- CRAFT family treatment program
- Overdose prevention training and supplies
- Peer support services
- Case management
- Vocational and educational counseling

To inquire about services, please call us at (914) 607-4500. To learn more, please go to [www.wjcs.com](http://www.wjcs.com) or contact William A. Mullane, Ph.D., at 914-761-0600 x3211; [wmullane@wjcs.com](mailto:wmullane@wjcs.com).

### wjcs

Westchester Jewish  
Community Services

[www.wjcs.com](http://www.wjcs.com)  
Strengthening Lives. Shaping Futures.  
914-761-0600  
845 N. Broadway  
White Plains, NY 10603

the Harris project  
FROM PARTNERS  
the Federation  
of Jewish Communities  
NEW YORK

**AJC CEO Ted Deutch, Second Gentleman Doug Emhoff Call for Unity  
Among American Jews at Heartland Antisemitism Summit**

continued from page 1

knowledge is power when it comes to fighting antisemitism. On that account, she said the Midwest has done well, citing statistics from AJC's State of Antisemitism in America 2023 Report, which found that nearly 70% of adults in the Midwest knew a Jewish person.

"We know that if you know someone who is Jewish, you are more likely to recognize antisemitism, to know it's a problem, to know it has increased, and what it looks like," Huffman said.

Geller said the fear in the Jewish community is real, especially since the Hamas massacre of 1,200 men, women, children, and babies in Israel on Oct. 7. Since then, she has heard questions she never thought would need to be asked, let alone answered.

"When will we know it's time to leave? Should we have a bag packed? Should we buy property abroad?" asked Geller. "I was at Shabbat dinner just two weeks ago, and a young couple with a new baby was talking about building a house. And our host asked them, 'Are you building a safe room?'"

Two of the victims of the Overland Park shootings were the older son and father of Mindy Corporon, who delivered opening remarks at the symposium.

"I feel like it's been my responsibility since losing my dad and son at the Jewish Community Center to let everyone know, ev-

erywhere I speak, that hate does not discriminate, but neither does kindness," said Corporon, co-founder of SevenDays, whose mission is to overcome hate by promoting kindness and understanding through education and dialogue.

Along those lines, Deutch said in times of tragedy, be it Overland Park or the Hamas massacre, the strength and resilience of the Jewish community come to the fore. He cautioned that Jews-in the Midwest and beyond-need to stand firm in the face of that adversity.

"Since October 7, there has been a sense of unity that exists, largely stemming from the realization that the community - as it felt on October 7 and was reminded over the weekend (following Iran's attack on Israel) - faces real vulnerability. To confront that vulnerability, we must stand together," Deutch said. "And we must be proud to be Jewish."

AJC is the global advocacy organization for the Jewish people. With headquarters in New York, 25 offices across the United States, 14 overseas posts, as well as partnerships with 38 Jewish community organizations worldwide, AJC's mission is to enhance the well-being of the Jewish people and Israel and to advance human rights and democratic values in the United States and around the world. For more, visit [www.ajc.org](http://www.ajc.org).

**Hundreds of Young Jewish Business Leaders from North America, Israel,  
and Other Countries Gathered at Excel Fellowship Summit in New York**

continued from page 1

several others from Italy, the UK, Spain, Australia, France, Argentina, Mexico, and Canada, joined their U.S. peers for Excelerate24, cementing those bonds.

Throughout the weekend, participants took part in global networking opportunities and industry-specific panels on topics from Impact Investing to Climate Tech to AI and the evolution of venture capital, each led by Excel Fellows themselves who are rising stars across a wide range of business and tech fields. Also, topics such as business development, Jewish identity, and Israel engagement were integrated into several Excel Fellow-led panels.

This year, a reflection on the horrors of the October 7th massacre by Hamas was a central element of the three-day Excel Summit.

Sunday included a touching speech given by Moshe Lavi, whose brother-in-law Omri Miran is being held hostage in Gaza. Additionally, there was a panel named Six Months of Strength & Survival, which featured Excel Fellows who are IDF reservists and shared the combined impact of their experience as both civilians and then serving the country.

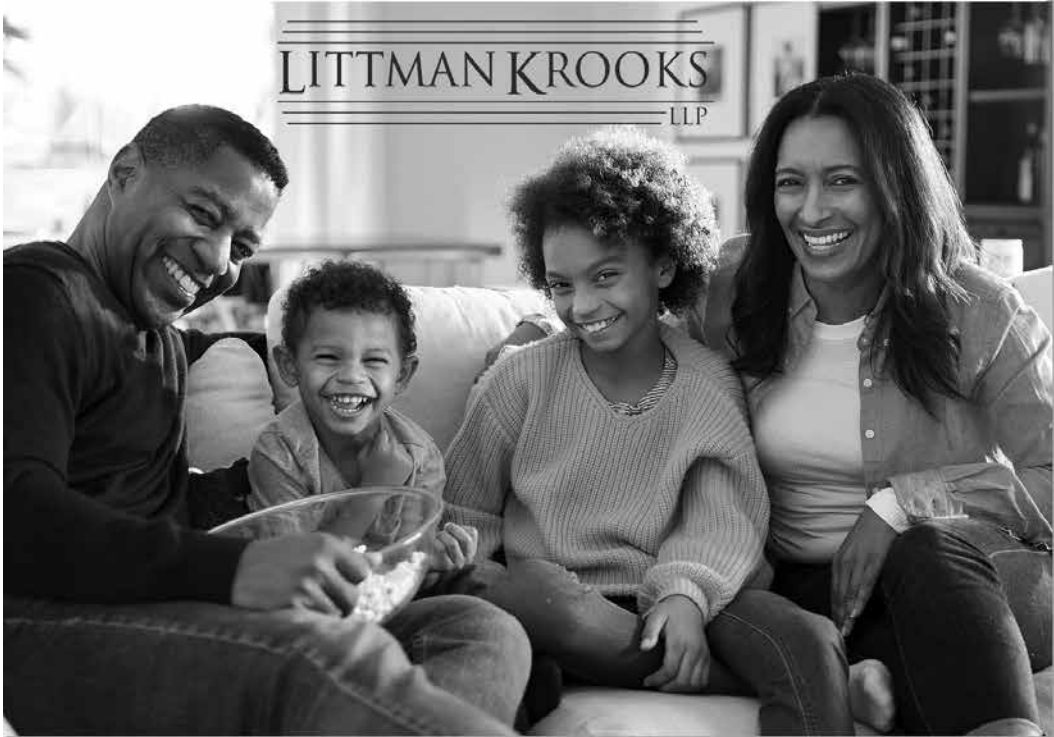
Sunday also featured presentations by three recognized leaders in the world of business, global health, and media. Anton Levy, Co-President, Managing Director, and Chairman of Global Technology Group/General Atlantic; Professor Yitshak Kreiss, Sheba Medical Center Director General; and Avi Mayer, The Jerusalem Post former Editor-in-Chief.

Professor Kreiss from Sheba Medical Center, named by Newsweek as the #9 hospital in the world,

shared his experience and wisdom leading Sheba during this most challenging time. "Of the 1,487 wounded soldiers who came to Sheba since Oct 7th, only two didn't survive. That's a remarkable accomplishment and makes for an unprecedented survival rate of 99.85%," Kreiss said. "As a leader, if you raise the bar high and your team buys in, they will raise the bar even higher."

Since 2011, Birthright Israel Excel has been engaged in developing the next generation of Jewish business leaders. The Excel Fellowship selects extraordinary college students from around the world for a summer business or tech internship in Tel Aviv at leading companies. After their return, Excel Fellows become part of a global community that provides resources for professional and personal development and Israel engagement, while also being dedicated to philanthropy.

"The Birthright Israel Excel program is considered to be the most prestigious program in the Jewish world today, with only a few dozen young people being accepted from thousands of applicants. This year we received applications from 25 countries," said Gidi Mark, CEO of Birthright Israel. "It was heartwarming to see the global Excel business community launch initiatives supporting Israelis and young Jews worldwide post-October 7. Birthright Excel Fellows are active every day as recognized leaders in their professional arenas and within the broad Jewish community and it's our goal to continue guiding and supporting them in their efforts to build a thriving and better Jewish future for all."



LITTMAN KROOKS  
LLP

[www.littmankrooks.com](http://www.littmankrooks.com)

800 Westchester Avenue, • Rye Brook, NY 10573 • 914.684.2100  
1325 Avenue of the Americas • New York, NY 10019 • 212.490.2020

Attorney Advertising

**Helping Families  
Plan For  
The Future**

**Estate Planning & Administration**  
**Medicaid Planning**  
**Elder Law**  
**Guardianship**  
**Special Needs Planning**  
**Special Education Advocacy**





# Calendar of Events

Emelin Theatre  
153 Library Lane, Mamaroneck  
Sunday, May 5, 11: 00 a.m. and 2:00 p.m.  
Rosie Revere, Engineer & Friends  
Cost: \$29 per person (\$24 for children under 12) includes service charge. A fun musical based on the books “Rosie Revere, Engineer;” “Iggy Peck, Architect;” and “Ada Twist, Scientist” by Andrea Beaty, which spotlights the STEM curriculum (focusing on science, technology, engineering and math).Running time: 60 minutes. Recommended for ages 5-9. Visit [www.emelin.org/event/rosie-revere-engineer-and-friends/](http://www.emelin.org/event/rosie-revere-engineer-and-friends/) for tickets. For more information, visit <https://emelin.org/upcoming-shows/> or call 914-698-0098.

JCCMW  
999 Wilmot Road, Scarsdale  
Tuesday, May 7, 7:00 p.m. – 8:30 p.m.  
Admission: \$18; Free for Members  
Join JCCMW for a special viewing of the film SPARK: Robin Williams and His Battle with Lewy Body Dementia in the Bendheim Performing Arts Center. SPARK is a 45-minute educational adaptation of the documentary Robin’s Wish, produced by Lewy Body Disease Association. The film delves into the life of Robin Williams and his courageous battle with LBD. The screening will be followed by a panel discussion and Q&A with David Zucker, Alzheimer’s Association Hudson Valley, NY Chapter, and Dr. Jason Cohen. Refreshments will be served. Complimentary transportation is available if needed. Free and open to the community. Visit [www.jccmw.org/day-at-the-j-2024](http://www.jccmw.org/day-at-the-j-2024) to learn more and RSVP.

SAJE: Senior Adult Jewish Education  
A Community of Learners with Rabbi Molly Karp  
Course: Ruth and the Women of Judges  
Six Tuesday mornings, 10:00 a.m. - 11:30 a.m.  
May 7, 14, 21, 28, June 4, and 11. Tuition \$300  
All Times are Eastern, all classes meet via Zoom. Classes are interactive and intimate, with an enrollment limit of 10 per class. Set in the period of the Judges, the Book of Ruth is the megillah that we read for Shavuot. Judges, also set in that time, features a number of dramatic stories about women. Read Ruth along with the stories of Deborah, Yael, Jephtach’s daughter, Delilah, and the unnamed wife of the Levite that closes the book. Explore these stories with an eye towards understanding their simple and metaphorical meaning. No previous knowledge of Hebrew Bible is necessary. “Try before you pay” is available for new students. All sessions are recorded for those who miss a class. Private sessions and asynchronous options are available. New courses often form by request. To express your interest, with questions, to request a course, or \*for a sliding scale in cases of genuine need, write to Rabbi Karp at [rabbimollykarp@gmail.com](mailto:rabbimollykarp@gmail.com). Sliding scale is made possible thanks to a generous anonymous donor. Your contribution, above tuition, can also help fund sliding-scale tuition. Learn about Rabbi Karp at [www.rabbimollykarp.com](http://www.rabbimollykarp.com) and at [www.linkedin.com/in/mollykarp](https://www.linkedin.com/in/mollykarp).

Holocaust and Human Rights Education Center’s Annual Spring Luncheon  
May 9, 11:30 a.m. - 2:00 p.m.  
Bet Am Shalom Synagogue  
295 Soundview Avenue, White Plains  
Enjoy a delightful kosher buffet lunch featuring a presentation from Steven Goldberg, Director of Education, “How Did the Swastika Become a Symbol of Hate?” Tickets: \$118 RSVP: [www.hhrecnyc.org](http://www.hhrecnyc.org) Questions: 914-696-0738 For more information, contact Millie Jasper at [mjasper@hhrecny.org](mailto:mjasper@hhrecny.org).

JCCMW  
999 Wilmot Road, Scarsdale  
American Red Cross: Lifeguard Certification Classes  
May 24, 25, and 26: 9:00 AM–4:00 PM  
June 1, 2, and 9: 9:00 AM–4:00 PM  
June 21, 22, and 23: 9:00 AM–4:00 PM  
July 22, 23, 24, and 25: 3:30 PM–9:00 PM  
Cost: \$436.50 for Aquatics Members; \$485 for non-members. Three-day Red Cross courses provide entry-level participants the knowledge and skills to prevent, recognize, and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies injuries and sudden illnesses until EMS personnel take over. Participants who successfully complete the lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for two years.  
Prerequisites:  
• Age 15+  
• Swim 300 yards continuously.  
• Tread water for 2 minutes using only the legs.  
• Complete a timed event within 1 minute 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface, and swim 20 yards on the back to return to the starting point exit the water without using steps or a ladder. Bring \$65 cash to first class for certification fee and pocket mask. Visit [www.jccmw.org/lifeguard-certification-classes/](http://www.jccmw.org/lifeguard-certification-classes/) to register.

Hospice of Westchester Hosts 22nd Annual Golf Invitational  
Westchester Hills Golf Club - 401 Ridgeway, White Plains  
Tuesday, June 4, 2024  
10:00 a.m.: Registration and brunch/lunch  
12:30 p.m.: Shotgun start with scramble format  
4:30 p.m.: Cocktail reception, dinner, and awards  
Individual and foursome registrations, journal ads and sponsorships are now available. For more information, please contact Holly Benedict, 914-682-1484, ext. 122 or [hbenedict@hospiceofwestchester.com](mailto:hbenedict@hospiceofwestchester.com).

# Rabbi Shares Profound Truth: Memories Hold Wellsprings of Wisdom for Navigating Today’s Challenges

*“Rabbi Stein’s valuable book helps people build confidence in problem-solving by helping them realize the amazing fact that often they already have the solution at hand.” — Dr. John Gottman, author of Fight Right*

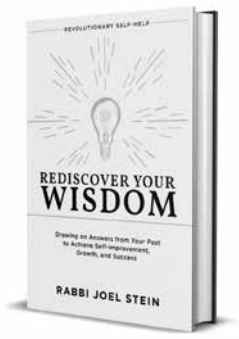
In today’s increasingly fast-paced world, it’s natural to seek quick fixes from external sources when faced with present-day predicaments. But there’s another way — a way that will illuminate a path forward with clarity and purpose — and Rabbi Joel Stein reveals it in his new book, Rediscover Your Wisdom: Drawing on Answers from Your Past to Achieve Self-improvement, Growth, and Success.

“In my journey as a spiritual leader and guide, I’ve come to embrace a profound truth: The most reliable compass we possess resides within ourselves,” Rabbi Stein said. “The challenges that weigh on your mind today are echoes of battles you’ve already triumphed over.”

Drawing from his rich experiences in guiding individuals through difficult circumstances, Rabbi Stein unveils his unique perspective on self-discovery.

“You are your own best guide, therapist, and advisor,” he said. “Rediscover Your Wisdom is an invaluable guide that transcends conventional self-help and empowers you to reflect on your past experiences to conquer present-day challenges.”

But it’s important to note that Rediscover Your Wisdom goes beyond the concept of harnessing solutions from the past. Rabbi Stein takes it one step further and offers new strategies and



techniques for solving present-day problems.

“These insights are drawn from my vast experience working with people who struggled with life’s problems, including cases that even experts gave up on,” Rabbi Stein said. “Despite the odds, my approach consistently defied expectations and achieved success.”

Through addressing common problems people face within the realms of identity, emotions, and relationships, Rabbi Stein provides

a roadmap for acknowledging broader wisdom and strategies that apply to specific issues. Employing poignant stories and insightful anecdotes, Rediscover Your Wisdom invites readers to see the larger thread that connects daily challenges, while providing techniques for creating systems and reminders that promote growth and success.

“As a rabbi, I’ve had the privilege of guiding countless individuals through various challenges, witnessing firsthand the power of self-discovery and personal resilience,” Rabbi Stein added. “Time and again, I’ve seen people confront seemingly insurmountable obstacles, only to realize that within their own histories lie the solutions they seek in the present.”

Rabbi Joel Stein, a prominent figure and bestselling author in the Orthodox Jewish community, demonstrated remarkable achievements early in life. By age 22, he delivered profound lectures on halachic rulings, reaching tens of thousands of listeners. At 26, he authored an insightful commentary on the entire Talmud. Throughout

continued on page 9

## Annual Salute to Seniors Returns May 30

In celebration of Older Americans Month, Westchester County is holding its 56th Annual Salute to Seniors event at the Westchester County Center on Thursday, May 30 from 9:30 am to 1:30 pm. Salute to Seniors is an opportunity for businesses and non-profit organizations to showcase their products and services to more than 2,000 seniors across the County.

Westchester County Executive George Latimer said: “I am excited that our annual Salute to Seniors event is returning to the Westchester County Center. Salute to Seniors is our premier event in the County for the senior community, and we look forward to an event that will foster connections and provide access to programs, services, and resources for seniors to stay healthy and maintain their independence.”

Westchester County Department of Senior Programs and Services Commissioner Mae Carpenter said: “Our Salute to Seniors event is an opportunity to celebrate our seniors throughout the County while providing an environment of fun for them to explore aging. This year’s theme, Powered by Connections, aligns with our Salute to Seniors event as we connect our senior population with access to available programs and resources for them to thrive and maintain their quality of life.”

Attendees will have an opportunity to connect with companies and organizations such as recreational groups, residential and health care facilities, government offices, wellness activities, hospitals, assisted living centers, financial providers, social service resources and more. In addition to exhibitors, there will be demonstrations, workshops, and live entertainment to enjoy.

This year’s Salute to Seniors events is sponsored by the Westchester County Senior Programs and Services (DSPS); Westchester County Parks, Recreation and Conservation; Westchester County Department of Public Works and Transportation; and The Westchester Public/Private Partnership for Aging Services. Special Thank You to New York Presbyterian, this year’s Annual Partner Sponsor.

# Becoming Janet: Finding Myself in the Holocaust

A child survivor of the Holocaust and a clinical social worker, Janet Singer Applefield has spent over 40 years speaking with thousands of students, educators, religious groups, government officials, and librarians to raise awareness and understanding of the dangers of prejudice while encouraging audiences to stand up to any kind of discrimination and injustice.

In her engaging and touching memoir, *Becoming Janet: Finding Myself in the Holocaust* [Cypress House / May 7, 2024], Janet shares her story of trauma, and the trauma experienced by her family, and provides a powerful and personal connection between the past and the present. A testament to the enduring strength of the human spirit, family, and, above all, hope, this is a Holocaust survival story about discovering one's true self and how that is – and sometimes isn't – connected to what we see as our "identity."

As a young child growing up in the Tatra mountains of southern Poland, Gustawa Singer lived an idyllic life. Her parents doted on her, and she was surrounded by loving relatives. When Hitler's army invaded Poland in 1939, however, everything changed. Gustawa's carefree childhood days were gone forever. Ultimately, the Nazis killed over 2,500 of the 2,762 Jews in her small hometown. Gustawa's mother was transported to the death camp at Belzec, and her father was assigned to slave labor. Separated from everyone she had ever known, Gustawa assumed a false name, that of a deceased Catholic girl her own age.



Janet Singer Applefield



Amidst the Nazis' appalling savagery, a compassionate stranger spotted Gustawa after her "care-taker" cousin was arrested by the Gestapo in a raid in Krakow. At terrible risk to her own family, the kind-hearted woman took her in and fed, clothed, and loved her. Gustawa survived and was eventually reunited with her father, who had never stopped searching for her. They emigrated to the United States where, believing that the world must never forget the horrors unleashed by Hitler's regime, the woman who grew to become Janet Singer Applefield dedicated her life to sharing her emotionally charged journey of heartbreak and overcoming the most unthinkable of adversities.

Nowadays, Janet speaks openly about her experiences with thousands of people each year through regular speaking engagements. In 2021, she was invited to tell her story before the Massachusetts State Legislature, on the occasion of the passage of Bill H.692, an act mandating state-wide genocide education in all middle and secondary schools.

At 88 years old, Janet continues to be an avid reader and international traveler. She has three children and five grandchildren and lives south of Boston, MA.

*Becoming Janet: Finding Myself in the Holocaust* will be released on May 7, 2024, and will be available at bookstores and online retailers. At its core, it's a story, at its core, of hope, survival, the forces of good and evil, and, most importantly, love – the love of family, of our background, and oneself.








westchesterjewishlife.com

## DEMOCRAT GEORGE LATIMER FOR CONGRESS

### REAL RESULTS. NOT RHETORIC.



With 35 years of public service experience, serving in the Assembly, Senate, and as County Executive, **DEMOCRAT GEORGE LATIMER** has an unmatched track record of delivering real progressive result for all New Yorkers.

 <b>PASSED</b>	 <b>PASSED</b>	 <b>PASSED</b>	 <b>PASSED</b>	 <b>PASSED</b>	 <b>PASSED</b>	 <b>PASSED</b>
<b>STATE ASSAULT WEAPONS BAN</b>	<b>REPRODUCTIVE HEALTH ACT</b>	<b>MARRIAGE EQUALITY</b>	<b>UNIVERSAL GUN BACKGROUND CHECKS</b>	<b>AFFORDABLE HOUSING INVESTMENTS</b>	<b>CARBON REDUCTION REQUIREMENTS</b>	<b>INFRASTRUCTURE FUNDS TO IMPROVE FLOODING, ROADS, AND TRANSIT</b>

Now George is running for Congress to protect our democracy from MAGA extremism, stand strong with Israel and the Ukraine, and deliver the results we need on stronger gun laws, reproductive rights, climate change, housing, and more.

#### ENDORSED BY



- Rye Town Democratic Committee
- White Plains Democratic Committee
- Rye City Democratic Committee
- Eastchester Democratic Committee
- Yonkers Democratic Committee
- Greenburgh Democratic Committee
- Mount Vernon Democratic City Committee
- Mamaroneck Town Democratic Committee
- Harrison Democratic Committee
- Pelham Democratic Committee
- Scarsdale Democratic Committee

LatimerForNY.com

PAID FOR BY GEORGE LATIMER FOR CONGRESS



# Registration is Open for the 2024 Jewish Choral Festival Where Singing Takes Center Stage

Each year, the North American Jewish Choral Festival (NAJCF) attracts hundreds of singers from across the country who enjoy five magical days of a life-changing musical experience by expressing themselves through song. One harmonious choral community is led by renowned conductors creating a melodic tapestry of contemporary, folk, classical, and traditional music. The 35th annual event will be held from July 14-18, 2024, in Westchester County. Registration is now open.



Matthew Lazar

“The festival is for anyone who wants to experience the joy of Jewish music,” says Matthew Lazar, Festival Founder and Director. “The participants are multi-generational and include amateur singers, professionals, cantors, conductors, and lovers of Jewish music of all ages.”

Festival participants enjoy a variety of uplifting Jewish musical experiences. These include

daily community sings; workshops and seminars on a wide range of topics; and evening concerts featuring guest choirs and outstanding performers.

“I have been attending the North American Jewish Choral Festival since 2002. It’s one of the highlights of my year and a great opportunity to participate and to be inspired by all the music going on around you,” comments Steve Cohen of New York. “I particularly enjoy the instant ensembles, where all festival singers learn and rehearse a musical program

which is presented at the end of the festival. I am always amazed at what can be accomplished in a few days. It is a testament to the power of a group dedicated to a goal, with every individual blending into a whole that is greater than the sum of its parts.”

New for 2024, NAJCF is offering a “Boot  
continued on page 7

# HaZamir International Jewish Teen Choir’s Carnegie Hall Performance Offered a Powerful Musical Statement of Support for Israel



Hundreds of teen members of HaZamir: The International Jewish Teen Choir from 35 chapters across the U.S. and Israel sang in an uplifting concert featuring classical, contemporary, and popular music on April 7 at Carnegie Hall in New York City. The moving performance evoked a feeling of hope, resilience, and support for Israel and for one another, with a theme of solidarity interwoven through song as well as in heartfelt words from the young people. A rousing revamped “Am Yisrael Chai” was a concert highlight.

HaZamir provides an opportunity for accomplished young singers to perform great Jewish music at the highest standard of excellence. HaZamir has long served as a training ground for the next generation of singers, conductors, and leaders, investing in young people so that they have a deeper understanding of the values and traditions of Judaism through artistic expression. HaZamir is a program of the Zamir Choral Foundation.

For more information, visit [www.hazamir.org](http://www.hazamir.org).

# A Prayer for This “Different” Seder 2024

*This month, as we consider No Hate in Our States, I share a prayer for Passover written by Rabbi Noam Marans, AJC Director of Interreligious and Intergroup Relations.*

*The horrors of Hamas’ terror attacks on Israel on October 7 are seared in our hearts and our souls. We are bent, but not broken, we are strong, we are unified. We are Jewish and Proud, even as we mourn, demand the immediate release of the hostages, and stand strong in the face of increasing antisemitism across the U.S. and around the world. As we set an extra place at our Seder tables, waiting for every single hostage to be released safely and quickly and to join their families, we share this prayer and urge you to incorporate it into your Seders.*

*Wishing you and your loved ones a Happy and Healthy Pesach.*



MYRA CLARK-SIEGEL, AJC WESTCHESTER/FAIRFIELD REGIONAL DIRECTOR

*Mah nishtanah?* Why is this seder different from all other seders? Because at this seder, the deadliest day for the Jewish people since the Holocaust remains a fresh, open wound that continues to bleed. The October 7 massacre in Israel, indelibly seared in our hearts and minds.

Loved ones are sorely missed yet painfully remembered as their seats at the seder table remain empty.

The hostages of diverse faiths and nationalities, men, women, and children, dead or clinging to life, linger in brutal, inhumane captivity.

The innocents, Israelis and Palestinians, Jews, Christians, and Muslims, are too many victims to bear.

And more, an ominous worldwide resurgence of antisemitism, instilling in Jews a vulnerability few thought they would ever experience in their lifetimes.

*Vehi she’amdah:* In every generation, there are those who seek our destruction, but the Holy One delivers us from their hands.

*Anu tefillah, we pray.*

We pray for the victims of horrific terrorism and their families whose lives have been shattered.

We pray for the hostages and their loved ones, who continue to live through unending horror.

We pray for the innocents who are victims of the war, human beings created in the image of God, the dead, the injured, the hungry, and the displaced.

We pray for the soldiers in harm’s way, the wounded, and the maimed. May they return safely to the warm embrace of their closest ones.

We pray for the purveyors and deliverers of humanitarian aid who endeavor to do what is right and needed.

We pray for the peacemakers. May they bring shalom to all.

We pray for the world to wake up and say: there is no place for antisemitism in our society. Confronting all forms of hate is everyone’s responsibility.

*Shirah chadashah:* Let us sing to God a new song, a hymn that longs to extol our deliverance from despair to joy, from mourning to celebration, from darkness to light, from enslavement to redemption, from war to peace.

*By Rabbi Noam Marans, American Jewish Committee (AJC) Director of Interreligious and Intergroup Relations*

To join our work, email us at [westchester@ajc.org](mailto:westchester@ajc.org).

# State Senate Majority Leader Andrea Stewart-Cousins and State Senator Shelley Mayer Announce New Laws to Combat Retail Theft and Crack Down on Illicit Cannabis Shops in Adopted State Budget



L to R: County Executive George Latimer, President and CEO of the Retail Council of New York State Melissa O'Connor, State Senator Shelley B. Mayer, Majority Leader Andrea Stewart-Cousins, Yonkers Mayor Mike Spano, Deputy County Executive Ken Jenkins.

New York State Majority Leader Andrea Stewart-Cousins and Senator Shelley B. Mayer announced last month that the FY 2024-2025 New York State Budget provides resources to police, prosecutors and small businesses to combat retail theft and crack down on illicit cannabis shops. Included within the budget were the following new provisions:

**Assault of a Retail Worker:** Creates a new class E felony of assault of a retail worker. A person is guilty of assault on a retail worker if they cause physical injury to a person whose usual workplace is a retail establishment, while they are performing a task within the scope of their duties, with the intent of preventing them from performing said duties.

**Larceny Aggregation:** Allows prosecutors to aggregate the cost of stolen merchandise over multiple offenses if there is a single, ongoing criminal intent. A person found guilty with \$1,000 in total stolen value can be charged with larceny in the 4th degree, a class E felony; a person found guilty with \$3,000 in total stolen value can be charged with larceny in the 3rd degree, a class D felony; a person found guilty with \$50,000 in total stolen value can be charged with larceny in the 2nd degree, a class C felony; and when a person is found guilty of \$1 million in stolen value they can be charged with larceny in the 1st degree, a class B felony.

**Fostering the Sale of Stolen Goods:** Creates the crime of fostering the sale of a stolen good; a class A misdemeanor.

**Tax Credits for Small Businesses:** Provides a commercial security tax credit to businesses with 50 employees or fewer that have at least one physical retail location in New York State. Businesses with fewer than 25 employees are eligible to receive a tax credit if they spend more than \$4,000 on security expenses within the last year; and businesses with more than 25 employees are eligible if they spend more than \$6,000. Eligible businesses can claim up to \$3,000 per location.

**Shutting Down Illicit Cannabis Shops:** Provides new tools for local governments to establish their own local laws to shut down illicit cannabis stores, seize products and impose civil penalties.

Majority Leader Stewart-Cousins and Senator

Mayer were joined by County Executive George Latimer, Yonkers Mayor Mike Spano, Deputy County Executive Ken Jenkins, and President of the Retail Council of New York, Melissa O'Connor.

Senate Majority Leader Andrea Stewart-Cousins said, "Through decisive action in the State Budget, we're equipping local law enforcement with the necessary resources to combat retail theft and eradicate illicit cannabis shops, safeguarding both our communities and our economy. These new measures affirm our commitment to protecting our local businesses and ensuring the safety of both retail workers and consumers. I am proud to have led the Senate in the passage of these budget measures, and to stand with Governor Hochul and Speaker Heastie in prioritizing the safety and prosperity of all New Yorkers."

State Senator Shelley B. Mayer said, "I am proud New York is taking action to address the ongoing challenge of persistent retail theft and illicit cannabis sales. The budget passed this year provides prosecutors and police with the tools necessary to crack down on retail theft and illicit cannabis shops, keeping New Yorkers safe and giving businesses the tools necessary to support and grow their stores. I thank Majority Leader Stewart-Cousins for her leadership and dedication to protecting New Yorkers and I thank our local leaders and law enforcement for working with us to find the appropriate measures to address these challenges."

Melissa O'Connor, President and CEO of the Retail Council of New York State said, "On behalf of thousands of stores in New York State, I want to thank the Legislature, Executive, district attorneys, and state and local police for listening to the concerns of business owners and employees. As a result of consistent collaboration among all stakeholders, including the Senate Majority Leader and Senator Mayer, New York will soon have new laws and related funding to address organized retail crime and habitual retail theft. The retail industry will continue our work with community leaders to ensure a safe shopping environment for all New Yorkers, including those in Westchester County."

Westchester County Executive George Latimer

## Registration is Open for the 2024 Jewish Choral Festival Where Singing Takes Center Stage

continued from page 6

Camp" for beginning choral singers and those needing to brush up their skills. This special track will help participants learn to follow a score, understand rhythm, blend with others, and more.

Each year, the festival presents the Hallel V'Zimrah Award to honor individuals who have made important contributions to the world of Jewish music. This year's honoree is Jack Mendelson, a world-renowned cantor and international performer, who is being recognized for his artistry as well as his devotion to the choral music of the synagogue.

According to Barry Brian of California, "The Festival represents my five favorite days of the year. I connect to my Jewish heritage through music and form an emotional bond with hundreds of people to create glorious sound."

"The Festival is an uplifting experience for people of all denominations who have Jewish connections to come together through their love of music," adds Sharon Greene of Florida.

"Whether you're a novice or a pro, you'll leave with new skills, new music, and new friends to cherish from this unique and unforgettable Choral Festival," concludes Maestro Lazar.

Program fees for the 5-day Festival including kosher meals are \$1295. Young people up to age 35 can participate for a price of \$900 including hotel accommodation. The North American Jewish Choral Festival is a program of the Zamir Choral Foundation. Visit [www.zamirchoralfoundation.org/north-american-jewish-choral-festival](http://www.zamirchoralfoundation.org/north-american-jewish-choral-festival) to register for this year's Festival. For more information, visit [www.zamirchoralfoundation.org](http://www.zamirchoralfoundation.org).

## WJCS Programs and Services Since October 7

BY GILLIAN RITTMASER, ASSISTANT EXECUTIVE DIRECTOR AT WJCS JEWISH PROGRAMS

The October 7 massacre committed by Hamas terrorists in Israel has stung all those in our Jewish community. The shock, the sadness, and the fear have affected all of us, whether we have relatives in Israel, are part of the American Israeli community, are members of the Jewish community, are allies of Israel, or are just plainly appalled at the barbaric savagery and kidnapping that took place.

Since October 7, the Jewish Programs division at Westchester Jewish Community Services (WJCS) has been actively supporting youth, adults, and the elderly during this frightening and devastating period in a myriad of ways. The need is great and, as we have done since our founding in 1943, we are here to help in as many ways as we can.

WJCS partners with over 25 synagogues, Jewish nursery and day schools, JCCs, and assisted living facilities. Our focus has been on addressing mental health and building resilience, which includes offering education about trauma and coping skills. We have provided on-site support to day school teachers and staff, many of whom are Israeli and/or have family in Israel as well as the IDF. We've spoken with parents who are concerned about how to talk to their children about the conflict and the rise of antisemitism. WJCS is on call to our Westchester clergy partners to assist with the needs of their congregants. And we have

increased support for our most vulnerable population - our Holocaust Survivors. We added daily phone calls, special meal deliveries, and volunteer visits to our services in order to reduce the Survivors' sense of isolation.

Our WJCS social workers have provided individual and group counseling to individuals as well as workshops to organizations, such as The Forward and Haddasah. Throughout these trying months we have continued our regular programming of Caregiver and Bereavement Services with the addition this year of two new groups at the JCC of Mid-Westchester. Our support of Alzheimer's family caregivers continues, with multiple caregiver groups and individual counseling. Membership in our Shelanu and Supper club programs has doubled since last year and continue to have creative, educational, and fun programming for young adults on the autism spectrum. These events now include the participants of our group homes and POINT program.

At WJCS, we work as a team to support our clients, providing a vast array of services and programs to Westchester residents of all different ages. If you (or someone you love) are having trouble coping during this challenging time, go to [wjcs.com](http://wjcs.com) and review the various ways our agency can help. During such trying times, it's important for each of us to realize that we are not alone.

Learn more about WJCS Jewish Programs at [www.wjcs.com](http://www.wjcs.com).

said, "I want to thank my partners in government for coming together to combat an issue we have all seen facing our communities. The retail thieves who are behind crime sprees like smash-and-grabs, or those trying to profit from the sale of stolen goods deserve to face harsher penalties. They are cheating not only store owners, but the hard-working people who pay for the goods they purchase. By the same token, our business owners and retail workers should receive the support of additional patrols and tax credits if they incur costs from further securing their stores. We want to back our retail community, help reestablish a sense of trust, and put an end to retail theft in Westchester County."

Yonkers Mayor Mike Spano said, "I commend State Senate Majority Leader Stewart-Cousins and State Senator Shelley Mayer for taking action on cracking down on illegal smoke shops. We have long advocated for better state regulation of cannabis. We are not against legalization but rather direct marketing to children and its impact on the quality of life of the residents of our City."

Westchester County District Attorney Miriam E. Rocah said, "We applaud the legislature for providing necessary updates to the laws that will help prosecutors across the state hold individuals accountable for retail theft, which has greatly impacted businesses, merchants, workers and shoppers."



# The JCC Mid-Westchester Hosted Hundreds of Community Members at Annual Day at the J Event

Hundreds of community members enjoyed a “Day at the J” on Sunday, April 7 at the JCC Mid-Westchester’s annual open house. The event was free and open to the public and treated families, adults, teens, and children to activities, entertainment, live music, delicious treats, and lots of fun surprises. This year the day took on a special meaning as it fell on the six-month anniversary of the deadliest attack in Israel’s history. The program provided much-needed joy and connection and represented the strength and resiliency of this community as well as its support of Israel.

On the main stage in the Bendheim Performing Arts Center, Puppetsburg performed an interactive Passover puppet show with dancing, instruments, dress-up photo-ops, and bubble time. After the puppet show, participants jumped into the pool for family swim time and participated in a session of family freeze dance. Children enjoyed arts and crafts, science experiments, gymnastics, sports activities, face painting, and free play in the playground. Greenburgh Nature Center introduced participants to a snake and a chinchilla.

Adults tested their knowledge while making new friends at Trivia 55+. All generations joined together to work on a volunteer project with Project Linus making blankets for children in need. The NYBC was on site all day with a mobile van in the JCC parking lot collecting blood donations.

Families were given the opportunity to explore the inside of an ambulance and witness the dedication of three ambulances to Magen David Adom (Israel’s ambulance service). Over 20 local organizations contributed to the success of the day.

The JCCMW’s annual KugelFest showcased a variety of kugel recipes with delicious samples for all! Congratulations to this year’s KugelFest cham-



pions, Ana and Jim Lasser, from Tamid. Their savory kugel was a true winner.

The JCC Mid-Westchester is a nonprofit organization that supports the community by offering outstanding recreational, cultural, educational, and human services programming to all people regardless of age, background, religion, or sexual orientation. Programs are grounded in Jewish values and are open to all. The JCCMW enriches families, connects friends, strengthens community, and helps people lead joyful lives.





# Guardianship Can Be Expensive



BY BERNARD A. KROOKS, CERTIFIED ELDER LAW ATTORNEY

With the recent news concerning several high-profile individuals being subjects of guardianship, we thought it would be a good idea to discuss how expensive guardianship can be and what you can do to avoid it.

If there is someone who you care about who is having difficulty managing their personal or financial affairs, they may need a guardian. Guardianship in New York is supposed to be the least restrictive form of intervention for a person who cannot manage their own affairs. However, the least restrictive does not necessarily mean that it is not expensive.

Here's a summary of the expected costs:

1. When you file for guardianship for someone else, the legal papers you and your attorney draft must be filed with the court and served on the person you are seeking guardianship for. The court filing fees and process server fees can run several hundred dollars.

2. Your lawyer's fees will be several thousand dollars, and up, especially if you hire an experienced guardianship law firm to represent you. However, if your case is contested then the fees will be much higher. For example, if you file a guardianship petition seeking guardianship of your mother and your brother hires an attorney to contest the guardianship in any way, then all bets are off as to what the guardianship will cost. Among other things, your brother may claim that mom does not need a guardian, or he may disagree with you as to who the guardian should be. This is called a contested guardianship, and there is no way to predict the total costs involved. Suffice it to say that it will cost much more than an uncontested guardianship proceeding. Your legal fees will be your responsibility regardless of how the proceeding turns out. In some cases, your legal fees can (subject to court approval) be reimbursed from the incapacitated person's resources if you are successful in obtaining guardianship. However, most lawyers will expect to be paid out of your funds while they are working on the case, and not wait until someone has been appointed guardian who has access to the in-

capacitated person's funds to pay certain expenses, including legal fees.

3. In addition to your own lawyer's fees, the court may appoint an attorney for the person you are seeking guardianship for. These fees can be several thousand dollars. Fortunately, in most uncontested cases, there usually is no need for a court-appointed lawyer.

4. The court evaluator is someone else who is appointed by the court to be the eyes and ears of the court and who files a report with the court describing your family member's circumstances. In most cases, this person is a lawyer despite the fact that this person does not necessarily perform a legal function. The cost for that investigation and report is frequently in the range of a couple to a few thousand dollars.

5. If someone is appointed guardian of the property, they are typically required to obtain a bond. The premium for this insurance policy can be paid from your family member's assets. The cost of the bond varies by the size of the estate being managed.

As you can see, the fees can add up pretty quickly. Moreover, if the guardian needs legal assistance after the appointment, there could be additional fees incurred, depending on the complexity of the guardianship.

If you and your family are interested in taking the necessary steps to try to avoid guardianship, make sure you and your loved ones have executed advanced health care and financial directives such as a health care proxy, living will, and durable power of attorney. In addition, you should discuss your wishes with the people you appoint as your agents under these documents. By taking these steps you will reduce the likelihood that guardianship will ever become necessary. Nevertheless, sometimes guardianship becomes necessary even if you have taken care of your estate planning in advance. For example, if the person you appoint as power of attorney is not doing their job properly, someone may commence a guardianship to try and have the power of attorney revoked.

While guardianship can be expensive, there are things you can do to minimize the likelihood that your family will go through this process. As part of your overall estate plan, make sure you take the time to think about who you would want to manage your affairs if you can no longer manage them yourself. This can go a long way towards saving your family a lot of money and heartache.

*Bernard A. Krooks, Esq., is a founding partner of Littman Krooks LLP. He was named 2021 "Lawyer of the Year" by Best Lawyers in America® for excellence in Elder Law and has been honored as one of the "Best Lawyers" in America since 2008. He was elected to the Estate Planning Hall of Fame by the National Association of Estate Planners & Councils (NAEPC). Krooks is a past Chair of the Elder Law Committee of the American College of Trust and Estate Counsel (ACTEC). Mr. Krooks may be reached at (914-684-2100) or by visiting the firm's website at [www.littmankrooks.com](http://www.littmankrooks.com).*

# Northwell Health Physician Triumphs in Fight Against No. 1 Killer of Women

Dr. Marla Koroly, associate ambulatory physician executive for Northwell Health's Westchester and Connecticut regions, has been named the American Heart Association's Go Red for Women Westchester 2024 Woman of Impact Winner for her work to raise funds and spread awareness in the fight against heart disease and stroke in women and improve health and well-being in the local community. In the United States, cardiovascular disease is the leading cause of death in women, claiming the lives of 1 in 3 women.

Over the course of nine weeks, Dr. Koroly, along with a team of family, friends, and colleagues, competed for the Woman of Impact title by participating in various community awareness and fundraising activities. After raising critical funds and driving women's health education initiatives, including a community women's heart health educational event, Dr. Koroly was named this year's winner. The Woman of Impact campaign is part of the American Heart Association's signature Go Red for Women's movement, a comprehensive platform designed more than two decades ago to increase women's heart health awareness and serve as a catalyst for change to improve the lives of women globally.

"In participating in the Women of Impact campaign, it was important for me because heart disease is a woman's number one health threat, and not enough women recognize that," said Dr. Koroly. "I am honored to have received this recognition, but most importantly, I am proud of what we, all of the women nominated for this recognition, have accomplished together over the last nine weeks to support the Go Red for Women movement and the future of women's heart health."

The Woman of Impact campaign launched in over 100 cities on National Wear Red Day, February 2. In Westchester, five community leaders were nominated to participate. Collectively, this year's Westchester nominees trained over 100 people in Hands-Only CPR and raised over \$50,000 for the American Heart Association's Go Red for Women movement.

Other local nominees included: Christina Collins, NeverStopMoving365; Alice Schoen, Project Adam NY; Dana Colasante, Project Adam NY; and Betty Wu, Franklin Templeton



Dr. Marla Koroly

Investments.

"We are so grateful to Dr. Koroly and all of our nominees for their work elevating the Go Red for Women message and raising critical funds in support of our local mission," said Cara Pensabene, M.D., Vice President, Global Medical Director at Mastercard and the 2024 Chair of Go Red for Women in Westchester/Fairfield Counties. "While our work is far from finished, we've made considerable progress. Westchester and Fairfield are stronger, and our future is brighter."

Women naturally experience unique life stages that increase their risk of developing cardiovascular disease over the course of their lifetime. While the large majority of cardiac events can be prevented, cardiovascular disease continues to be a woman's greatest health threat, as nearly 45% of women over age 20 are living with some form of CVD. Women involved in Woman of Impact are paving the way for the future of women's heart health and enabling more women to live longer and healthier lives.

## Rabbi Shares Profound Truth: Memories Hold Wellsprings of Wisdom for Navigating Today's Challenges

continued from page 4

his years as a rabbi, people sought his guidance for a range of struggles, including complex mental challenges. Rabbi Stein surpassed expectations, offering assistance where even seasoned experts had faltered. Pioneering revolutionary techniques for resolving psychological issues, he successfully mediated numerous multimillion-dollar disputes that had been deadlocked for decades. His innovative ideas also paved the way for legendary success in the world of business.

Weeks ahead of Rediscover Your Wisdom's April 14 release date, the book generated so much buzz that major publishers in foreign countries were requesting the rights to translate it.

Rediscover Your Wisdom: Drawing on Answers from Your Past to Achieve Self-improvement, Growth, and Success, ISBN-13: 979-8989866403, is available from Amazon.com, BN.com, and other online retailers.

For more information, visit [www.rediscoveryourwisdom.com](http://www.rediscoveryourwisdom.com).



# BUSINESS CARDS

\$108. per issue. Prepaid only. Just mail us your Business Card and Full Payment and we'll take care of the rest. Mail to:  
Shoreline Publishing,  
629 Fifth Ave., Suite 213,  
Pelham, N.Y. 10803

# CLASSIFIEDS

7 newspapers over 100,000 readers -- 1 price, prepaid \$131.00 for 4 lines. Ad runs in 7 papers for 1 month. Make check payable to: Shoreline Publishing, Inc., 629 Fifth Avenue, Suite 213, Pelham, NY 10803

## ANTIQUES • ART • COLLECTIBLES

Most cash paid for paintings, antiques, furniture, silver, sculpture, jewelry, books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. Please call Aaron at 914-235-0302.

## JUNK REMOVAL AND CLEAN OUTS

'Dump N Chase' junk removal is a group of college hockey players who will remove your junk, transport large household items, and clean out garages, attics, and sheds. Call or text 914-860-5177.

## SENIOR CARE AT HOME

Family Care refers live-in and live-out companions allowing to be in the comfort of your own home. We specialize in referring Filipino companions. All candidates are fluent in English, background checks and excellent references. For our personalized services, call Marie at 212-961-6993.

## CAREGIVER AVAILABLE

Certified HHA, mature, reliable, compassionate & hardworking lady w/10+ yrs exp. with Alzheimer's, Parkinson's, diabetes, poststroke care etc., Seeks FT job as Caregiver. Excellent References. Call 914-602-7318.

## MARIA CLEANING SERVICES

Houses, Condos, Construction and Offices. Experienced with References Available. Call or Text at: 203-312-4428.

## PURCHASING MIDCENTURY MODERN, ART, ESTATES

Established NYC collector & dealer paying highest prices possible for 20th C. Modern Furniture & Art. Single items and estate contents. Please contact me directly at 917-566-9451.

## LIVE IN CARETAKER

Seeking a live in caretaker for elderly woman to assist with companionship, appointments and more. Contact me at 914-298-8872.

Dedicated to the Jewish Faith, Mt. Eden Cemetery has served the Tri-State area for over sixty years. Its peaceful hillside setting is one of the most beautiful in Westchester.



For more information please call our sales counselors at:

**(914) 769-0603**



**Mt. Eden Cemetery**

*20 Commerce Street, Hawthorne, New York*

# Westchester Jewish Life

**Edward Shapiro, President and Publisher**  
es@shorelinepub.com

**Helene Pollack, Emeritus Publisher**

**Joyce Farrell, Editor**  
joyce.farrell@shorelinepub.com

**Cynthia Pena, Art Director**  
shorelineproduction@gmail.com

**Mary DeYoung, Advertising Account Executive**  
mdeyoung.61@gmail.com

**Lauren Levine, Advertising Account Executive**  
levinelaur@gmail.com

[www.westchesterjewishlife.com](http://www.westchesterjewishlife.com)

**New Rochelle Review**  
[www.newrochellereview.com](http://www.newrochellereview.com)

**The Pelham Post**  
[www.thepelhampost.com](http://www.thepelhampost.com)

**The Bronxville Bulletin**  
[www.thebronxvillebulletin.com](http://www.thebronxvillebulletin.com)

**Larchmont Ledger**  
[www.larchmontledger.com](http://www.larchmontledger.com)

**Harrison Herald**  
[www.harrisonherald.com](http://www.harrisonherald.com)

Westchester Jewish Life is published monthly by Shoreline Publishing, Inc., 629 Fifth Avenue, Suite 213, Pelham, NY 10803. 914-738-7869. The entire contents of Westchester Jewish Life is copyrighted. No portion may be reproduced without written permission of the publisher. The views, opinions and content of this publication does not necessarily reflect that of the staff of Shoreline Publishing.

**Shoreline Publishing**  
Westchester's Community Newspapers

Shoreline Publishing accepts the submission of articles, events and items of interest no more than 500 words with .jpg photos for inclusion in Shoreline newspapers and websites. Email to: shorelineproduction@gmail.com or Shoreline Publishing, 629 Fifth Avenue, Suite 213, Pelham, NY 10803. Shoreline Publishing reserves the right to edit or omit any submissions.





Shoreline  
Publishing, Inc.

[www.shorelinepub.com](http://www.shorelinepub.com)

Harrison Herald  
Larchmont Ledger  
New Rochelle Review  
The Pelham Post  
The Bronxville Bulletin  
Westchester Jewish Life  
Westchester Women Magazine

Pelham Resource & Business Directory  
Annual Community Guide  
Annual Holiday Gift & Entertainment Guide

- A great print ad captures our attention. A digital ad on social media can get lost in the crowd.
- Those who turn off technology turn to print media to entertain and inform them.
- Shoreline newspapers and magazine deliver quality and reliable material. Our readers will realize that because you chose Shoreline publications to place your print ad, your business is equally reliable and high-quality.
- At Shoreline Publishing you have the unique opportunity to choose one or more newspapers to place your print ad. In addition you can also select our full-color quarterly magazine, Westchester Women. All of our publications reach the most affluent areas of Westchester County.
- Print ads allow you to choose a size that fits your budget, such as a quarter, half or full page ad. If you need us to handle the design, no problem, it is complimentary.

**Make the Right Impression . . . in Print.**

**Contact our office to get started. Call 914-738-7869.**

629 Fifth Avenue, Suite 213, Pelham, NY 10803 | 914-738-7869 | email: [shorelineproduction@gmail.com](mailto:shorelineproduction@gmail.com)



# *The Ambassador of Scarsdale* *Luxury Assisted Living – Superior Service*



*Senior living  
as you've never imagined.  
Come see for yourself.*



*The Ambassador*  
SCARSDALE

*Unparalleled Luxury. Superior Service.*

9 Saxon Wood Road, White Plains, NY 10605-5204

[www.theambassadorscarsdale.com](http://www.theambassadorscarsdale.com)



## *The Ambassador of Scarsdale*

A luxurious assisted living and memory care option on the forefront of exceptional senior living - combining world-class hospitality with individually tailored services.

## *Our Memory Care Program*

A truly beautiful setting specifically designed to enhance the lives of people with Alzheimer's and related disorders features a private landscaped garden and certified Music and Memory program

For information on our community  
please call Jean Dunphy, President  
at 914-428-3782 ext# 104 or email  
[jdunphy@theambassadorscarsdale.com](mailto:jdunphy@theambassadorscarsdale.com)

