

Center for Jewish Programs

APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Beth El NR SMART <hr/> TIC Moving Forward Senior Group	2 You are Not Alone: Dementia Caregiver SG <hr/> Holocaust Survivor Support Group <hr/> Knolls Caregiver Support Group	3 Spousal Bereavement Support Group (WRT) <hr/> Living with Divorce/Separation Support Group (WRT) <hr/> Club Wednesday (JCCH) <hr/> Jewish Culture: Chai House	4 Film & Discussion (TST) <hr/> Bet Am Shalom Bereavement Group <hr/> Beth El Parent Grp	5	6
7	8 Spousal Bereavement Support Group (JCC) <hr/> Beth El NR SMART	9 Film and Discussion (TST) <hr/> Holocaust Child-Survivor Support Group <hr/> JCC General Caregiver Support Group	10 Spousal Bereavement Support Group (WRT)	11 Current Events (CSI) <hr/> WJCS Dementia Caregiver Support Group	12	13
14	15 Spousal Bereavement Support Group (JCC) <hr/> Beth El NR SMART <hr/> TIC Moving Forward Senior Group <hr/> Chai House Passover Celebration! <hr/> TIC Parent Support Grp <hr/> Anxiety in Early	16 You are Not Alone: Dementia Caregiver SG <hr/> Holocaust 2 nd Generation Support Group	17 Connecting with Others: A Chronic Illness Support Group <hr/> Spousal Bereavement Support Group (WRT) <hr/> Club Wednesday (JCCH) <hr/> Jewish Culture: Chai House <hr/> Beth El Parent Support Grp	18 TST Caregivers Support Grp	19 Pesach Share Shabbat	20

	Childhood: Tips and Strategies for Caregivers					
21	22	23 WJCS CLOSED FOR PASSOVER 	24	25 Caring for Aging Parents (Beth EL NR) <hr/> WJCS Dementia Caregiver Support Group	26	27
28	29 Spousal Bereavement Support Group (JCC) <hr/> TIC Moving Forward Senior Group	30 You are Not Alone: Dementia Caregiver SG	1	2	3	4

APRIL 2024 EVENT DETAILS

Anxiety in Early Childhood: Tips and Strategies for Caregivers Monday, April 15 at 12:00 pm. For more information please contact Jennifer Schmelkin at jschmelkin@wjcs.com.

Bet Am Shalom: Spousal Bereavement Support Group—Thursday, April 4, 5:30-6:45 pm. For more information and to register please contact Sarah Lieberman at slieberman@wjcs.com.

Beth El SMART: Mondays, April 1, 8 & 15, 11:00 am

Caring for Aging Parents (Beth El NR): Thursday, April 25, 7:30 pm

Chai House Passover Celebration! Monday, April 15, 3:30-7:30 pm

Club Wednesday (JCCH): Wednesdays, April 3 & 17, 11:00 am

Connecting with Others: A Chronic Illness Support Group—Wednesday April 17, 11:00 am - 12:00 pm. Please contact Jane Slevin at jslevin@wjcs.com for more information.

Current Events (CSI): Thursday, April 11, 10:30 am

Film & Discussion: Thursday, April 4, 1:00 pm, TST

Jewish Culture (Chai House): Wednesday, April 3 & 17, 3:30 – 6:00 pm

JCC General Caregiver Support Group: Tuesday, April 9, 9:30- 10:45 am. Please contact Sarah Lieberman at slieberman@wjcs.com for details and to register.

Holocaust Survivor Support Groups: [Please email Halina Rosenkranz at HRosenkranz@wjcs.com to join.]

- Holocaust Survivor Group, Tuesday, April 2, 2:30-4:00 pm
- Holocaust Child-Survivor Group, Tuesday, March 9, 4:00-5:30 pm
- Holocaust Second Generation Group, Tuesday, March 16, 7:00-9:00 pm

Knolls Caregiver Support Group: Tuesday, April 2, 11:00 am – 12:15 pm

Living with Divorce/Separation Group (WRT): Wednesday, April 3, 7:00 – 8:30 pm. Please contact Jane Slevin for details and to register by emailing jslevin@wjcs.com.

Moving Forward Senior Group (TIC): Mondays, April 3 & 17, 1:00-2:00 pm

Parent Support Groups:

- Beth El Parent Support Group, Thursday, April 4 and Wednesday, April 17, 8:00-9:00pm
- TIC Parent Support Group, Monday, April 17, 8:00 – 9:00 pm

Share Shabbat: Pesach Friday, April 19

Shelanu

- Monday, April 1, Dinner Out, 6:00-7:30 pm
- Monday, April 4, Candle-making 6:00-8:00 pm
- Monday, April 8, Bowling, 6:00-8:00 pm
- Monday, April 15, Family Night, 6:00 pm – 8:00 pm
- Tuesday, April 16, Rocco Up movie, 6:00-8:00 pm
- Thursday, April 18, DJ Bingo & Snacks, 6:00-7:30 pm
- Thursday, April 25, Gyro & Ice Cream, 6:00 – 8:00 pm
- Monday, April 29, Movie, 6:00 pm – END

Spousal Loss Bereavement Support Groups: Please contact Jane Slevin to for details and to register by emailing jslevin@wjcs.com.

- JCC: Mondays, April 8, 15 & 29, 4:00-5:30 pm. \$120 for JCC Members; \$180 for non-members (8 weekly sessions). Please contact Jane Slevin at jslevin@wjcs.com.
- WRT: Wednesday, April 3, 10 & 17, 11:30 am – 12:30 pm.

Supper Club

- Tuesday, April 2, Karaoke & Dinner, 6:00-8:00 pm
- Tuesday, April 30, Applebee's & Walk, 6:00 – 8:00 pm

TINW Seniors Group: Tuesday, April 9, 10:30 am

TST Caregivers Support Group: Thursday, April 18, 4:00 pm

WJCS Dementia Caregiver Support Group: Thursdays, from 12:00-1:15 pm. ~~March 14 & 28~~, April 11, 25, May 9, 23, June 6, 20, July 11, 25, August 8. Fee: \$200 for the series of 10 sessions. Please contact Sarah Lieberman at slieberman@wjcs.com for more information.

You Are Not Alone: Dementia Caregiver Group – Tuesdays, ~~March 5 & 12~~, April 2, 16, 30, May 14, 28, June 11, 18, July 9, 23, and August 6, 10:30 – 11:45 am. \$200 for series of 10 sessions. For more information or if interested, please email Jane Slevin at jslevin@wjcs.com.