


# Center for Jewish Programs

## March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	1 Share Shabbat	2
3	<b>4</b> Shelanu Goes to Fountain Diner TIC Parent Support Grp Beth El NR SMART Shared Memories (Knolls)	<b>5</b> Holocaust Survivor SG Knolls Caregiver SG You Are Not Alone: Dementia Caregiver SG	<b>6</b> Spousal Bereavement Support Group (WRT) Spousal Bereavement Support Grp (JCC) Club Wednesday (JCCH)	<b>7</b> Bet Am Shalom Caregiver SG Elevation Burger & Mini Golf (Shelanu) Film and Discussion (TST)	<b>8</b>	9
10	<b>11</b> Shelanu Goes Bowling Beth El Parent Support Grp Beth El NR SMART	<b>12</b> Holocaust Child-Survivor Support Group JCC Caregiver Support Group You Are Not Alone: Dementia Caregiver SG Seniors Group (TINW)	<b>13</b> JCC Spousal Bereavement Support Group Connecting w/ Others: Chronic Illness Support Group Jewish Culture (Chai House)	<b>14</b> WJCS Caregiver SG Cooking & Games (Shelanu)	<b>15</b>	16
17	<b>18</b> Moving Forward Senior Group (TIC) Shelanu Bingo and Birthday Celebrations!	<b>19</b> Second-Generation Holocaust SG TIC Parent Support Grp	<b>20 FIRST DAY OF SPRING!</b> 	<b>21</b> Shelanu Purim Dinner	<b>22</b>	23
24/31	<b>25</b> Moving Forward	<b>26</b>	<b>27</b> Jewish Culture (Chai House)	<b>28</b> WJCS Caregiver SG	<b>29</b> Share Shabbat	<b>30</b>

Senior Group (TIC) Shelanu Goes to Dinner and the Movies Beth El NR SMART		Film and Discussion (TST)	Current Events (CSI) Shelanu Goes to Dave & Busters Caring for Aging Parents (Beth El NR)	
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## MARCH 2024 EVENT DETAILS

**Bet Am Shalom: Spousal Bereavement Support Group**—Thursdays, March 7 & 21, 5:30-6:45 pm. For more information and to register please contact Sarah Lieberman at [slieberman@wjcs.com](mailto:slieberman@wjcs.com).

**Beth El SMART**: Mondays, March 4, 11 & 25, 11:00 am

**Caring for Aging Parents (Beth El NR)**: Thursday, March 28, 7:30 pm

**Connecting with Others: A Chronic Illness Support Group**—Wednesday March 13, 11:00 am - 12:30 pm. Please contact Jane Slevin at [jslevin@wjcs.com](mailto:jslevin@wjcs.com) for more information.

**Club Wednesday (JCCH)**: Wednesdays, March 6, 11:00 am

**Current Events (CSI)**: Thursday, March 28, 10:30 am

### **Film & Discussion:**

- Thursday, March 7, 1:00 pm, TST
- Wednesday, March 27, 2:00 pm, JCCH

**Jewish Culture (Chai House)**: Wednesday, March 3 and 24, 1, 3:30 – 6:00 pm

**JCC General Caregiver Support Group**: Tuesday, March 12, 9:00- 10:45 am. Please contact Sarah Lieberman at [slieberman@wjcs.com](mailto:slieberman@wjcs.com) for details and to register.

**Holocaust Survivor Support Groups**: [Please email Halina Rosenkranz at [HRosenkranz@wjcs.com](mailto:HRosenkranz@wjcs.com) to join.]

- Holocaust Survivor Group, Tuesday, March 5, 2:30-4:00 pm
- Holocaust Child-Survivor Group, Tuesday, March 12, 4:00-5:30 pm
- Holocaust Second Generation Group, Tuesday, March 19, 7:00-9:00 pm

**Knolls Caregiver Support Group**: Tuesday, March 5, 11:00 am – 12:15 pm

**Living with Divorce/Separation Group (WRT)**: Wednesday, March 13, 7:00 – 8:30 pm. Please contact Jane Slevin for details and to register by emailing [jslevin@wjcs.com](mailto:jslevin@wjcs.com).

**Moving Forward Senior Group (TIC)**: Mondays, March 18 & 24, 1:00-2:00 pm

### **Parent Support Groups:**

- TIC Parent Support Group, March 4, 8:00 – 9:15 pm
- Beth El Parent Support Group, March 11, 8:00 – 9:00 pm
- TIC Parent Support Group, Tuesday, March 19, 8:00 – 9:15 pm

**Share Shabbat**: Friday, March 1 and 29

**Shared Memories (Knolls):** Monday, March 4, 2:30 pm

**Shelanu**

- Monday, March 4, Fountain Diner, 6:00-7:30 pm
- Thursday, March 7, Elevation Burger & Mini Golf, 6:00-8:00 pm
- Monday, March 11, Bowling, 6:00-8:00 pm
- Thursday, March 14, Cooking & Games, 6:00-8:00 pm
- Monday, March 18, Bingo, Takeout & Birthday Celebrations! 6:00-7:30 pm
- Thursday, March 21, Purim Dinner, 6:00 pm – END
- Monday, March 25, Dinner & Movie, 6:00 pm – END
- Thursday, March 28, Dave & Busters-Dinner and Games, 6:00-8:00 pm

**Spousal Loss Bereavement Support Groups:** Please contact Jane Slevin to for details and to register by emailing [jslevin@wjcs.com](mailto:jslevin@wjcs.com).

- **JCC:** Mondays, March 6 & 13, 4:00-5:30 pm. \$120 for JCC Members; \$180 for non-members (8 weekly sessions). Please contact Jane Slevin at [jslevin@wjcs.com](mailto:jslevin@wjcs.com).
- **WRT:** Wednesday, March 6, 12:00 pm – 1:30 pm.

**Supper Club**

- Tuesday, March 5, Karaoke & Dinner, 6:00-8:00 pm
- Monday, March 18, Bingo, Takeout & Birthday Celebrations! 6:00-7:30 pm
- Tuesday, March 19, Korean BBQ & Ice Cream, 6:00 – 8:00 pm

**TINW Seniors Group:** Tuesday, March 12, 10:30 am

**WJCS Dementia Caregiver Support Group:** Thursdays, March 14 & 28

from 12:00-1:15 pm. March 5, 12, April 2, 16, 30, May 14, 38, June 11, 18, July 9, 23, August 6. Fee: \$200 for the series of 10 sessions. Please contact Sarah Lieberman at [slieberman@wjcs.com](mailto:slieberman@wjcs.com) for more information.

**You Are Not Alone: Dementia Caregiver Group** – Tuesdays, March 5 & 12, April 2, 16, 30, May 14, 28, June 11, 18, July 9, 23, and August 6, 10:30 – 11:45 am. \$200 for series of 10 sessions. For more information or if interested, please email Jane Slevin at [jslevin@wjcs.com](mailto:jslevin@wjcs.com) or Heidi Weiss at [hweiss@wjcs.com](mailto:hweiss@wjcs.com).