



# PROGRAMS

## BEHAVIORAL HEALTH

**Care Management for Youth**  
Community-based services for children with chronic health or mental health conditions, 914-237-6089

**Certified Community Behavioral Health Clinics (CCBHC)**  
Counseling, psychiatric, Intensive Outpatient, peer and educational support, resource referrals, and other services for adults and children  
• **Mt. Vernon**, 914-668-8938  
• **Peekskill**, 914-737-7338  
• **Yonkers**, 423-4433 x3224

**Child Sexual Abuse Treatment Program\***  
Treatment for children and adult survivors of sexual abuse, 914-949-7699 x2475

**Court Assessment Program**  
Professional psychiatric and psychological assessments for use by the legal system, 914-949-7699 x2452

**Craft**  
Services for concerned significant others of substance-involved individuals, 914-761-0600 x3221

**Cross Systems Unit\***  
A collaboration with DSS to assist families seeking Family Court help, 914-423-4433 x3222

**Domestic Violence Program\***  
Therapy for adults and children affected by family violence, 914-949-7699 x2471

**Encompass**  
Services for substance-involved individuals, including individual and family therapy, 914-761-0600 x3221

**Family Matters**  
Mental health services, case management for youth with serious emotional disturbances, 914-237-6089

**Harry & Jeanette Weinberg Learning Center**  
Educational services for individuals with developmental disabilities and other learning challenges, 914-949-7699 x2464

*\*Part of WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience*

**Hartsdale Family Mental Health Center**  
Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-949-6761 or 914-949-7699

**Juvenile Fire-Setting Evaluation and Treatment Program**  
Assessments of children at risk of fire-setting, education for parents and the community, 914-237-6089

**Juveniles Starting Over\***  
Treatment and assessment of youth with problematic sexual behavior, 914-949-7699 x2470

**Linkages/Youth Success\***  
Mental health assessment and support for youth in the probation system, 914-737-7338 x3120

**Mobile Crisis Response Team**  
Crisis stabilization services offered in partnership with police in Peekskill, Cortlandt, Croton, Buchanan, and Yorktown, 914-523-4099

**Nurturing Parents\***  
A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 914-423-4433 x3221

**ONTrackNY**  
Specialized program, including counseling, psychiatric, peer, and educational/employment support, for individuals age 16-30 who have experienced first episode psychosis, 914-737-7338 x3122

**Peekskill School-Based Satellite Clinics (SCOPES)**  
School-based mental health services for Peekskill schools:  
• **Woodside Elementary school**, 914-734-1359  
• **Oakside Elementary School**, 914-737-1591

**Social Clubs**  
Provides social and recreational activities for people recovering from mental illness, 914-528-6995

• **Favonian Club** in Shrub Oak  
• **Grasslands** life skills program in Valhalla  
• **Sunset Club** for residents of Mohegan Park Home  
• **Sunshine Social Club** in Shrub Oak

**Substance Use Disorder Intensive Outpatient Program (SUD IOP)**  
6-week program for substance-involved individuals, 914-607-4500

**Trager Lemp Center: Treating Trauma & Promoting Resilience**  
Research-proven treatment for childhood sexual abuse and trauma, 914-949-7699 x2475

**Trauma Therapist at District Attorney's Office\***  
914-995-5165

**VIP (Volunteer Internship Program)**  
Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester, 914-761-0600 x2223

**Whitehill Counseling Service**  
Fee-supported mental health services, 914-737-7338 x3119

**WJCS Satellite Clinic @ Sun River HealthCare**  
Mental health services for children in a pediatric practice, 914-423-4433

**Yonkers Department of Social Services**  
Satellite Clinic crisis intervention and counseling to families involved with DSS, 914-231-2604

**Yonkers Family Mental Health Clinic**  
Counseling, psychiatric specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-423-4433

**Yonkers School-Based Satellite Clinics:**  
Mental health services for Yonkers schools: Cross Hill Academy, Martin Luther King Academy, Roosevelt High School, and School 18, 914-376-8174

**Yonkers School-Based Crisis Stabilization Services**  
Short-term mental health, crisis management services to several Yonkers schools, 914-330-7961

**Youth, Teen & Adult Mental Health First Aid Training**  
Teaches warning signs to respond to mental health challenges and crises, 914-761-0600 x2322

## CHILDREN/FAMILIES

**Academic and Career Support**  
Adult basic education, TASC (formerly GED) prep, and job readiness, 914-965-9140 x23

**Amazing Afternoons**  
An after-school academic and activity-based enrichment program in Elmsford, 914-761-0600 x2232

**Center Lane**  
Community center, resources, and support for LGBTQ+ youth, Yonkers, 914-423-0610

**Crime Victims Advocacy Support Services Program (CVASSP)**  
Provides crime victims and survivors with supportive services and trauma-informed therapeutic services, 914-761-0600 x2245

**Digital Equity**  
Provide Chrome books, internet access, and digital education to help youth and adults succeed at remote learning, 914-949-7699 x2407

**Early Step Forward**  
Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 914-965-9140

**Emergency Food Pantry**  
Early childhood mental health services for families with children up to age 5 at schools, childcare programs, and in the community. Includes Family Child Care Provider Program, 914-949-7699 x2407

**Envision**  
Provides mentoring, care management, and supportive services to high-school students who are WJCS clients, 914-965-9140 x29

**Infant-Toddler Learning Center**  
Parenting education and children's early learning, 914-965-9140 x14

**Inclure**  
Provides substance-free social and recreational activities and programs for high school age youth, that support well-being and recovery, in partner with the harris project, 914-462-0102

**Margaret's Place**  
In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481

• **Cross Hill Academy**, Yonkers  
• **Peekskill Middle School**  
• **White Plains High School**

**Parent-Child Center (PCC) / ParentChild+**  
PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 914-949-7699 x2424

**Peer Impact**  
Peer-to-peer support and training to develop youth leadership and advocacy skills, 914-761-0600 x2322

**Young People Achieve**  
In-school pregnancy prevention and intervention for teens  
• **Ossining High School**, 914-340-4124  
• **Sleepy Hollow High School**, 914-333-0063  
• **White Plains High School**, 914-422-5026

## DEVELOPMENTAL & INTELLECTUAL DISABILITIES / AUTISM

**Community Habilitation Services**  
Essential life-skills training for individuals in the POINT program, 914-761-0600 x2175

**CORDD**  
Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations, 914-949-7699 x2455

**Counseling for People with Developmental Disabilities**  
Mental health services for individuals and families with developmental disabilities, including autism, 914-949-7699 x2455

**Parent Management Training**  
Support for parents in managing difficult behaviors of children with developmental disabilities or autism, 914-949-7699 x2408

**POINT**  
Community independent living program for young adults with intellectual and developmental disabilities, 914-761-0600 x2175

**Project Lifesaver**  
Provides locator bracelets for people with autism who may wander, 914-761-0600 x2230

**Residential Housing**  
Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 914-761-0600 x2128

• **Beach House**, Mamaroneck  
• **Bon Air House**, New Rochelle  
• **Bryant House**, White Plains  
• **Cannon House**, Eastchester  
• **Chai House**, White Plains  
• **Claremont House**, Mt. Vernon  
• **Claudet House**, Eastchester  
• **Gramatan House**, Mt. Vernon  
• **Harrison House**, Harrison  
• **Hudson Terrace**, Sleepy Hollow  
• **Maple House**, Harrison  
• **Palmer House**, Larchmont  
• **Valdale House**, Yonkers

**Social Skills Lunch Group**  
Weekly therapeutic get-together to problem solve and socialize, 761-0600 x2477

**Taft Community Center**  
A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 914-761-0600 x2108

**Therapeutic Social Groups**  
Evidence-based groups for children and teens with autism, 914-761-0600 x2477

## JEWISH PROGRAMS

**Addressing Alzheimer's**  
Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 914-761-0600 x2144

**Bereavement Services**  
Support for those coping with the loss of a loved one, 914-761-0600 x2142

**Caregiver Support**  
Assistance for individuals caring for a loved one living in Westchester over the age of 60, 914-761-0600 x2143

**Center for Jewish Programs**  
Counseling, support, and spiritual programs for the Jewish community, 914-761-0600 x2142

**Guiding Parents through Services (GPS)**  
Connects Jewish families to behavioral health services for children, 914-761-0600 x2318

**Havurah Program**  
Jewish holiday celebrations for people with developmental disabilities, 914-761-0600 x2142

**Holocaust Program**  
• Groups for Holocaust survivors and their families, 914-949-7699 x2541  
• Survivor compensation programs, including home health care. 914-761-0600 x2241

**Kosher Home-Delivered Meals**  
Provides kosher meals to isolated seniors, 914-761-0600 x2184

**Partners in Caring and Partners in Schools**  
On-site counseling, educational and informational programs in synagogues and Jewish day schools, and community and senior centers, 914-761-0600 x2145

**Pathways to Care**  
Counseling for people coping with chronic or advanced illness, 914-761-0600 x2143

**Project Locator**  
Provides location bracelets for people with Alzheimer's and other related dementias, 914-761-0600 x2230

**Project SEED**  
Provides support for teachers and parents in Jewish early childhood centers, 914-761-0600 x2146

**Shelanu**  
A membership community for young Jewish adults with autism, 914-761-0600

## SENIORS

**Livable Communities Project**  
Helps seniors remain in their homes and communities, 914-761-0600 x2314

**Project Time-Out**  
Provides respite for caregivers, 914-761-0600 x2310

**Senior Care Management**  
Comprehensive services for seniors, including living options, 914-761-0600 x2340

**Senior Information and Referral**  
Provides information on programs, services, and benefits for seniors, 914-761-0600 x2340

**Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)**  
Assistance to help seniors in northeast Yonkers age in place, 914-761-0600 x2344

## RESEARCH/TRAINING

**Social Work Internship**  
Accredited training program for first and second-year graduate students from schools of social work for field work placements, 914-668-8938 x3014

**Psychology Externship Training**  
Accredited training program for doctoral candidates, 914-423-4433 x3213

**Psychology Internship Training**  
Accredited training program for advanced doctoral students, 914-949-7699 x2475

**Educational Institute**  
Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 914-949-7699 x2474

**Research and Evaluation**  
Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x2234

## VOLUNTEERING

**COMPEER**  
Volunteers helping adults recovering from mental illness, 914-761-0600 x2208

**Recruitment**  
A wide range of in-person and virtual opportunities for volunteers, including virtual mentoring, 914-761-0600 x2222

**VIP**  
Volunteer/internship experience for adults recovering from mental illness, 914-761-0600 x2223