

RESILIENT. RESPONSIVE. RE-ENERGIZED.

# wjcs

Westchester Jewish  
Community Services



2021 ANNUAL REVIEW



**WJCS celebrated Holocaust Survivor Day**, in partnership with UJA-Federation of NY and with sponsorship from the Claims Conference, at a luncheon that saluted the strength and resilience of Holocaust survivors in our programs.



**Our 2021 WJCS Back-to-School Drive** was a huge success, thanks to support from Supplies for Success, UJA in Westchester, Mastercard, Order Out of Chaos, and dozens of generous donors and community organizations. WJCS distributed 300+ backpacks, filled with new school supplies, to children in under-resourced communities.



**Participants in Shelanu, a membership community for young adults with autism**, were full of gratitude as they enjoyed a Thanksgiving celebration in our backyard at headquarters.



**WJCS Board members and volunteers from UJA in Westchester** donated and organized hundreds of new toys to ensure that our WJCS Have a Heart for the Holidays Gift Drive brought joy to children in need throughout Westchester.

**One of the many highlights of the Wiener Summer Academy** included a visit from New York State Senate Majority Leader Andrea Stewart-Cousins, who shared how she became involved in government leadership and encouraged the girls to follow their dreams for a successful future.



Dear Friends,

We are pleased to share with you the Westchester Jewish Community Services 2021 Annual Report.

During the past year we have begun recovering from the depths of the pandemic. The process has been difficult. For those we serve, the stresses of the past year, the disruption of life as we knew it, and the difficulty in connecting with friends, family, and community have all taken a terrible toll. Recovery will not be easy and many will need help. WJCS continues to be there to assist. We have supported families as they adjust to their children going back to in-person classes; youth, teens, adults, and seniors as they overcome mental health challenges and re-engage with the world; residents in our group homes who can now resume seeing their relatives and regular activities; LGBTQ+ young people whose support system disappeared when the pandemic began; and the Jewish community, including vulnerable Holocaust survivors for whom isolation from family and friends triggered memories of a painful past.

To effectively meet the needs of the Westchester community, we expanded our services. In addition to the state-of-the-art, evidence-based clinical services we have always provided, at our Mount Vernon and Peekskill clinics we now have care managers and employment specialists helping our clients access jobs, get the essential benefits they need, and connect to primary care providers and government and community resources. We have expanded our Mental Health First Aid program, which now includes Youth, Teen, and Adult trainings. By teaching individuals at schools, camps, synagogues, police departments, youth groups, and other community organizations to identify the signs of mental health challenges and learn how to access appropriate care, we aim to create legions of people in Westchester working to alleviate the skyrocketing mental health crisis.

Access to the online world is no longer optional. Those without digital skills are shut out of valuable educational, employment, health care, and social opportunities. To meet this need WJCS

has provided computers and training for parents and children so they can successfully navigate the digital world. This is not just a one-time training program but an ongoing commitment to mentor and support people to make sure they are comfortable with the new tools and opportunities available.

We continue to maintain our commitment to seniors. Our kosher home-delivered meals program offers vital sustenance, providing not just meals but health check-ins and support to individuals who have difficulty leaving their homes. Our first-in-the-county Neighborhood Naturally Occurring Retirement Community (NNORC) continued to battle the pandemic's devastating loneliness by providing seniors in Yonkers with virtual health and wellness services. Now the NNORC, through creative social activities, is helping seniors to resume in-person events and end their isolation, helping them to enjoy life once again.

Even as they have faced their own health and family challenges, WJCS staff have been proud to provide these programs and many others. We continue to be awed by the courage of those we serve. We look forward to working with our community to take another step forward in the year ahead.

Thank you for your support.



Seth Diamond  
Chief Executive  
Officer



Mariquita Blumberg  
Board President

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Mariquita Blumberg

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# wjcs ANNUAL REPORT 2021

## RESILIENT. RESPONSIVE. RE-ENERGIZED.

**“IT WOULD BE HARD TO IMAGINE A WESTCHESTER COUNTY WITHOUT WJCS.”**

—NYS Senate Majority Leader Andrea Stewart-Cousins

Ever since it was founded in 1943, WJCS has grown to meet the needs of the times. Our culture of innovation, dedication, and state-of-the-art services have provided a much-needed safety net for the people of Westchester. If we, at WJCS, ever wanted to test our ability to respond to a crisis, 2021 certainly afforded our agency the opportunity. The challenges that the children, teens, adults, and seniors in WJCS programs faced due to the COVID pandemic were staggering. Our families were adversely affected by illness, reduced time in school and at work due to quarantines, loss and bereavement, health fears, isolation, and stress.

We are proud that WJCS was resilient, responsive, and re-energized in the face of extraordinary challenges in 2021. Our staff provided compassionate care and expanded services to our clients at the same time as they were managing their own unprecedented personal pandemic difficulties. Here's a look at some of the year's highlights:

### BEHAVIORAL HEALTH

Anxiety, depression, and other mental health challenges skyrocketed during the pandemic. **WJCS behavioral health clinics provided over 90,000 mental health and substance use treatment services, via telehealth and in-person visits, to more than 4,100 individuals.**

**WJCS launched Certified Community Behavioral Health Clinics in Mt. Vernon and Peekskill**, to offer a broad array of supportive “wraparound” services, including peer support, care management, and employment guidance.



*“I cannot tell you how many times I laid in bed and just wanted to end it. But now I’m ready to live. Not only that, I’m going to help others.”*

—WJCS Community Behavioral Health Clinic client

**Encompass**, an evidence-based treatment program for individuals with co-occurring mental health and substance use disorders was introduced, along with **CRAFT (Community Reinforcement Approach and Family Training)**, which is geared to the significant others of substance-involved individuals.

**Family Matters**, mobile mental health services for youth, and the children's care management program continued to provide services to youth who have been psychiatrically hospitalized and/or in need of ongoing frequent support in the community as well as their families. Mobile clinicians and care managers were a lifeline for many of these families during the pandemic.

**WJCS school-based clinicians** worked in person through the majority of the COVID pandemic, ensuring students access to mental health treatment, a key priority at a time when the U.S. Surgeon General declared a national crisis in children's mental health. WJCS clinics expanded to include all three Elmsford public schools.

The number of **Youth and Adult Mental Health First Aid** trainings WJCS gave to individuals in underserved communities disproportionately impacted by the pandemic dramatically increased. WJCS launched **Teen Mental Health First Aid** to train students in grades 10-12 to recognize depression, substance abuse, and other mental health issues in themselves and their peers, and provide them the skills and knowledge to seek help.

The **WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience** launched groups for clinicians who lost clients due to COVID and for clients who have experienced traumatic grief, and added a second support group for mothers who have experienced or are at risk for domestic violence. Its staff conducted trauma trainings for numerous organizations, including the Westchester County System of Care, New York State Council of Behavioral Health Agencies, and Non-Profit Westchester.



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*“The pandemic was very challenging for me. I was negative on a 24/7 basis and kind of like a shell of my former self. WJCS was very helpful. It felt like I finally had a voice and I could talk about the emotions I was feeling.”*

—WJCS Youth Mental Health Services client

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## CHILDREN, YOUTH, AND FAMILIES

**Early childhood development programs**, including the Infant-Toddler Learning Center, Early Step Forward, ParentChild+, the Parent Child Center, and Summer Fun at Hartley Park, continued throughout the pandemic, helping young children develop socially, emotionally, and educationally so they are well positioned for academic success.

The newly-formed **WJCS Digital Equity Project** provided free Chromebooks, WiFi access, and computer skills classes in English and Spanish to ensure that children and adults living in under-resourced communities have the devices and services they need to learn remotely. Students in Yonkers, Mt. Vernon, Peekskill, and Ossining were given one-on-one digital education, homework help, and organizational support through our **Virtual Mentoring Program**, created in partnership with the STEM Alliance's Digital Equity Now Initiative and funding from Wiener Philanthropy. Students in our Academic and Career Support program also benefited from the initiative, honing their computer skills in preparation for the exam to earn New York State's high school equivalency diploma.



The **Wiener Academy for Young Women** implemented a hybrid in-person and remote model for its after-school enrichment program. Program highlights included Improvisational Theatre, facilitated by Sarah Lawrence College volunteers. Campers at Wiener Summer Learning Academy enjoyed trips to the movies, bowling, Rye Playland, and other fun venues.

**At a time when parents and teachers faced daunting challenges** due to the pandemic, WJCS offered them trainings about managing stress and anxiety in mindfulness and self-care, and supporting adolescent mental health.

WJCS's **Margaret's Place** program educated 3,000+ students about domestic violence, sexual assault, and healthy relationships, conducted 600+ individual and group counseling sessions with students affected by trauma, provided support to school staff struggling with the stress of the pandemic in school and home life, and developed an online video series on social emotional learning for younger students, which included literature and art activities to build resilience.

**Young People Achieve (YPA) staff and Peer Impact leaders** organized a schoolwide campaign in May for National Teen Pregnancy Prevention Month. They engaged over 150 students in answering questions about safe sex and healthy relationships via the Kahoot game app. Staff delivered diapers, books, holiday gifts, and gift cards as a means to support YPA clients through home visits.

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*"We didn't have a computer at home. It was hard when school was completely remote. By giving us a Chromebook and Wifi, WJCS opened a big window for my little ones to learn and do better each day."*

—ParentChild+ parent and Digital Equity Program participant

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**WJCS Center Lane launched Rainbow Squad and Rainbow Squad Pride Camp** for LGBTQ+ youth in fifth through eighth grade. With the help of a grant from Impact100 Westchester, Center Lane published a Pride Academy curriculum, which will be used by staff, volunteers, community partners, and youth leaders to educate and empower LGBTQ+ youth. Center Lane hosted a Pride Month picnic and its staff and youth facilitated a workshop at the National Gender Symposium.

## DISABILITIES AND AUTISM

WJCS **community residences** operated 24/7 during the pandemic, with many staff members needing to work additional hours, due to increased needs. Fortunately, visits from families and friends and many of the residents' day programs were able to resume as the intensity of the pandemic decreased.

**POINT (Pursuing Our INdependence Together)** offered both in-person groups and events during the pandemic as well as creative virtual programming. The "Virtual Voyages" program had participants travel the globe virtually and learn about each country. POINT participants rehearsed and put on a spectacular virtual Theatre for Action performance of a Beatles Musical. The POINT Book Club met to discuss such works as *The Great Gatsby* and *Little Women*. Outdoor movie nights (at WJCS headquarters), bowling, an outdoor spring dance, miniature golfing, apple picking, and a Halloween costume party were among the terrific activities enjoyed.

**Supper Club**, a weekly gathering for individuals with autism, 18 years and older, was held on the back lawn behind headquarters. Participants brought their own food and drink and enjoyed, after months of Zooming, meeting in person. Plus, they got to play bocce ball and badminton!

WJCS's **Project Lifesaver** program, in which we provide GPS tracking devices (and battery changes) to youngsters with autism and adults with dementia who are at risk of wandering, served approximately 475 clients.

## JEWISH PROGRAMS

**The WJCS Covid Relief Hub**, with funding from UJA, provided critical career training and mental health counseling services to help those impacted by the pandemic in a variety of programs.

**Programs for Holocaust Survivors**, for whom the pandemic brought a devastating sense of isolation and memories of their painful past, included support groups, home health care, medical cash assistance, transportation subsidies, and food deliveries. A beautiful catered June luncheon brought welcome relief from isolation when WJCS celebrated its first-ever Holocaust Survivor Day under a tent at the Young Israel of White Plains.

**Kosher Home-Delivered Meals** were delivered each week to more than 55 seniors, many of whom stayed socially engaged and connected through three weekly groups we offered by phone or Zoom.



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*"WJCS, you're doing everything you possibly can to help us. I get meals delivered. People from WJCS call and come to see me. I don't know what to say except thank you, thank you, thank you."*

—Holocaust Survivor Program participant

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**Pathways to Care** offered individual counseling, group support, and referrals to resources to those with or caring for individuals with chronic or life-limiting illness. WJCS works in partnership with the Alzheimer’s Association of the Hudson Valley, Westchester County Department of Senior Programs and Services, and many specialty agencies focused on health care to ensure that clients receive the services and support they need.

**The Jewish Spiritual Healing Center** offered a full roster of programming relating to issues of loss, isolation, family stressors, aging, Jewish life and traditions, aging, and mindfulness.

**WJCS Partners in Caring and Partners in Schools** programs provided a social worker liaison and customized programming to 20 synagogues, five assisted living facilities and three Jewish day schools. Leaders of our partner institutions tell us, “we wouldn’t know where to turn without you.”

Specialty programming for young families was provided by **Project SEED (Supporting Early Emotional Development)**, which assigns an early childhood specialist/social worker in early childhood centers in nine synagogues and JCCs to support school staff, parents and students.

In a joint effort with UJA, Yonkers Partners in Education (YPIE), and AT&T, the WJCS **Silver Links** program distributed Galaxy tablets with a year of free data and individualized training in use of the internet to 50 seniors.

## SENIORS

**The WJCS Yonkers NNORC (Neighborhood Naturally Occurring Retirement Community)** offered a robust selection of activities remotely via Zoom. Classes included: meditation, chair yoga, bingo, gardening, art/painting, and health and wellness. The YPIE (Yonkers Partners in Education) Tech Squad, composed of Yonkers high school students, assisted NNORC seniors remotely with learning how to use their computer, tablet and/or smartphone. Thanks to a partnership with New York Presbyterian Lawrence Hospital, NNORC seniors were provided free flu shots and given presentations on medical issues, including heart health, heartburn, and diabetes.

**Senior Care and Case Management** continued throughout the pandemic with clients and their families assessed by phone and provided with information and referral services, as needed. Caseworkers met with clients outdoors, made home visits, while wearing masks, and stayed in constant telephone contact with all clients.

**Our Mid-Central Westchester Livable Communities Program**, which helps keep seniors in their homes with independence and dignity, offered remote and outdoor health, wellness, educational, and cultural activities and support services.



## VOLUNTEERS

**More than 300 volunteers** were actively involved in assisting with numerous WJCS programs, including Compeer, Community Programs Gardening, and Digital Mentoring.

**Our 2021 Back-to-School Drive** served over 1,000 youth in need, providing 450 new backpacks, filled with school supplies, and 536 \$25 Amazon gift cards to children ages pre-K to 11 years old. Children ages 12-18 received a new planner and a \$50 Amazon gift card.

# FINANCIAL STATEMENT

## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2021 AND 2020.

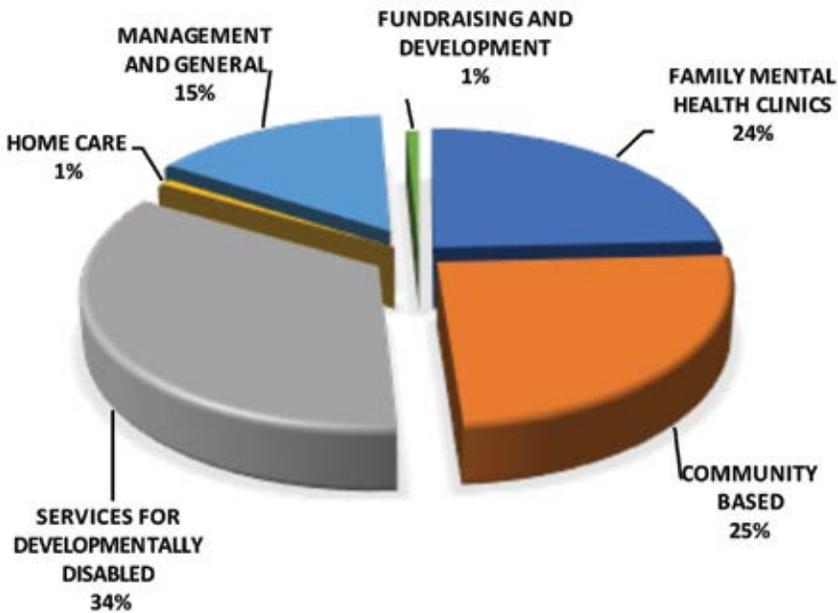
	2021	2020
<b>ASSETS</b>		
CASH AND CASH EQUIVALENTS	1,295,981	1,356,082
RECEIVABLES	7,135,755	6,826,193
INVESTMENTS	38,343,454	25,981,911
LEASE RIGHT-OF-USE ASSETS	1,985,741	—
PROPERTY AND EQUIPMENT, NET	7,617,561	7,561,665
OTHER ASSETS	398,015	413,431
<b>TOTAL ASSETS</b>	<b>56,776,507</b>	<b>42,139,282</b>
<b>LIABILITIES</b>		
ACCRUED EXPENSES AND OTHER PAYABLES	6,307,838	7,260,876
PAYMENT PROTECTION PROGRAM LOANS PAYABLE	6,142,767	—
LEASE LIABILITIES	2,136,186	—
LOANS PAYABLE	2,752,870	3,245,577
<b>TOTAL LIABILITIES</b>	<b>17,339,661</b>	<b>10,506,453</b>
<b>NET ASSETS</b>		
WITHOUT DONOR RESTRICTIONS	16,575,100	12,760,487
WITH DONOR RESTRICTIONS FOR PURPOSE	17,682,716	14,923,460
WITH DONOR RESTRICTIONS ENDOWMENTS	5,179,030	3,948,882
<b>TOTAL NET ASSETS</b>	<b>39,436,846</b>	<b>31,632,829</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>56,776,507</b>	<b>42,139,282</b>

## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2021 AND 2020.

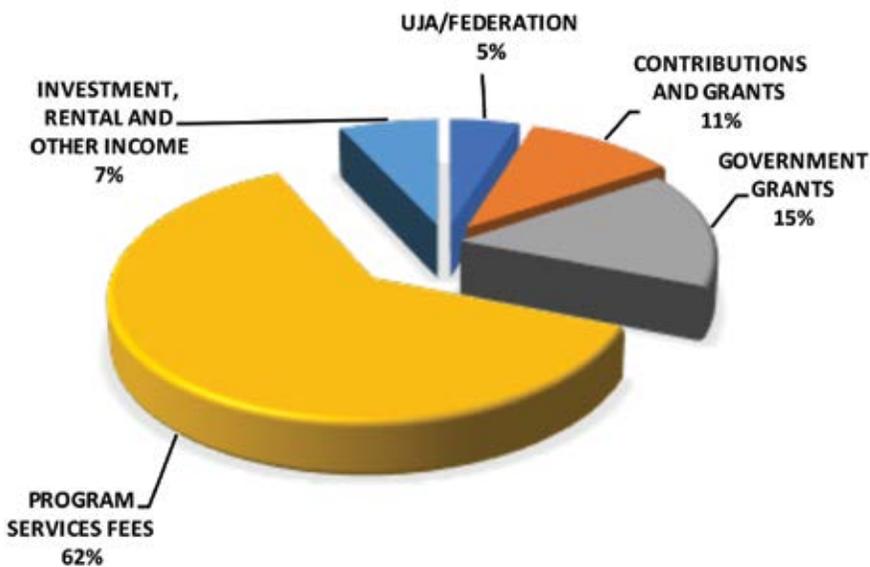
	2021	2020
<b>SUPPORT AND REVENUE—OPERATING PUBLIC SUPPORT</b>		
UJA/FEDERATION	2,115,485	2,087,693
CONTRIBUTIONS AND GRANTS	4,685,320	4,692,772
SPECIAL EVENT NET OF EXPENSES	348,642	535,523
<b>TOTAL PUBLIC SUPPORT</b>	<b>7,149,447</b>	<b>7,315,988</b>
<b>REVENUE</b>		
GOVERNMENT GRANTS	6,766,223	5,326,739
PROGRAM SERVICE FEES	27,107,527	25,481,174
INVESTMENT INCOME	2,387,460	967,946
RENTAL AND OTHER INCOME	314,066	843,908
<b>TOTAL REVENUE</b>	<b>36,575,276</b>	<b>32,619,767</b>
<b>TOTAL SUPPORT AND REVENUE</b>	<b>43,724,723</b>	<b>39,935,755</b>
<b>EXPENSES - OPERATING:</b>		
PROGRAM SERVICES – CLINIC	10,100,896	12,461,768
PROGRAM SERVICES – COMMUNITY BASED	10,301,096	9,715,627
PROGRAM SERVICES – SERVICES FOR DEVELOPMENTALLY DISABLED	14,398,440	13,782,062
PROGRAM SERVICES – HOME CARE	281,856	939,916
MANAGEMENT AND GENERAL	6,322,556	6,895,582
FUNDRAISING AND DEVELOPMENT	332,088	352,694
<b>TOTAL EXPENSES – OPERATING</b>	<b>41,736,932</b>	<b>44,147,649</b>
<b>CHANGE IN NET ASSETS - OPERATING</b>	<b>1,987,791</b>	<b>(4,211,894)</b>
<b>NON-OPERATING REVENUE</b>		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	5,816,226	(466,801)
<b>CHANGE IN NET ASSETS</b>	<b>7,804,017</b>	<b>(4,678,695)</b>

The complete audited financial statements including related notes and the Galleros Robinson, LLP opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: [www.wjcs.com/financial990](http://www.wjcs.com/financial990)

## OPERATING EXPENSES



## OPERATING SUPPORT AND REVENUE



### WJCS IS:

- A founding member of Coordinated Behavioral Health Services
- Accredited by the American Psychological Association as a training site for doctoral psychology interns
- An affiliate of Compeer, International
- Approved to provide Home Health and Traumatic Brain Injury services and support a Home Health Training Program by the NYS Department of Health
- Certified by Green Business Bureau
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives, and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD).
- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH), including integrated mental health and substance abuse services
- Rated as meeting all standards by the Better Business Bureau of New York

### WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- City of Yonkers Community Development Block Grant (CDBG)
- Federal Emergency Management Agency
- Joe Torre Safe at Home Foundation
- Montefiore Hospital DSRIP
- New York State Department of Health
- New York State Division of Homeland Security and Emergency Response
- New York State Office for People with Developmental Disabilities
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office of the Aging
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- School Districts of Briarcliff, Chappaqua, Elmsford, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Sun River Health Care
- Town of Cortlandt
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- U.S. Department of Justice
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Probation
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Office for Women
- Westchester County Office of the County Executive
- Westchester County Youth Bureau



# CONGRATULATIONS TO OUR 2021 **wjcs** STAFF AWARD WINNERS

## **BATKIN AWARD**

Presented to

**Ericka McCabe, Residence Manager**

## **CLINICIAN OF THE YEAR AWARD**

Presented to

**Jacques Lucien, Psychiatric Nurse Practitioner**

## **LEONARD ROHMER AWARD**

Presented to

**William Mullane, Director of Innovation,  
Integration & Community Partnership**

## **SPECIAL RECOGNITION FOR INNOVATIVE PROGRAMMING DURING THE PANDEMIC AWARD**

Presented to

**Rivka Gorin, Coordinator, Parent-Child Programs**

## **BERNIE KIMBERG EMPLOYEE OF THE YEAR AWARD**

Presented to

**Tim Dudic, Senior Grants Manager**

# wjcs PROGRAMS

## BEHAVIORAL HEALTH

### Care Management for Youth

Community-based services for children with chronic health or mental health conditions, 914-237-6089

### Certified Community Behavioral Health Clinics (CCBHC)

Counseling, psychiatric, Intensive Outpatient, peer and educational support, resource referrals, and other services for adults and children

- **Mt. Vernon**, 914-668-8938
- **Peekskill**, 914-737-7338

### Child Sexual Abuse Treatment Program\*

Treatment for children and adult survivors of sexual abuse, 914-949-7699 x2475

### Court Assessment Program

Professional psychiatric and psychological assessments for use by the legal system, 914-949-7699 x2452

### Craft

Services for concerned significant others of substance-involved individuals, 914-761-0600 x3221

### Cross Systems Unit\*

A collaboration with DSS to assist families seeking Family Court help, 914-423-4433 x3222

### Domestic Violence Program\*

Therapy for adults and children affected by family violence, 914-949-7699 x2471

### Encompass

Services for substance-involved individuals, including individual and family therapy, 914-761-0600 x3221

### Family Matters

Mental health services, case management for youth with serious emotional disturbances, 914-237-6089

### Harry & Jeanette Weinberg Learning Center

Educational services for individuals with developmental disabilities and other learning challenges, 914-949-7699 x2464

### Hartsdale Family Mental Health Center

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-949-6761 or 914-949-7699

### Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 914-237-6089

### Juveniles Starting Over\*

Treatment and assessment of youth with problematic sexual behavior, 914-949-7699 x2470

### Linkages/Youth Success\*

Mental health assessment and support for youth in the probation system, 914-737-7338 x3120

### Nurturing Parents\*

A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 914-423-4433 x3221

### ONTrackNY

Specialized program, including counseling, psychiatric, peer, and educational/employment support, for individuals age 16-30 who have experienced first episode psychosis, 914-737-7338 x3122

### Peekskill School-Based Satellite Clinics (SCOPEs)

School-based mental health services for Peekskill schools:

- **Woodside Elementary school**, 914-734-1359
- **Oakside Elementary School** 914-737-1591

### Social Clubs

Provides social and recreational activities for people recovering from mental illness, 914-528-6995

- **Favonian Club** in Shrub Oak
- **Grasslands** life skills program in Valhalla
- **Our Social Club** for residents of Mohegan Park Home
- **Sunshine Social Club** in Shrub Oak

### Trager Lemp Center: Treating Trauma & Promoting Resilience

Research-proven treatment for childhood sexual abuse and trauma, 914-949-7699 x2475

### Trauma Therapist at District Attorney's Office\*, 914-995-5165

### VIP (Volunteer Internship Program)

Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester, 914-761-0600 x2223

### Whitehill Counseling Service

Fee-supported mental health services, 914-737-7338 x3119

### WJCS Satellite Clinic @ Sun River HealthCare

Mental health services for children in a pediatric practice, 914-423-4433

### Yonkers Dept. of Social Services

Satellite Clinic Crisis intervention and counseling to families involved with DSS, 914-231-2604

### Yonkers Family Mental Health Clinic

Counseling, psychiatric specialty, and Intensive Outpatient Services in clinic setting for adults and children, 914-423-4433

### Yonkers School-Based Satellite Clinics:

Mental health services for Yonkers schools: Cross Hill Academy, Martin Luther King Academy, Roosevelt High School, and School 18, 914-376-8174

### Yonkers School-Based Crisis Stabilization Services

Short-term mental health, crisis management services to several Yonkers schools, 914-330-7961

### Youth, Teen & Adult Mental Health First Aid Training

Teaches warning signs to respond to mental health challenges and crises, 914-761-0600 x2322

## CHILDREN/FAMILIES

### Academic and Career Support

Adult basic education, TASC (formerly GED) prep, and job readiness, 914-965-9140 x23

### Building Better Beginnings

Mental health consulting services to daycare centers and Head Start programs, 914-595-0041

### Center Lane

Community center, resources, and support for LGBTQ youth, Yonkers, 914-423-0610

### Digital Equity

Provide Chrome books, Internet access, and digital education to help youth and adults succeed at remote learning, 914-949-7699 x2407

### Emergency Food Pantry

Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 914-965-9140

### Envision

Provides mentoring, care management, and supportive services to high-school students who are WJCS clients, 914-965-9140 x29

### Infant-Toddler Learning Center

Parenting education and children's early learning, 914-965-9140 x14

### Margaret's Place

In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481

- **Cross Hill Academy**, Yonkers
- **Peekskill Middle School**
- **White Plains High School**

### Parent-Child Center (PCC) / ParentChild+

PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 914-949-7699 x2424

### Peer Impact

Peer-to-peer support and training to develop youth leadership and advocacy skills, 914-761-0600 x2322

\*Part of WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience

(continued)

### Wiener Academy for Young Women

After-school girls' academic and personal development and enrichment, 914-965-9140 x11

### Young People Achieve

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 914-762-5760 x2352
- **Sleepy Hollow High School**, 914-333-0063
- **White Plains High School**, 914-422-5026

## DEVELOPMENTAL & INTELLECTUAL DISABILITIES/AUTISM

### Autism Center

Advocacy, support groups, resources for children, adults, and families, 914-761-0600 x2228

### Community Habilitation Services

Essential life-skills training for individuals in the POINT program, 914-761-0600 x2175

### CORDD

Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations, 914-949-7699 x2455

### Counseling for People with Developmental Disabilities

Mental health services for individuals and families with developmental disabilities, including autism, 914-949-7699 x2455

### Moving Forward

Social club for adults with intellectual disabilities, 914-949-7699 x2455

### Parent Management Training

Support for parents in managing difficult behaviors of children with developmental disabilities or autism, 914-949-7699 x2408

### POINT

Community Independent living program for young adults with intellectual and developmental disabilities, 914-761-0600 x2175

### Project Lifesaver

Provides locator bracelets for people with autism who may wander, 914-761-0600 x2228

### Residential Housing

Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 914-761-0600 x2128

- **Beach House**, Mamaroneck
- **Bon Air House**, New Rochelle
- **Bryant House**, White Plains
- **Cannon House**, Eastchester
- **Chai House**, White Plains
- **Claremont House**, Mt. Vernon
- **Claudet House**, Eastchester
- **Gramatan House**, Mt. Vernon
- **Harrison House**, Harrison
- **Hudson Terrace**, Sleepy Hollow
- **Maple House**, Harrison
- **Palmer House**, Larchmont
- **Valdale House**, Yonkers

### Taft Community Center

A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 914-761-0600 x2108

### TBI/Nursing Home Transition and Diversion Program

Medicaid waiver service coordination program for adults eligible for nursing home care, 914-761-0600 x2344

### Therapeutic Social Groups

Evidence-based groups for children and teens with autism, 914-949-7699 x2455

## JEWISH PROGRAMS

### Addressing Alzheimer's

Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 914-761-0600 x2144

### Bereavement Services

Support for those coping with the loss of a loved one, 914-761-0600 x2142

### Caregiver Support

Assistance for individuals caring for a loved one living in Westchester over the age of 60, 914-761-0600 x2143

### Center for Jewish Programs

Counseling, support, and spiritual programs for the Jewish community, 914-761-0600 x2142

### COVID Relief Hub

Employment and mental health services and support, 914-761-0600

### Guiding Parents through Services (GPS)

Connects Jewish families to behavioral health services for children, 914-761-0600 x2318

### Havurah Program

Jewish holiday celebrations for people with developmental disabilities, 914-761-0600 x2142

### Holocaust Program

- Groups for Holocaust survivors and their families, 914-949-7699 x2541
- Survivor compensation programs, including home health care. 914-761-0600 x2241

### Jewish Spiritual Healing Center

Programs providing support through Jewish traditions, 914-761-0600 x2149

### Kosher Home-Delivered Meals

Provides kosher meals to isolated seniors, 914-761-0600 x2184

### Partners in Caring and Partners in Schools

On-site counseling, educational and informational programs in synagogues and Jewish day schools, and community and geriatric centers, 914-761-0600 x2145

### Pathways to Care

Counseling for people coping with chronic or advanced illness, 914-761-0600 x2143

### Project Locator

Provides location bracelets for people with Alzheimer's and other related dementias, 914-761-0600 x2230

### Project SEED

Provides support for teachers and parents in Jewish early childhood centers, 914-761-0600 x2146

### Shelanu

A membership community for young Jewish adults with autism, 914-761-0600 x2404

## SENIORS

### Livable Communities Project

Helps seniors remain in their homes and communities, 914-761-0600 x2314

### Project Time-Out

Provides respite for caregivers, 914-761-0600 x2310

### Senior Care Management

Comprehensive services for seniors, including living options, 914-761-0600 x2340

### Senior Information and Referral

Provides information on programs, services, and benefits for seniors, 914-761-0600 x2340

### Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)

Assistance to help seniors in northeast Yonkers age in place, 914-761-0600 x2340

## RESEARCH/TRAINING

### Social Work Internship

Accredited training program for first and second-year graduate students from schools of social work for field work placements, 914-668-8938 x3014

### Psychology Externship Training

Accredited training program for doctoral candidates, 914-423-4433 x3213

### Psychology Internship Training

Accredited training program for advanced doctoral students, 914-949-7699 x2475

### Educational Institute

Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 914-949-7699 x2474

### Research and Evaluation

Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x2234

## VOLUNTEERING

### COMPEER

Volunteers helping adults recovering from mental illness, 914-761-0600 x2208

### Recruitment

A wide range of in-person and virtual opportunities for volunteers, including virtual mentoring, 914-761-0600 x2222

### VIP

Volunteer/internship experience for adults recovering from mental illness, 914-761-0600 x2223

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