

## BEHAVIORAL HEALTH

**Care Management for Youth** Community-based services for children with chronic health or mental health conditions; 914-237-6089

**Certified Community Behavioral Health Clinics (CCBHC)** Counseling, psychiatric, Intensive Outpatient, peer & educational support, resource referrals, and other services for adult/children

- Hartsdale** 914-949-6761
- Mount Vernon** 914-668-8938
- Peekskill** 914-737-7338
- Yonkers** 914-423-4433

**Child Sexual Abuse Treatment Program\*** Treatment for children & adult survivors of sexual abuse; 914-949-7699 x2475

**Court Assessment Program** Professional psychiatric & psychological assessments for use by the legal system; 914-949-7699 x2452

**Cross Systems Unit (CSU)\*** A collaboration with DSS to assist families seeking Family Court help; 914-423-4433 x3222

**Domestic Violence Program\*** Therapy for adults & children affected by family violence; 914-949-7699 x2471

**Encompass** Services for substance-involved individuals, including individual & family therapy; 914-949-6761 x2447

**Family Matters** Mental health services & case management for youth with serious emotional disturbances; 914-237-6089

**Invitation to Change** *(Formally CRAFT)* Support for loved ones of substance-involved individuals; 914-607-4500

**Juvenile Fire-Setting Evaluation and Treatment Program** Assessments of children at risk of fire-setting, education for parents & the community; 914-237-6089

**Juveniles Starting Over\*** Treatment & assessment of youth with problematic sexual behavior; 914-949-7699 x2470

**Linkages/Youth Success\*** Mental health assessment & support for youth in the probation system; 914-737-7338 x3120

**Mobile Crisis Response Team (MCRT)** Provides mental health co-response with police in Buchanan, Cortlandt, Elmsford, Greenburgh, Lewisboro, Peekskill, Scarsdale, Somers, South Salem, Yorktown, and White Plains; 914-523-4099

**Nurturing Parents\*** Support group that provides trauma-informed, preventative, educational workshops & comprehensive support for women and their young children affected by domestic violence; 914-423-4433 x3221

**ONTrackNY** Specialized program, including counseling, psychiatric, perr, and educational/employment support for individuals age 16-30 serving who have experienced psychosis; 914-523-0752

**School-Based Satellite Clinics (SCOPES)** School-based mental health services

- Eastchester Middle School**
- Elmsford:** Alexander Hamilton School, Alice E. Grady School, Dixon Primary School
- Peekskill:** Woodside Elementary School & Oakside Elementary School
- Rye School District**
- Yonkers:** Cross Hill Academy, Ella Fitzgerald Academy, Roosevelt High School

**Social Clubs** Provides social & recreational activities for people recovering from mental illness; 914-528-6995

- Favonian Club**, Shrub Oak
- Grasslands Life Skills Program**, Valhalla
- Sunset Club**, for residents of Mohegan Park Home
- Sunshine Social Club**, Shrub Oak

**Substance Use Disorder and Co-Occurring Disorders Treatment** Provides specialized clinical services for substance-involved individuals and their loved ones, 914-949-6761 x2447

*\*Part of the WJCS Trager Lemp Center for Trauma & Resilience*

**Trager Lemp Center for Trauma & Resilience** Research-proven treatment for childhood sexual abuse & trauma; 914.949.7699 x2475

**Trauma Therapists at the District Attorney's Office\*** 914-995-5165

**Volunteer Internship Program (VIP)** Adults 18+ who are recovering from mental illness are placed in volunteer positions at WJCS and other Westchester non-profit agencies; 914-761-0600 x2223

**Yonkers Department of Social Services** Satellite Clinic crisis intervention and counseling to families involved with DSS; 914-231-2604

**Yonkers School-Based Crisis Stabilization Services** Short-term mental health & crisis management services to several Yonkers schools; 914-761-0600 x3225

**Youth, Teen & Adult Mental Health First Aid Training** Teaches warning signs to respond to mental health challenges & crises; 914-761-0600 x2322

## CHILDREN, YOUTH & FAMILIES

**Amazing Afternoons** After-school academic & activity-based enrichment program co-located at the Youth Community Outreach program (Y-COP) in Mount Vernon; 914-761-0600 x2322

**Center Lane** Community center, resources, and support for LGBTQ+ youth; 914-761-0600 x2237

**Crime Victims Advocacy Support Services Program (CVASSP)** Provides crime victims and survivors with supportive services & trauma-informed therapeutic services; 914-761-0600 x2245

**Digital Equity** Provides Chromebooks, internet access and digital education to help youth & adults succeed at remote learning; 914-761-0600 x2470

**Early Step Forward** Early childhood mental health services for families with children up to age 5 at schools, childcare programs, and in the community. *Includes Family Child Care Provider Program*; 914-761-0600 x2423

**Emergency Food Pantry** Food supplies funded by contributions from synagogues & organizations, located at the Mary J. Blige Center in Yonkers; 914-965-9140

**Envision** Provides mentoring, care management, and supportive services to high school students who are WJCS clients; 914-965-9140

**Include** Provides substance-free social & recreational activities and programs for high school age youth to support well-being & recovery, in partnership with *the harris project*; 914-406-0495

**Infant-Toddler Learning Center** Parenting education & children's early learning; 914-595-0041 x3329

**Margaret's Place** In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation; 914-949-7699 x2481

- Cross Hill Academy**, Yonkers
- Peekskill Middle School**
- White Plains High School**

**Parent-Child Center (PCC) / ParentChild+** PCC offers a fully-equipped drop-in center with toys, music & more in New Rochelle. ParentChild+ provides home visits with child development experts who teach parenting skills, early literacy & child development; 914-949-7699 x2424

**Peer Impact** Peer-to-peer support and training to develop youth leadership & advocacy skills; 914-761-0600 x2322

**Young People Achieve** In-school pregnancy prevention & intervention for teens

- Ossining High school, 914-340-4124
- Sleepy Hollow High School, 914-333-0063
- White Plains High School, 914-422-5026

## DISABILITIES & AUTISM

**Community Habilitation Services** Essential life-skills training for individuals in the POINT program; 914-761-0600 x2175

**CORDD** Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations; 914-949-7699 x2477

**Counseling for People with Developmental Disabilities** Mental health services for individuals and families with developmental disabilities, including autism; 914-949-7699 x2477

**POINT** Community independent living program for young adults with intellectual and developmental disabilities; 914-761-0600 x2175

**Project Lifesaver** Provides locator bracelets for people with autism who may wander; 914-761-0600 x2230

**Residential Housing** Supervised & supportive living opportunities certified by NYS OPWDD for individuals with intellectual and/or developmental disabilities; 914-761-0600 x2128

- Beach House, Mamaroneck
- Bon Air House, New Rochelle
- Bryant House, White Plains
- Cannon House, Eastchester
- Chai House, White Plains
- Claremont House, Mount Vernon
- Claudet House, Eastchester
- Gramatan House, Mount Vernon
- Harrison House, Harrison
- Hudson Terrace, Sleepy Hollow
- Maple House, Harrison
- Palmer House, Larchmont

**Social Skills Lunch Group** Weekly therapeutic get-together to problem solve & socialize; 914-761-0600 x2477

**Therapeutic Social Groups** Evidence-based groups for children & teens with autism; 914-761-0600 x2477

## SENIOR CARE

**Livable Communities Project** Helps seniors remain in their homes and communities; 914-761-0600 x2314

**Project Time-Out** Provides respite for caregivers; 914-761-0600 x2310

**Senior Care Management** Comprehensive services for seniors, including living options; 914-761-0600 x2340

**Senior Information and Referral** Provides information on programs, services & benefits for seniors; 914-761-0600 x2340

**Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)** Assistance to help seniors in northeast Yonkers age in place; 914-761-0600 x2344

## VOLUNTEERING

**COMPEER** Volunteers helping adults recovering from mental illness; 914-761-0600 x2208

**Recruitment** A wide range of in-person & virtual opportunities for volunteers, including virtual mentoring; 914-761-0600 x2209

**Volunteer Internship Program (VIP)** Volunteer/internship experience for adults recovering from mental illness; 914-761-0600 x2208

## JEWISH PROGRAMS

**Addressing Alzheimer's** Support for people with Alzheimer's and other forms of dementia as well as their caregivers; 914-761-0600 x2133

**Bereavement Services** Support for those coping with the loss of a loved one; 914-761-0600 x2342

**Caregiver Support** Assistance for individuals caring for a loved one living in Westchester over the age of 60; 914-761-0600 x2145

**Center for Jewish Programs** Counseling, support & group programming for the Jewish community; 914-761-0600 x2407

**Guiding Parents through Services (GPS)** Connects Jewish families to behavioral health services for children; 914-761-0600 x2318

**Havurah Program** Jewish holiday celebrations for people with developmental disabilities

**Holocaust Survivor Program** Support groups & social activities for Holocaust survivors and their families; 914-761-0600 x2541 / Survivor compensation programs, including home health care; 914-761-0600 x2241

**Kosher Home-Delivered Meals** Provides kosher meals to isolated seniors; 914-761-0600 x2148

**Partners in Caring** On-site counseling, educational & informational programs in Jewish day schools, synagogues, and community centers; 914-761-0600 x2415

**Pathways to Care** Counseling for people coping with chronic or advanced illness living in the Rivertowns; 914-761-0600 x2133

**Project Lifesaver** Provides location bracelets for people with Alzheimer's & other related dementias; 914-761-0600 x2230

**Project SEED** Provides support for directors, teachers, parents & children in Jewish Early Learning Centers; 914-761-0600 x2128

**Shelanu** A membership community for young Jewish adults with autism; 914-761-0600 x3332

## RESEARCH & TRAINING

**Social Work Internship** Accredited training program for first & second-year graduate students from schools of social work for field work placements; 914-688-8938 x3014

**Psychology Externship Training** Accredited training program for doctoral candidates; 914-423-4433 x3213

**Psychology Internship Training** Accredited training program for doctoral candidates; 914-949-7699 x2475

**Edythe Kurz Educational Institute** Courses, workshops, conferences & lectures for WJCS staff and the community at large; 914-949-7699 x2474

**Research and Evaluation** Data collection, analysis & quality control to ensure WJCS programs and services use evidence-based practices; 914-761-0600 x2234