

# wjcs

2024

## IMPACT REPORT



**BUILDING PARTNERSHIPS**  
**STRENGTHENING COMMUNITY**  
**INSPIRING HOPE**





WJCS board members (from left) Nina Ross, Michele Brettschneider, Linda Plattus, Sarah Kayle, and (not shown) Suzanne Yearley hosted their annual Have a Heart for the Holidays Gift Drive Luncheon. The event raised over \$7,250 and nearly \$1,000 in toys and gift cards that was distributed to children from under-resourced families in Westchester.



Graduates of our Tarrytown and Sleepy Hollow ParentChild+ program and their families celebrated their achievements at a picnic in Barnhardt Park.



Little ones, from infants to age five, enjoyed playing, exploring, and learning at our Summer Fun at Hartley Park program.



WJCS Shelanu/Supper Club members enjoyed numerous outings and activities, including their annual trip to Playland Park, an evening filled with fun, friendship, and adventure.



More than 30 volunteers from Deloitte dedicated their Annual Impact Day to gardening, hand-painting planters, and beautifying the grounds of the WCS Bon Air community residence.



Dear Friends,

At Westchester Jewish Community Services (WJCS), we believe that when people come together with shared purpose and deep compassion, we can transform lives and build a stronger, more connected community. This year's Impact Report reflects that belief and highlights the theme that guided our work over the past year: Building Partnerships, Strengthening Community, Inspiring Hope.

Whether through our clinics, residences, schools, community centers, or synagogues, WJCS is rooted in relationships. Partnerships with individuals and families, with schools and congregations, with government and philanthropic leaders are what allow us to bring trauma-informed care, mental health counseling, disability services, and so much more to nearly 20,000 Westchester residents each year.

In a time of growing need and continued uncertainty, we've seen how much people rely on WJCS and how much we rely on one another. From a Holocaust survivor receiving kosher meals and companionship, to a teen accessing mental health support, to a young adult with disabilities participating in job readiness training, the stories in this report show the power of connection to inspire healing and hope.

This year we also announced a formal affiliation between WJCS and Family Service Society of Yonkers (FSSY). This partnership reflects our commitment to collaboration and to reaching more individuals in need, particularly in Yonkers. It is a meaningful step in expanding our network of support and services and a clear example of how partnerships can strengthen Westchester.

We are proud that WJCS is seen as a trusted, expert partner across the region. Our impact is only possible because of your support. Government contracts provide a foundation for our work, but private philanthropy ensures we can be responsive, innovative, and enduring. Your generosity sustains essential programs, bridges gaps in public funding, and allows us to meet challenges with resilience.

As you read through this year's Impact Report, we hope you will feel pride in being part of the WJCS family. Together, we are building partnerships that break down barriers, creating a community where everyone belongs, and inspiring hope in every corner of Westchester.

With gratitude,



**Seth Diamond**  
**Chief Executive Officer**  
**Westchester Jewish**  
**Community Services**



**Bruce M. Freyer**  
**President, Board of Directors**  
**Westchester Jewish**  
**Community Services**



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# BUILDING PARTNERSHIPS STRENGTHENING COMMUNITY INSPIRING HOPE

## WJCS' COMMITMENT TO TRANSFORMING LIVES MADE POWERFUL STRIDES FORWARD IN 2024.

Guided by our core values of collaboration, community, and compassion, WJCS expanded and built lasting partnerships that bring us closer to ensuring a more resilient future for those in need. We deepened our collaboration with school districts and community-based organizations and launched a strategic affiliation with the Family Service Society of Yonkers (FSSY), creating a more coordinated and comprehensive network of care to better support youth, the elderly, and families in Yonkers and the greater Westchester community.

### Expanding Access in Mental Health, Substance Use, and Trauma Services

WJCS made unprecedented progress in addressing the needs of individuals and families affected by mental health, substance use, and trauma. We amplified our reach and ensured that care is available, responsive, and collaborative by:

- bringing our total number of **school-based satellites clinics** to 12 by adding clinics in the Rye and Eastchester school districts
- expanding our mental health co-response **Mobile Crisis Response Teams** in Central and Northern Westchester, in collaboration with police
- implementing **integrated care models that combine behavioral and medical health services** and embedding clinicians in high-need settings, such as shelters and recovery housing programs
- increasing services for **individuals with substance use and co-occurring mental health disorders** by doubling our OASAS (Office of Addiction Services and Supports) locations from two to four, launching a groundbreaking high school education program, developed in collaboration with *the harris project* and the Partnership to End Addiction, to empower youth with knowledge and tools to help prevent crises before they begin, and providing substance

use trainings to more than 700 community members, including clinicians and parents. We also strengthened overdose prevention efforts, by training over 70 individuals and families in Narcan administration.

- Providing evidence-based therapy, psychiatric treatment, peer, employment, and educational support, case management, and resource referrals for adults and children at four **Certified Community Behavioral Health Clinics**



*"Our son struggles with substance use and mental health challenges. My husband and I have learned how to better communicate with and support him. Over time, we have seen tremendous growth on his part. We highly recommend this WJCS program to anyone who is struggling with a loved one's substance use."*

- providing **assessments and trauma-informed treatment to adult and child survivors of physical, sexual, and emotional abuse** as well as for youth with problematic sexual behavior
- training over 500 community members in **Mental Health First Aid**, equipping them to recognize and respond to signs of distress with empathy and effectiveness

## Nurturing Families, Empowering Futures

Positive child development and strong families are the cornerstones of healthy communities. In 2024, we expanded programs, launched innovative initiatives, and strengthened collaborations.

- **Early Step Forward**, in which social workers promote social-emotional growth, increased its reach to 15 sites, including family child care centers and schools, and supported 397 children.
- **ParentChild+** extended its home visiting program to support 17 license-exempt childcare providers in addition to children and their families, including over 4,000 visits.
- Our **Parent-Child Centers** in New Rochelle and Tarrytown served 262 families. **Summer Fun at Hartley Park** in Mount Vernon and **Adventures in Yonkers**, engaged 167 children collectively in games, activities, laughter, and learning.
- The **WJCS Digital Equity Project** helped to bridge the digital divide, providing Chromebooks, digital education, and one year of free Wifi to participants in underserved communities.
- The **Y-COP initiative in Mt. Vernon, an expansion of our after-school enrichment programming**, offered tutoring, art, and wellness activities, designed to motivate, encourage, and empower youth in a safe and supportive environment.
- **Margaret's Place**, a school-based program that provides counseling, peer leader meetings, workshops, and campaigns that emphasize violence prevention and healthy relationships, in partnership with the Joe Torre Safe at Home Foundation, reached over 3,100 students at Peekskill Middle School, Cross Hill Academy in Yonkers, and White Plains High School.
- **Inclure**, a collaboration with *the harris project*, provided more than 300 youth substance-free, prosocial activities that promoted wellness, recovery, and social connection.
- **Peer Impact** engaged high school students in White Plains and Sleepy Hollow in weekly sessions about self-esteem, cyberbullying, substance use prevention, and other timely topics.
- The **Envision** program helped female high school students in college prep and vocational training, and saw 7 high school seniors graduate with many of them heading off to college.

- **Young People Achieve** provided practical and emotional support to 29 pregnant and parenting teens in White Plains High School, ensuring they could graduate and, in many cases, pursue higher education.



*"I was a freshman in high school when I found out I was pregnant. I wasn't ready financially nor mentally. I was worried about how I was going to be able to graduate high school. The Young People Achieve program gave me resources, helped me get my son into daycare, and allowed me to achieve my educational goals. I am graduating community college now and will be studying criminal justice at Pace University. My son is thriving. All this, thanks to WJCS."*

- The **Crime Victims Advocacy and Support Services Program** served 1,168 individuals with trauma-focused care, crisis intervention, and safety planning, helping survivors rebuild their lives.
- **Community Workshops** on trauma, mindfulness, parenting, stress, and self-care reached 300+ individuals through schools, libraries, and nonprofits.

Together, these programs reflect the heart of WJCS: lifting up children, teens, and families with compassion, creativity, and purpose.

## Supporting Seniors with Dignity and Connection

Our Senior Care division continued its critical work, supported by generous grants from the Hudson Valley Credit Union, Field Hall Foundation, Aging in America, and the Westchester County Department of Senior Programs and Services. These resources enabled us to expand our services to help seniors age safely and comfortably in the homes and communities they cherish.

- The WJCS **NNORC (Neighborhood Naturally Occurring Retirement Community)** offered seniors in north-east Yonkers transportation to medical appointments and a vast range of wellness, holiday, fitness, library, and recreational programs.
- **Project Time-Out** supported families and caregivers by providing high-quality respite services, helping to ease the burdens of caregiving and promote well-being for both those receiving care and those providing it. In-home companions offered social engagement, ensured safety, and helped reduce loneliness. Community escorts assisted with errands, medical appointments and wellness, holiday, fitness, library, and recreational programs.



*"When my partner was diagnosed with lung cancer, it was an overwhelming time. I am a schoolteacher. I had to make sure he had an aide once the school year started, transportation to doctor appointments, and Medicaid and legal issues dealt with. I can't say enough good things about WJCS. I don't know what I would have done without your help. We were connected to all the right resources. WJCS has been an answer to our prayers."*

- Through enhanced **collaboration between our Senior Care Division and WJCS behavioral health clinics**, we successfully integrated mental health treatment with care management to provide more holistic support for older adults. This coordinated approach helped address the complex emotional, medical, and social needs of seniors—promoting stability, independence, and overall well-being.
- We continued our longstanding partnership with New York Legal Assistance Group, funded by UJA-Federation of NY, to provide free Advanced Directives legal services, giving seniors the peace of mind that their wishes will be respected. The **WJCS Senior Fund**, with support from the **I.W. Foundation**, provided emergency financial assistance, helping seniors cover basic needs like rent, utilities, and medications. These partnerships reflect a shared vision to meet the complex needs of our older adult population with compassion, coordination, and care and played a vital role in ensuring every senior has access to the resources, personalized guidance, and advocacy they need. These initiatives are about more than services—they are about belonging, safety, and the ability to age with grace, care, and connection.

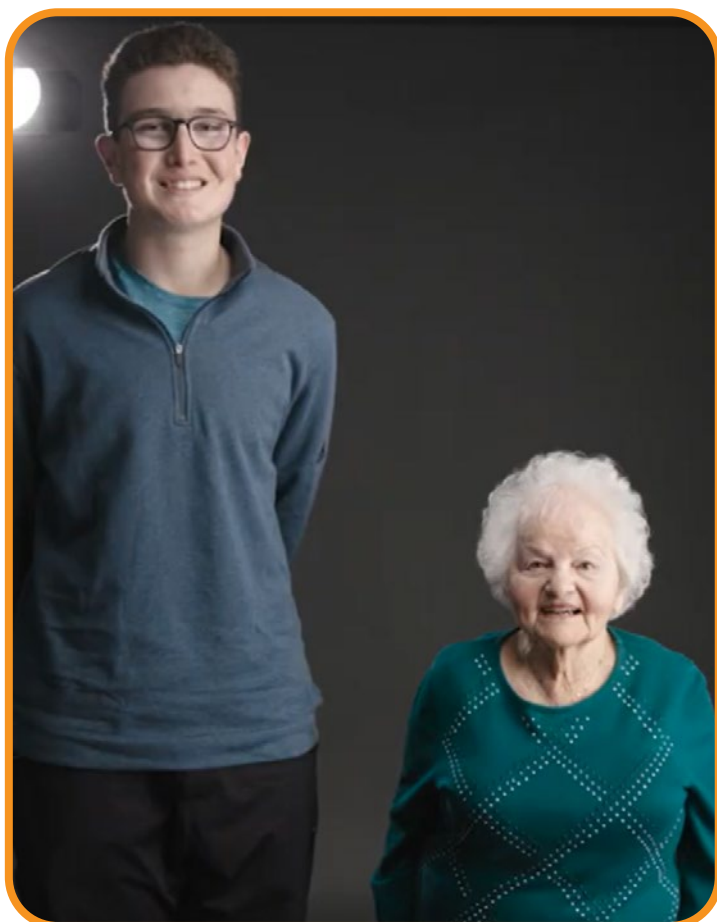
## Meeting the Evolving Needs of the Jewish Community

Amid the ongoing crisis in Israel and rising antisemitism in the U.S., our Jewish Programs team mobilized the full range of staff expertise and agency-wide programming to provide the Jewish community with vital emotional support and practical resources, helping to foster a sense of connection and resilience during challenging times.

- **Partners in Caring** supported 19 synagogues, connecting congregants with a wide range of services tailored to their needs, including support for caregivers, the newly bereaved, individuals who are separated or divorced, parents of children with special needs, isolated seniors, individuals seeking information on geriatric care facilities, parents of young adults who are married or dating someone of a different faith, and support for people reporting issues of abuse.



- **Student support and school community-wide services** were significantly increased due to the need for social and emotional assistance during these trying times. We provided 479 individual counseling sessions for students, 620 for parents, and 386 for teachers, staff, and clergy. We conducted 97 support group sessions for youth, 68 for parents, and 46 workshops for the broader school community. The ongoing feedback from parents and faculty suggests that these efforts are not only helping individuals in the moment but are also fostering long-term resilience and understanding.
- **Project SEED (Supporting Early Emotional Development)** provided services to 11 Early Childhood Centers, impacting 160 teachers, 67 classrooms, and about 850 children. This 15% increase in participation over the past two years is driven by the growing needs of Early Childhood Centers and families in the post-pandemic era. Many families continue to face personal and financial hardships, contributing to anxiety and stress among parents and children. Site directors have expressed great appreciation for the social work consultations provided, as well as the opportunity to connect regularly and learn from one another.
- WJCS programming for **Holocaust Survivors and their Second Generation in Westchester County** continued to grow and thrive. In 2024, we provided services to 150 individuals through support groups, kosher home-delivered meals, and socialization events. We offered regular home visits and monthly support groups for Survivors, Child Survivors, and Second Generation Survivors where, in a safe and supportive space, they share memories, process past traumas, and address the resurgence of old fears triggered by current events. To reduce isolation and foster connection, WJCS continues to offer multiple social events, including four large holiday celebrations, each attended by 40-100 individuals as well as dinner and movie outings.
- We expanded our volunteer programs, creating meaningful opportunities for volunteers to engage with Survivors. One such initiative, **the Share Shabbat program**, paired 36 Survivors with families—often those with young children—to deliver a monthly Shabbat dinner. This intergenerational exchange allows Survivors' stories to be preserved and passed on to future generations, ensuring their legacies endure. Before each Jewish holiday, volunteers also delivered food gift bags to Survivors, offering them both practical support and emotional comfort during special times of the year.



*"I always knew about the Holocaust but I'd never gotten the firsthand experience that I have through the WJCS Share Shabbat program.*

*Getting to know Dora has given it a new perspective. She always talks about how she had a beautiful family before the Holocaust. Just to have all of them lost is such a tragedy. It's put into perspective how quickly everything can be taken away from you. The WJCS Share Shabbat program is very important. Without it, I probably wouldn't have ever spoken to any survivor and, in a few years, it might not even be possible. It's important to connect the two generations. It's important for me to know so I can carry on her story so it is never forgotten and never happens again."*

## Supporting Families of Children with Intellectual and Developmental Disabilities

Our mission at WJCS is that every person should feel cared for, have the skills and resilience they need to lead their best lives, and feel a part of the community. In 2024, we provided support to individuals with intellectual and developmental disabilities in numerous and vital ways:

- Our **12 community residences and independent living programs** provided a wide range of services to help individuals reach their potential, enhance their strengths, and live as independently as possible. We successfully transitioned residents from one of our houses that was closing to other houses. All people were able to stay with individuals and staff they have known for years which maintained a sense of comfort and continuity. Staff who were looking for new experiences were able to work in other houses within our division.
- Participants in our programs gained confidence as well as emotional, social, employment, and life skills in group discussions, arts classes, vocational workshops, recreational activities, and support groups.
- Many new participants joined our **POINT (Pursuing Our Independence Together) program** and enjoyed a rich array of activities, including outings across Westchester and Manhattan as well as a trip to Rocking Horse Ranch.

*"No one asks to have a child with any type of disability. But it happens. And we love them and we need them and we have to support them. We made a decision to have Elana in a group home setting because we both were working and couldn't provide all she needed. I can't speak enough about the caring, compassion, and love that she is getting from the staff. She's allowed to have her iPad and she does Facetime with us. This puts us at ease. We know she's fine. She started blossoming. She is more alert, easy to talk to, more patient, with more attention to detail. She's making a lot of friends. I am radiating love for the agency. WJCS was a life preserver for the whole family."*

- **WJCS "Shelanu"** (which means *Ours* in Hebrew), is a friendship community for young adults, 18–35, with autism spectrum disorders. The bountiful variety of activities enjoyed by Shelanu members included dinners at Westchester restaurants, attendance at the movies and ballgames, bowling, and trips to Manhattan.
- Through **Project Time-Out**, 36 families caring for children with intellectual and developmental disabilities received partial reimbursement for in-home respite care. These funds empowered families to hire their own trusted respite workers, giving parents and caregivers the opportunity to take much-needed breaks, tend to their own physical and emotional needs, and focus attention on other children in the household.

**2024 marked a year of significant growth and resilience for WJCS. Through these innovative programs, strengthened partnerships, and unwavering commitment, we expanded our reach and deepened our impact—transforming lives and building a healthier, more connected Westchester community.**





# wjcs 2024 STAFF AWARDS



**Kendra Fray, Residence Manager**  
**Batkin Developmental Disabilities**  
**Professional of the Year Award**



**Monica Valdovinos, Social Worker**  
**Clinical Staff of the Year Award**



**Ashley Cabrera, Department of Social**  
**Services Program Coordinator**  
**Leonard Rohmer Outstanding**  
**Accomplishment Award**



**Bernadette Renwick, FSSY Director**  
**of Housing Programs**  
**Family Service Society of Yonkers**  
**(FSSY) Dedicated Service Award**



**Caitlin Leon, Director for**  
**Training and Digital Equity**  
**Judy Fink, Director of Senior Care**  
**Susan Lewen Staff Excellence Award**



**Janet Paseltiner, ParentChild+ Program Coordinator**  
**Natasha Francis, Peekskill Clinic Secretary**  
**Reggi Mensch Spirit Award**



**Geovany Martinez, Assistant Clinic Director**  
**Bernie Kimberg Employee of the Year Award**

# FINANCIAL STATEMENT

## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2024 AND 2023.

	2024	2023
<b>ASSETS</b>		
CASH AND CASH EQUIVALENTS	1,984,519	1,737,823
RECEIVABLE	9,288,769	7,167,514
INVESTMENTS	27,595,152	31,537,187
LEASE RIGHT-OF-USE ASSETS	2,183,162	1,739,261
PROPERTY AND EQUIPMENT, NET	6,934,300	7,107,263
OTHER ASSETS	573,454	395,427
<b>TOTAL ASSETS</b>	<b>48,559,356</b>	<b>49,684,475</b>
<b>LIABILITIES</b>		
ACCRUED EXPENSES AND OTHER PAYABLES	7,186,940	6,262,916
LEASE LIABILITIES	2,196,786	1,751,344
LOANS PAYABLE	4,030,847	2,174,868
<b>TOTAL LIABILITIES</b>	<b>13,414,573</b>	<b>10,189,128</b>
<b>NET ASSETS</b>		
WITHOUT DONOR RESTRICTIONS	15,632,736	19,699,033
WITH DONOR RESTRICTIONS PURPOSE	14,466,150	15,034,281
WITH DONOR RESTRICTIONS ENDOWMENTS	5,045,897	4,762,033
<b>TOTAL NET ASSETS</b>	<b>35,144,783</b>	<b>39,495,347</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>48,559,356</b>	<b>49,684,475</b>

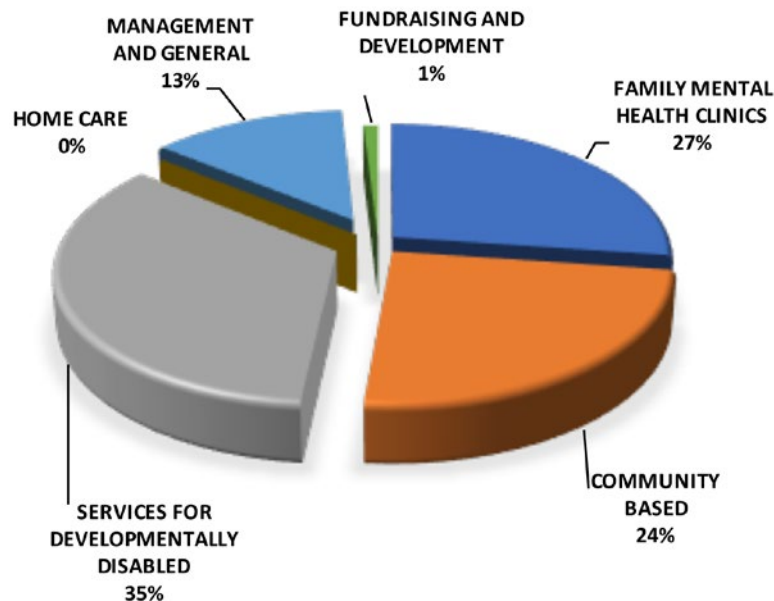
## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2024 AND 2023.

	2024	2023
<b>SUPPORT AND REVENUE—OPERATING PUBLIC SUPPORT</b>		
UJA/FEDERATION	1,894,119	1,897,366
CONTRIBUTIONS AND GRANTS	6,106,417	5,527,610
SPECIAL EVENT NET OF EXPENSES	411,477	315,620
<b>TOTAL PUBLIC SUPPORT</b>	<b>8,412,013</b>	<b>7,740,596</b>
<b>REVENUE</b>		
GOVERNMENT GRANTS	12,103,417	11,666,664
PROGRAM SERVICES FEES	26,593,537	26,601,764
INVESTMENT INCOME	1,828,882	644,931
RENTAL AND OTHER INCOME	183,851	199,021
<b>TOTAL REVENUE</b>	<b>40,709,687</b>	<b>39,112,380</b>
<b>TOTAL SUPPORT AND REVENUE</b>	<b>49,121,700</b>	<b>46,852,976</b>
<b>EXPENSES - OPERATING:</b>		
PROGRAM SERVICES – CLINIC	15,088,967	13,577,987
PROGRAM SERVICES – COMMUNITY BASED	13,678,622	12,128,359
PROGRAM SERVICES – SERVICES FOR DEVELOPMENTALLY DISABLED	16,465,045	17,186,833
MANAGEMENT AND GENERAL	9,200,370	6,543,463
FUNDRAISING AND DEVELOPMENT	470,921	472,463
<b>TOTAL EXPENSES – OPERATING</b>	<b>54,903,925</b>	<b>49,909,105</b>
<b>CHANGE IN NET ASSETS - OPERATING</b>	<b>(5,782,225)</b>	<b>(3,056,129)</b>
<b>NON-OPERATING REVENUE</b>		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	1,431,662	8,644,881
<b>CHANGE IN NET ASSETS</b>	<b>(4,350,563)</b>	<b>5,588,752</b>

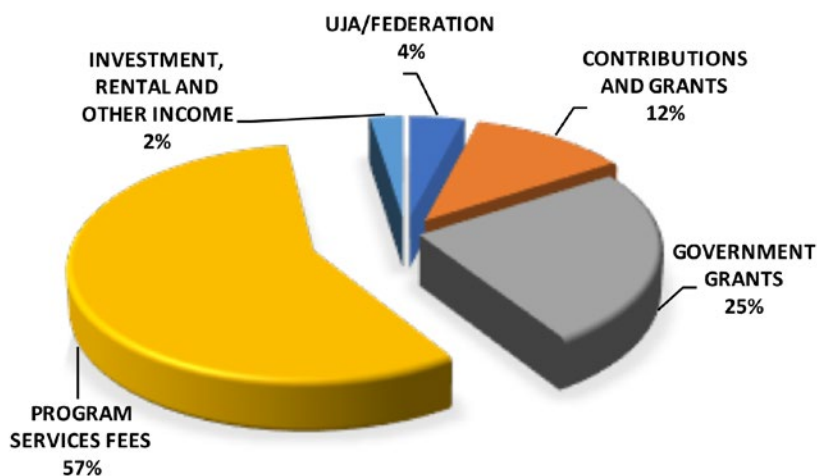
The complete audited financial statements including related notes and the Galleros Robinson, LLP opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: [www.wjcs.com/financial990](http://www.wjcs.com/financial990)



## OPERATING EXPENSES



## OPERATING SUPPORT AND REVENUE



### WJCS IS:

- A founding member of Coordinated Behavioral Health Services
- Certified by New York State to operate Certified Community Behavioral Health Clinics
- Accredited by Substance Abuse and Mental Health Administration for Hartsdale, Mt. Vernon, Peekskill, and Yonkers to be Certified Community Behavioral Health Clinics
- An affiliate of Compeer International
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives, and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD)
- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH), including integrated mental health and substance abuse services
- A partner with Westchester police Mobile Crisis Response Teams
- Accredited by the American Psychological Association as a training site for doctoral psychology interns

### WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- City of Yonkers Community Development Block Grant (CDBG)
- Federal Emergency Management Agency
- Joe Torre Safe at Home Foundation
- Montefiore Hospital DSRIP
- New York State Office of Addiction Services and Supports
- New York State Department of Health
- New York State Division of Homeland Security and Emergency Response
- New York State Office for People with Developmental Disabilities
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office of the Aging
- Center for Practice Innovation at the New York State Psychiatric Institute
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- School Districts of Briarcliff, Chappaqua, Elmsford, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Sun River Health Care
- Town of Cortlandt
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- U.S. Department of Justice
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Probation
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Office for Women
- Westchester County Office of the County Executive
- Westchester County Youth Bureau

## BEHAVIORAL HEALTH

**Care Management for Youth**  
Community-based services for children with chronic health or mental health conditions, 914-237-6089

### Certified Community Behavioral Health Clinics (CCBHC)

Counseling, psychiatric, Intensive Outpatient, peer and educational support, resource referrals, and other services for adults and children

- **Mt. Vernon**, 914-668-8938
- **Peekskill**, 914-737-7338
- **Yonkers**, 914-423-4433
- **Hartsdale**, 914-949-6761

### Child Sexual Abuse Treatment Program\*

Treatment for children and adult survivors of sexual abuse, 914-949-7699 x2475

### Court Assessment Program

Professional psychiatric and psychological assessments for use by the legal system, 914-949-7699 x2452

### Cross Systems Unit\*

A collaboration with DSS to assist families seeking Family Court help, 914-423-4433 x3222

### Domestic Violence Program\*

Therapy for adults and children affected by family violence, 914-949-7699 x2471

### Encompass

Services for substance-involved individuals, including individual and family therapy, 914-949-6761 x2447

### Family Matters

Mental health services, case management for youth with serious emotional disturbances, 914-237-6089

### Harry & Jeanette Weinberg Learning Center

Educational services for individuals with developmental disabilities and other learning challenges, 914-949-7699

### Invitation to Change

(Formerly CRAFT) Support for loved ones of substance-involved individuals, 914-607-4500

### Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 914-237-6089

### Juveniles Starting Over\*

Treatment and assessment of youth with problematic sexual behavior, 914-949-7699 x2470

### Linkages/Youth Success\*

Mental health assessment and support for youth in the probation system, 914-737-7338 x3120

### Mobile Crisis Response Team

Provides mental health co-response with police in Buchanan, Cortland, Elmsford, Greenburgh, Lewisboro, Peekskill, Scarsdale, Somers, South Salem, Yorktown, and White Plains, 845-736-8004

### Nurturing Parents\*

A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 914-423-4433 x3221

### ONTrackNY

Specialized program, including counseling, psychiatric, peer, and educational/employment support, for individuals age 16-30 who have experienced first episode psychosis, 914-523-0752

### School-Based Satellite Clinics (SCOPEs)

School-based mental health services:

- **Eastchester** Middle School
- **Elmsford**—Alexander Hamilton School, Alice E. Grady School, Dixon Primary School
- **Peekskill**—Woodside Elementary School, Oakside Elementary School
- **Rye School District**
- **Yonkers**—Cross Hill Academy, Ella Fitzgerald Academy, Martin Luther King Academy, Roosevelt High School, 914-237-6089

### Social Clubs

Provides social and recreational activities for people recovering from mental illness, 914-528-6995

- **Favonian Club** in Shrub Oak
- **Grasslands** life skills program in Valhalla
- **Sunset Club** for residents of Mohegan Park Home
- **Sunshine Social Club** in Shrub Oak

### Substance Use Disorder and Co-Occurring Disorders Treatment

Provides specialized clinical services for substance-involved individuals and their loved ones, 914-949-6761 x2447

### Trager Lemp Center for Trauma & Resilience

Research-proven treatment for childhood sexual abuse and trauma, 914-949-7699 x2475

### Trauma Therapist at District Attorney's Office\*

914-995-5165

### VIP (Volunteer Internship Program)

Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester, 914-761-0600 x2223

### WJCS Satellite Clinic @ Sun River HealthCare

Mental health services for children in a pediatric practice, 914-423-4433

### Yonkers Department of Social Services

Satellite Clinic crisis intervention and counseling to families involved with DSS, 914-231-2604

### Yonkers School-Based Crisis Stabilization Services

Short-term mental health, crisis management services to several Yonkers schools, 914-761-0600 x3225

### Youth, Teen & Adult Mental Health First Aid Training

Teaches warning signs to respond to mental health challenges and crises, 914-761-0600 x2322

## CHILDREN, YOUTH & FAMILIES

### Amazing Afternoons

An after-school academic and activity-based enrichment program in Elmsford, 914-761-0600 x2232

### Center Lane

Community center, resources, and support for LGBTQ+ youth, Yonkers, 914-423-0610

### Crime Victims Advocacy Support Services Program (CVASSP)

Provides crime victims and survivors with supportive services and trauma-informed therapeutic services, 914-761-0600 x2245

### Digital Equity

Provide Chrome books, internet access, and digital education to help youth and adults succeed at remote learning, 914-949-7699 x2407

### Early Step Forward

Early childhood mental health services for families with children up to age 5 at schools, childcare programs, and in the community. Includes Family Child Care Provider Program, 914-949-7699 x2423

### Emergency Food Pantry

Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 914-965-9140

### Envision

Provides mentoring, care management, and supportive services to high-school students who are WJCS clients, 914-965-9140

### Inclure

Provides substance-free social and recreational activities and programs for high school age youth, that support well-being and recovery, in partner with the Harris project, 914-462-0102

### Infant-Toddler Learning Center

Parenting education and children's early learning, 914-595-0041 x3329

### Margaret's Place

In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 914-949-7699 x2481

- **Cross Hill Academy**, Yonkers
- **Peekskill Middle School**
- **White Plains High School**

### Parent-Child Center (PCC) / ParentChild+

PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 914-949-7699 x2424

\*Part of WJCS Trager Lemp Center for Trauma & Resilience



### Peer Impact

Peer-to-peer support and training to develop youth leadership and advocacy skills, 914-761-0600 x2322

### Young People Achieve

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 914-340-4124
- **Sleepy Hollow High School**, 914-333-0063
- **White Plains High School**, 914-422-5026

## DEVELOPMENTAL & INTELLECTUAL DISABILITIES/ AUTISM

### Community Habilitation Services

Essential life-skills training for individuals in the POINT program, 914-761-0600 x2175

### CORDD

Crisis support for people with developmental disabilities or autism who are experiencing non-life threatening situations, 914-949-7699 x2477

### Counseling for People with Developmental Disabilities

Mental health services for individuals and families with developmental disabilities, including autism, 914-949-7699 x2477

### Parent Management Training

Support for parents in managing difficult behaviors of children with developmental disabilities or autism, 914-949-7699 x2408

### POINT

Community independent living program for young adults with intellectual and developmental disabilities, 914-761-0600 x2175

### Project Lifesaver

Provides locator bracelets for people with autism who may wander, 914-761-0600 x2230

### Residential Housing

Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 914-761-0600 x2128

- **Beach House**, Mamaroneck
- **Bon Air House**, New Rochelle
- **Bryant House**, White Plains
- **Cannon House**, Eastchester
- **Chai House**, White Plains
- **Claremont House**, Mt. Vernon
- **Claudet House**, Eastchester
- **Gramatan House**, Mt. Vernon
- **Harrison House**, Harrison
- **Hudson Terrace**, Sleepy Hollow
- **Maple House**, Harrison
- **Palmer House**, Larchmont

### Social Skills Lunch Group

Weekly therapeutic get-together to problem solve and socialize, 761-0600 x2477

### Taft Community Center

A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 914-761-0600 x2108

### Therapeutic Social Groups

Evidence-based groups for children and teens with autism, 914-761-0600 x2477

## JEWISH PROGRAMS

### Addressing Alzheimer's

Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 914-761-0600 x2133

### Bereavement Services

Support for those coping with the loss of a loved one, 914-761-0600 x2342

### Caregiver Support

Assistance for individuals caring for a loved one living in Westchester over the age of 60, 914-761-0600 x2145

### Center for Jewish Programs

Counseling, support, and group programming for the Jewish community, 914-761-0600 x2407

### Guiding Parents through Services (GPS)

Connects Jewish families to behavioral health services for children, 914-761-0600 x2318

### Havurah Program

Jewish holiday celebrations for people with developmental disabilities, 914-761-0600 x2407

### Holocaust Program

- Support groups and social activities for Holocaust survivors and their families, 914-949-7699 x2541
- Survivor compensation programs, including home health care. 914-761-0600 x2241

### Kosher Home-Delivered Meals

Provides kosher meals to isolated seniors, 914-761-0600 x2184

### Partners in Caring and Partners in Schools

On-site counseling, educational and informational programs in synagogues and Jewish day schools, and community and senior centers, 914-761-0600 x2407

### Pathways to Care

Counseling for people coping with chronic or advanced illness, 914-761-0600 x2133

### Project Locator

Provides location bracelets for people with Alzheimer's and other related dementias, 914-761-0600 x2230

### Project SEED

Provides support for directors, teachers, parents, and children in Jewish Early Learning Centers, 914-761-0600 x2128

### Shelanu

A membership community for young Jewish adults with autism, 914-761-0600 x3332

## SENIORS

### Livable Communities Project

Helps seniors remain in their homes and communities, 914-761-0600 x2314

### Project Time-Out

Provides respite for caregivers, 914-761-0600 x2310

### Senior Care Management

Comprehensive services for seniors, including living options, 914-761-0600 x2340

### Senior Information and Referral

Provides information on programs, services, and benefits for seniors, 914-761-0600 x2340

### Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)

Assistance to help seniors in northeast Yonkers age in place, 914-761-0600 x2344

## RESEARCH/TRAINING

### Social Work Internship

Accredited training program for first and second-year graduate students from schools of social work for field work placements, 914-668-8938 x3014

### Psychology Externship Training

Accredited training program for doctoral candidates, 914-423-4433 x3213

### Psychology Internship Training

Accredited training program for advanced doctoral students, 914-949-7699 x2475

### Educational Institute

Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 914-949-7699 x2474

### Research and Evaluation

Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x2234

## VOLUNTEERING

### COMPEER

Volunteers helping adults recovering from mental illness, 914-761-0600 x2208

### Recruitment

A wide range of in-person and virtual opportunities for volunteers, including virtual mentoring, 914-761-0600 x2222

### VIP

Volunteer/internship experience for adults recovering from mental illness, 914-761-0600 x2223

## EXECUTIVE STAFF

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# THANK YOU!

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Ella Grann	Ellen Howse	Shelly and Howard Kivell	Roberta and Bernie Leiner	Nina and Norma Massen
Debra and Stuart Green	Janet Huang	Dina Klar	Sasha Leitner	Barbara and Bernard Masur
Peter Green	Kathleen Hurwitz	Donna and Garry Klein	Patricia and Peter Lemp	Irene Math
Peggy Greenawalt	Rachel Hyman	Nancy Klein	Miriam and Michael Leo	Bella and Philip Maxfield
Heidi Greenbaum	Cara Nash Iason and Lawrence Iason	Rae Klein	Ronnie Frances Lesh	Daniella Mayer and Martin LaGuerre
Barbara and Paul Greene	Roxann Intriligator	Roseanne M. Klein	Ira Leventhal	Heather Mazursky-Horowitz and Benjamin Horowitz
Laura and Scott Greenfield	Karen and Paul Isaac	Arlene and Michael Kleinberg	Amy and David Levere	Geraldine Mazzella
Caryn Greenspan	Jackie and Sol Israel	Laura and David Kleinhandler	Jordana and Stuart Levi	Karen McCabe
Elissa Greenwald	Elizabeth and Charles Jacobs	Wendy and Scott Kleinman	Andrew Levin	Sueann and Peter McCarthy
Sheila and Hal Greenwald	Larry Jacobs	Stephen Klepner	Leslie Effron Levin and Jason Levin	Rosemary McClare
Mark Grisanti	Deborah and Mark Jacoby	Marilyn Kneller-Rimsky and Neil Rimsky	Susanna Levin	Cathlin McGrath
Nora and Robert Groban	Bryce Janks	Laura and Robert Koch	Lesley Levine and Edwin Weinberg	Meredith McKeon
Michael Gross				

Laurie and Larry Medvinsky	Janice and Joan Pachner	Leslie Robinson and Stephen Kass	Robyn and Agnes Schlesinger	Deborah and Matthew Sindell
Bob Mensch	Frances Pantaleo and Robert Freedman	Linda Rodman	Emilie and Dominic Schmitt	Amy and Alan Singer
Monique and Alan Mensch	Pamela Parlakian	Lisa and Andrew Rodman	Betty and Ira Schulman	Debbie and Steven Singer
Carol and Peter Meola	Allison Pearlman	Toby Rodman	Ari Schwartz	Suellen and Howard Singer
Carol Richards Mermey and Steven Mermey	Susan and Michael Pearson	Yolanda Rodriguez	Carol Schwartz	Jane and Kenneth Slevin
Nicola and Mark Meskin	Milagros Pena	Rosemary Rogers and Robert Arbucci	Jenny and Adrian Schwartz	Tara Slone-Goldstein and Wayne Goldstein
Ronni Metzger	Deborah Perykas	Lilian Rolfs	Jill and Ariel Schwartz	Beverly Shipko Sloofman
Eileen and Michael Meyers	Isabel Pettersen	Gregory Romer	Millie Schwartz	Denise Small
Lois Michaud	Gary Philo	Nicole Roos	Nancy and Ted Schwartz	Deborah and Scott Smith
Margot and Daniel Milberg	Sharon and Irving Picard	Beth Rosen and Lloyd Schloss	Roberta and Sid Schwartz	Mary Eagleson Smith
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Debra and Robert Miller	Cheryl Brandes Pine and Lloyd Pine	Valerie and Robert Rosen	Hugh Scobie	Elizabeth and Andrew Sokol
Marjorie Miller	Zarryn Pineda	Edward S. Rosenbaum	Joanna and Rich Segal	Jennifer and Bart Sokol
Susan and David Miller	Alexandra Pinz	Sandra and Dan Rosenbaum	Suzanne Seiden and Kevin Thurm	Leonard Solomon
Susan and Stephen Miller	Patricia Pion	Denise and Gary Rosenberg	Evelyn and Blair Selber	Linda and Jeff Solomon
Teena and Kenneth Miller	Linda and Seth Plattus	Helene and Samuel Rosenberg	Jennifer and Cliff Seltzer	Susan Solow-Dubin
Barbara and Neil Millstein	Akira Plugh	Halina Rosenkranz	Danielle Sessa	Jocelyn and Scott Sontag
Arlene and Wilfred Minkin	Ellen Pocost	Diane Rosenthal and Mark Deitch	Harriet and Vito Sessa	Shlema and Boris Sorkin
Renu and Neeraj Mital	Carol Polansky-Holt	Harvey Rosenthal	Sharon and Robert Shacher	Danny Soroker
Elizabeth Mitchell	Leslie Poliak	Karen Rosenthal	Anne Shahmoon and Michael Kleinman	John Sosbee
Ellen Mitchell	Aden Poling	Susan Rosenzweig	Amy and Corey Shanus	Jason Soto
Katherine Moore	Robyn Poling	Lorilyn Ross and Robert Blatt	Sarene Shanus and Harold Treiber	Deborah Spanierman
Raiya Morad	Betty and Aaron Polinsky	Nina and Ivan Ross	Rhoda and Richard Shapiro	Donna and Edward Spiegel
Marion Morgenthal and Lance Lynford	Deborah and Alan Polinsky	Asher Rossetti	Rai Sharma	Stacy Spiegel
Abigail Morrison	Jean Pollak	Laurie and Eric Roth	Eugenie Sharp	Stephan Spilkowitz
Amy and Robert Morse	Elaine Kellogg Pope and Peter Pope	Amy and Robert Rothman	Beth and David Shaw	Ann and Paul Spindel
Nicole and Michael Moser	Colleen and Kenneth Porrazzo	Annette Rotter and Joel Laitman	Lucyna and Daniel Shefter	Elana Spira
William Mullane	Jo-Ann Portnoy	Ellen G. Kreiger Rubin	Rachel Heisler Sheinfeld and Joel Sheinfeld	Anne and Mitchell Stafman
Sharon Murphy	Ellen and Thomas Potter	Joanne Ruckel and William Potter	Leonard Sherman	Orianna Starace
Una Murray	Alicia Pousada	Leslie Rusoff	Holly and David Sherr	Farrel and Steven Starker
Robin and Daniel Muskin	Logan Powers	Karen Rustad	Jennifer Shiffman	Amy and Rob Stavits
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John Nelson	Marilyn Rader	Benita and Craig Samuels	Shirley and Hymie Shwiel	David Stern
Liane Nelson and Todd Gagne	Lilia Ramos-Dries	Joseph Sanderson	Joshua Siegal	Deborah and Jacob Stern
Penny Nemzer and Daniel Taitz	Suzi Randolph	Wendy and Neil Sandler	Nurit and Charles Siegel	Edith Stern
Carol and Charles Newman	Alan Raylesberg	Cassiopeia Sandt	Joan and Alan Siegelwax	Ruth Stern
Sandy and Edward Ng	Frances Reccasina	Amy and David Sass	Rebecca and Eric Sigman	Seth Stern
Yan Ni and Stephen Gold	Rhonda and Ken Regan	Sonia Sasson-Forzano	Stacey and Jeffrey Silberzweig	Laurie and Sy Sternberg
Robin Nichinsky and Seth Schaffer	Toby and Robert Reisman	Margaret and Victor Savino	Ronit Eliav Siles	Angie and Roy Stillman
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Ann Noone	Lori Richards	Susan Scharf	Bennet Silverman	Allison and Josh Strassberg
Gail and Elliot Norry	Patricia Richards	Drs. Beth Scharfman and Uri Shabto	Bonnie Silverman and David Nanus	Henry G. Stroobants
Lauren and Craig Nossel	Heidi and Richard Rieger	Carol and Michael Scheffler	David Nanus	Elizabeth and Mayo Stuntz
Barbara and Barry Novick	Nancy and Rob Rieger	Brenda and Jonathan Scher	Carol Silverman	Kevin Sullivan
Lara Oktay	Myriam and Marc Ripp	Rachel Scherer and Robert Fligel	Caryn Silverman	Pearl and Thomas Sullivan
Victoria Olsen	Gillian and Peter Rittmaster	Jason Schiciano	Becky and Kenneth Silverstein	Rachel Summer
Dana and Eric Onesto	Lily Rivel	Leah and Robert Schiffman	Bernice A. Simon	Roy Summer
Allison and Noah Oppenheim	Amy Harrison Robin and Frederick Robin	Marcia and Ken Schlechter	Wendy and Gary J. Simon	Harry Sunshine
			Teresa and Scott Simpson	Noa Sussan



Harriet Kaplan Suvall and Marc Suvall  
 Andrew and Ruth Suzman  
 Marcy Syms  
 Susie Taylor  
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 Marsha and Harvey Tessler  
 Stephanie and Corey Tessler  
 Lauren Thaler and William Null  
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 Darren Wood  
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 Lauren Wyler-Smith  
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 Suzanne and Andrew Yearley  
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 Theresa Zupi-Forster

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Aging in America, Inc.  
 Alzheimer's Association  
 Ampacet  
 Bet Am Shalom Synagogue  
 Beth El Synagogue Center of New Rochelle  
 The Bezos Family Foundation  
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 Brown & Brown  
 The Thomas and Agnes Carvel Foundation  
 Chabad of the Rivertowns  
 Child Care Council of Westchester, Inc.  
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 Conference on Jewish Material Claims Against Germany  
 Congregation Emanu-El of Westchester – Rye

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New York State Office of Children and Family Services  
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 New York State Office for People with Developmental Disabilities  
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 United States Department of Education

United States Department of Health and Human Services: Substance Abuse and Mental Health Services Administration  
 United States Department of Homeland Security Federal Emergency Management Agency (FEMA)  
 United States Department of Housing and Urban Development (HUD)  
 United Way Westchester & Putnam  
 Valley Bank  
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 Westchester County Department of Health  
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 Westchester County Office for Women  
 Westchester County Youth Bureau  
 Westchester Reform Temple  
 White Plains Hospital  
 White Plains Public School District  
 The Wiener Philanthropy  
 Woman's Club of White Plains Foundation, Inc.  
 Yonkers City School District  
 Yonkers Office of Community Development  
 Young Israel of Scarsdale  
 Zaslav Family Foundation  
 Zion Episcopal Church





WJCS POINT participants had fun visiting the Museum of Broadway and other sites in New York City and Westchester.



WJCS hosted festive gatherings for Holocaust survivors in Westchester in celebration of Sukkot, Passover, Hanukkah, and other opportunities to enjoy being together.



WJCS is proud to provide vocational training in White Plains to promote skill-building for young adults with autism in preparation for the workplace. Here, two of our participants who achieved a significant milestone by moving forward to new opportunities.



WJCS was awarded \$20,000 in ARPA (American Rescue Plan Act) funding from the City of Mount Vernon to support digital equity programming for adults and children, in partnership with Youth Community Outreach Program (Y-COP) and the STEM Alliance. Caitlin Leon, WJCS Director of Training & Digital Equity, spoke about the importance of closing the gap in the digital divide, ensuring that everyone has the tools necessary to be successful in today's ever changing, fast-paced world.



# 2024 BY THE NUMBERS

**65,294**

MENTAL HEALTH AND  
TRAUMA SERVICES  
provided at 4 behavioral  
health clinics

**2,293**

SENIORS served through  
case management,  
socialization, and  
support services

**14**

SATELLITE CLINICS  
(including 11 schools),  
serving 817 clients in  
the community

**4,039**

PARENTCHILD+  
HOME VISITS to 165  
children to promote  
early literacy and healthy  
child development

**1,168**

CRIME VICTIMS  
provided trauma-  
informed support,  
crisis intervention,  
and safety planning

**576**

COMMUNITY MEMBERS  
trained in Mental  
Health First Aid

**3,100**

STUDENTS provided  
violence prevention  
and healthy  
relationship skills

**262**

FAMILIES  
attended WJCS  
summer programs

**19**

PARTNER SYNAGOGUES  
provided supportive  
social services for  
congregants and clergy

**1,685**

COUNSELING SESSIONS  
for students, parents,  
teachers, clergy, and  
staff post October 7<sup>th</sup>

**12**

COMMUNITY  
RESIDENCES for  
adults with disabilities

**3,594**

MENTAL HEALTH  
AND TRAUMA CLIENTS



**WWW.WJCS.COM**

845 N. BROADWAY  
WHITE PLAINS, NY 10603  
914-761-0600

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Westchester Jewish  
Community Services

