

# 2019 Annual Review



***Strengthening Lives. Shaping Futures.***





WJCS Staff Awards were presented at our Annual Meeting to (from left to right): Carol Chu-Peralta, Staff Psychologist, Trager Lemp Center: Treating Trauma & Promoting Resilience; Shari Baum, Coordinator for Partners in Caring and Jewish Programs; Hope Cunningham, Programs Coordinator, Community Programs; Krystal Colon, Supervising Licensed Practice Nurse, Yonkers Family Mental Health Clinic; and Paula Santa-Donato, Director of Youth Services.



Senate Majority Leader Andrea Stewart-Cousins spoke about her path to leadership with participants of the Wiener Academy for Young Women at the Mary J. Blige Center for Women in Yonkers.



WJCS Center Lane, the only center for LGBTQ youth in Westchester, won a Public Health Honoree Award from the Westchester County Board of Health.



# Health and Healing are Happening Here

I am pleased to share with you the 2019 Annual Report for Westchester Jewish Community Services.

This past year has been another one of tremendous progress and service. We have continued to be the essential mental health connection for thousands of Westchester residents, providing vital services to help them improve their lives. We supported parents in their roles as their child's first teacher, helping children in those critical early years to get on the right track. We provided emotional and financial support to Holocaust survivors and trained their caregivers in trauma-informed care. And we were the place our community program residents call home.

But that's not all. This past year we expanded our efforts to support our mental health clients and to keep them at home and in their community, helping them heal and reach their greatest potential. We offered a new Intensive Outpatient Program and expanded our Dialectical Behavior Therapy, offering enhanced services and more frequent connections with our clinicians than traditional therapy. Both have strong records of keeping those enrolled out of the hospital and at home. More employers are now recognizing the need to support employees in their stressful work and so we broadened our secondary trauma training to provide resilience and support to First Responders throughout Westchester county. Our Center Lane program for LGBTQ youth was awarded an Impact100 grant, allowing it to further expand its valuable training and education effort for which there is great demand in every part of our community. Our Autism Center served a record number of families through its Project Lifesaver

work to help adults ensure their children are safe. We expanded geriatric care management and launched a NNORC (Neighborhood Naturally Occurring Retirement Community) in northeast Yonkers to help more seniors receive high quality services and remain in their homes. And our groundbreaking POINT program for young adults on the Autism spectrum reached a record high for participants.

In all, WJCS was privileged to provide a diverse and vast array of services to 20,000 residents of all ages and backgrounds. All of the services delivered were united by one commonality: a desire to heal those in need. Over 500+ WJCS staff go out every day and run towards, not away from, the deepest problems facing those in our community, deeply dedicated to improving lives and heal those they work with. It is an honor for me to work with them and to see that healing in action every day.

Thank you for your support.



Seth Diamond  
**Chief Executive Officer**



Mariquita Blumberg  
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“I am in a very different place than when I first came to WJCS. Then, I couldn’t control my anger. I didn’t understand the impact that abuse had on me. My therapist at WJCS taught me self-love and understanding, to be resilient, to change the course of my future. I now know you can overcome anything.”

# Meeting Mental Health Challenges Across Westchester

4,000 clients  
57,000 mental health services  
4 WJCS clinics  
9 satellite clinics

**Helping individuals overcome anxiety, depression, trauma, and other emotional challenges is our mission as the largest provider of community based outpatient licensed mental health services in Westchester County. In 2019, we continued to provide state-of-the-art, evidence-based treatment and stand at the forefront of the field. Highlights included:**

**ADULT INTENSIVE OUTPATIENT PROGRAM (IOP)** A new WJCS initiative, this six-week program provides clients who have complex mental health challenges an intensive structure to focus on learning emotional regulation and interpersonal skills to adjust after a psychiatric hospitalization or to help avoid a hospitalization.

**CO-OCCURRING MENTAL HEALTH AND SUBSTANCE USE TREATMENT** WJCS clinics began screening all clients for substance use, enabling them to identify and address co-occurring issues to improve client outcomes.

**DIALECTICAL BEHAVIOR THERAPY (DBT)** This comprehensive treatment aimed at giving individuals “a life worth living” has been the foundation of WJCS evidence-based practice. The number of DBT-trained WJCS clinicians and groups, including those conducted in Spanish and at school-based satellites, increased. WJCS leadership presented DBT outcome data demonstrating a reduction in hospitalizations at the Center for Medicaid Services Conference.

**TRAUMA TRAININGS** WJCS professionals provided vicarious trauma trainings to first responders to help them better handle the extreme stresses of their jobs as well as training about childhood trauma to teachers.

**ONTRACKNY** With funding from SAMSHA and New York State Office of Mental Health, WJCS launched OnTrackNY in December 2019. Our Coordinated Speciality Care Team provides evidence-based and recovery-oriented treatment to individuals age 16-30 who have experienced a first episode of psychosis.

**MT. VERNON CLINIC PARTNERSHIP** Our Mt. Vernon clinic, in partnership with the Youth Shelter, provided individual and group treatment to young men with criminal justice involvement.

**INTEGRATING PHYSICAL AND MENTAL HEALTH** All four WJCS mental health clinics added examination rooms and hired licensed practical nurses to work with psychiatric staff to improve the health of WJCS clients. Through collaboration with the Montefiore DSRIP, clients were screened for tobacco use and problematic alcohol use, and helped clients improve psychotropic medication compliance.

**MENTAL HEALTH AWARENESS** Eight videotaped interviews focusing on mental health issues in Westchester were conducted with Michael Orth, Commissioner of Westchester County, Department of Community Health, and promoted across all WJCS digital channels in honor of May being Mental Health Awareness Month.





**“Having WJCS by my side is what pushed the school system to give my son what he deserved—an education that meets his needs. I do not want my son to trip over the same rock as I did. It’s because of the WJCS Autism Center, I feel certain that he won’t.”**

# Addressing the Needs of Children, Youth, and Families

**WJCS provides a comprehensive range of programs to help families lead their best lives, including:**

**PARENT-CHILD PROGRAMS** Families from under-resourced neighborhoods in New Rochelle, White Plains, Greenburgh, Port Chester, Mamaroneck, Mt. Vernon, and Tarrytown/Sleepy Hollow who participated in ParentChild+ saw significant improvements in parent skills and school readiness. Partnerships with MV Montefiore Behavior Health Services and New Rochelle Montefiore WIC provided curriculum enhancements and additional support to families. WJCS library story times celebrating The Week of the Young Child were a big success.

**AUTISM CENTER** A record high of 86 families participated in Project Lifesaver, which provides locator bracelets that use state-of-the-art technology with registered wristband transmitters to locate wandering and lost individuals. Advocacy efforts continued to ensure children on the autism spectrum receive appropriate school accommodations and a Grandparents Group provided support to help families thrive.

**CENTER LANE** A \$100,000 grant was awarded by Impact100 Westchester to fund the development of a groundbreaking Pride Curriculum for school systems in Westchester. Center Lane Prom, an annual highlight, had 165 youth attendees. WJCS was honored with a Westchester County Public Health Award.

**WIENER ACADEMY FOR YOUNG WOMEN** Fidelis Care provided health and wellness workshops to participants as well as free health screenings to their parents. Yonkers Federation of Teachers donated holiday gifts to grades 4-6. Summer workshops, facilitated by YPA staff, focused on "Effective Communication" and "Coping Strategies Using Mindfulness and Meditation."

**MENTAL HEALTH FIRST AID** A UJA Youth Philanthropy Grant funded 8 Youth Mental Health First Aid trainings and two Adult Mental Health First Aid trainings, providing vital knowledge of risk factors and warning signs of mental health challenges to 185 individuals.

**YOUNG PEOPLE ACHIEVE (YPA)** All 24 pregnant and parenting teens in the program received graduation diplomas. Pregnancy prevention presentations were made to 1,525 students at Ossining, Sleepy Hollow, and White Plains High Schools. Peers at Sleepy Hollow High School started a STAR (Students Talking About Relationships/Students Terminating Abuse Relationships) chapter.

697 youth and 1,347 adults were educated about LGBTQ issues through 45 presentations given by Center Lane at 28 schools, groups, and agencies.

Violence prevention education and support services provided by Margaret's Place reached a total of 3,000+ students across Westchester school communities.

235 families and 300 children attended the WJCS Parent Child Center in New Rochelle. 186 children attended Summer Fun at Hartley Park.

Pregnancy-prevention presentations were made to 1,525 student at Ossining, Sleepy Hollow, and White Plains High Schools,

# Jewish Programs



**WJCS supports more than 40 synagogues, Jewish day and nursery schools, and geriatric centers.**

**WJCS is the 911 and 411 for the Westchester Jewish community, providing services to families in crisis and educational, cultural, and spiritual programming, including:**

**EXPANSION OF HOLOCAUST-RELATED SERVICES** A grant from UJA provided trauma-informed, person-centered care for caregivers of Holocaust Survivors who experience unique challenges as they age.

**PROJECT SEED (SUPPORTING EARLY EMOTIONAL DEVELOPMENT)** Teachers, students, and parents at two early childhood centers at synagogues and Jewish Community Centers were trained in mindfulness techniques, an important strategy to help children learn how to regulate their emotions..

**ADDRESSING ALZHEIMERS** Our Caregiver Support Programs joined our Addressing Alzheimer's program which collaborates with Montefiore Center for the Aging Brain to provide community-based care.

**PATHWAYS TO CARE** Two trainings focusing on dementia and end-of-life management were presented to professional staff at the Wartburg in Mt. Vernon.

**PARTNERS IN CARING** Counseling and educational programming expanded to additional synagogues.



# Intellectual & Developmental Disabilities



**“The POINT program helped me gain lasting friendships  
and thrive in the work place.”**

**Providing safe and supportive services to individuals with intellectual and developmental disabilities is a high priority for WJCS. In 2019, new projects and continued evolution helped WJCS deliver high quality care.**

**NEW HOUSING DEVELOPMENT** The Office for People with Developmental Disabilities (OPWDD) appointed WJCS as the housing support provider for 12 apartments in a new and affordable housing building in New Rochelle.

**POINT (PURSUING OUR INDEPENDENCE TOGETHER)** Established in 2008 to provide a community for adults within intellectual and developmental disabilities, POINT now has 60 members with an active social life and many support and skill-building programs and services. Highlights in 2019 included a trip to Club Med Port St. Lucie, Florida; working and performing with Theatre for Action; outings to Lake Compounce Amusement and Water Park in CT, Museum of Jewish Heritage, and Rockefeller Center; a very successful Halloween costume party, and classes in art and vocational support.

# Geriatric Care



**“My finances were over. I couldn’t believe I was in danger of losing my home. I worked 42 years and was always able to meet my expenses. All of a sudden I was told my finances were over. Someone introduced me to your people and it was like a dream come true. 101 years old is not a bad place to be.”**

**WJCS is committed to serving seniors in Westchester and continues to expand programs to meet their needs. Highlights included:**

**GERIATRIC CARE MANAGEMENT** Field Hall Foundation awarded WJCS a \$50,000 grant, enabling WJCS to deliver services to significantly more seniors and provide dozens of additional home visits.

**WESTCHESTER’S FIRST NNORC (NEIGHBORHOOD NATURALLY OCCURRING RETIREMENT COMMUNITY)**

WJCS was awarded a \$206,000 grant/per year for five years from the New York State Office for the Aging to establish a NNORC in Northeast Yonkers in partnership with the Yonkers Office for the Aging. Case management services will be provided to seniors 60+ and their families/caregivers to help them age safely in place.



# wjcs Programs

## MENTAL HEALTH

### Adult and Child Care Management

Community-based services for people with chronic health or mental health conditions, 237-6089

### Child Sexual Abuse Treatment Program\*

Treatment for children and adult survivors of sexual abuse, 949-7699 x2475

### Court Assessment Program

Professional psychiatric and psychological assessments for use by the legal system, 949-7699 x2452

### Cross Systems Unit\*

A collaboration with DSS to assist families seeking Family Court help, 316-9824

### Domestic Violence Program\*

Therapy for adults and children affected by family violence, 949-7699 x2471

### Family Matters

Mental health services, case management for youth with serious emotional disturbances, 237-6089

### Geriatric Mental Health Services

Mental health and case management services for seniors, 949-7699 x2429

### Harry & Jeanette Weinberg Learning Center

Educational services for individuals with developmental disabilities and other learning challenges, 949-7699 x2464

### Hartsdale Family Mental Health Center

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 949-6761 or 949-7699

### Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 237-6089

### Juveniles Starting Over\*

Treatment and assessment of youth with problematic sexual behavior, 949-7699 x2470

### Linkages/Youth Success\*

Mental health assessment and support for youth in the probation system, 737-7338 x 3120

### Mt. Vernon Family Mental Health Clinic

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 668-8938

### Nurturing Parents\*

A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 423-4433 x3221

### ONTrackNY

reatment program for individuals age 16-30 who have experienced a psychotic episode. 737-7338 x3122

### Peekskill Family Mental Health Clinic

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 737-7338

### Peekskill School-Based Satellite Clinics (SCOPES)

School-based mental health services for Peekskill schools:

- Woodside Elementary school 734-1359
- Oakside Elementary School 737-1591

### Safe Harbor\*

Consultation to Westchester Department of Social Services for commercially and/or sexually trafficked minors, 949-6761 x2448

### Social Clubs

Provides social and recreational activities for people recovering from mental illness, 528-6995

- Favonian Club in Peekskill

- Grasslands life skills program in Valhalla, 231-4200
- Our Social Club for residents of Mohegan Park Home
- Sunshine Social Club located in Mohegan Lake

### Trager Lemp Center: Treating Trauma & Promoting Resilience

Research-proven treatment for childhood sexual abuse and trauma, 949-7699 x2475

### Trauma Therapist at District Attorney's Office\*, 995-5165

Whitehill Counseling Service Fee-supported mental health services, 737-7338 x3120

### WJCS Satellite Clinic @ Hudson River HealthCare

Mental health services for children in a pediatric practice, 423-4433

### Yonkers Dept. of Social Services

Satellite Clinic Crisis intervention and counseling to families involved with DSS, 231-2604

### Yonkers Family Mental Health Clinic

Counseling, psychiatric specialty, and Intensive Outpatient Services in clinic setting for adults and children, 423-4433

### Yonkers School-Based Satellite Clinics:

Mental health services for Yonkers schools: Cross Hill Academy, Martin Luther King Academy, Roosevelt High School, and School 18, 376-8174

### Yonkers School-Based Crisis Stabilization Services

Short-term mental health crisis management services to several Yonkers schools, 330-7961

### VIP (Volunteer Internship Program)

Adults over age 18 who are recovering from mental illness are placed in volunteer positions at WJCS and other non-profit agencies in Westchester. 761-0600 x2223

### Yohut & Adult Mental Health First Aid Training

Teaches warning signs to respond to mental health challenges and crises, 761-0600 x2322

## CHILDREN/FAMILIES

### Academic and Career Support

Adult basic education, TASC (formerly GED) prep, and job readiness, 965-9140 x23

### Building Better Beginnings

Mental health consulting services to daycare centers and Head Start programs, 595-0041

### Center Lane

Community center, resources, and support for LGBTQ youth, White Plains & Yonkers, 423-0610

### Emergency Food Pantry

Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 965-9140

### Infant-Toddler Learning Center

Parenting education and children's early learning, 965-9140 x14

### Margaret's Place

In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 949-7699 x2481

- Cross Hill Academy, Yonkers
- Peekskill Middle School
- White Plains High School

### Parent-Child Center (PCC) / ParentChild+

PCC offers a fully-equipped drop-in center with toys, music, and more in New Rochelle. ParentChild+ provides home visits with child development expert who teach parenting skills, early literacy, and child development. 949-7699 x2424

(continued)

### **Wiener Academy for Young Women**

After-school girls' academic and personal development and enrichment, 965-9140

### **Young People Achieve**

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 762-5760 x2352
- **Sleepy Hollow High School**, 333-0063
- **White Plains High School**, 422-5026

## **JEWISH PROGRAMS**

### **Addressing Alzheimer's**

Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 761-0600 x2144

### **Bereavement Services**

Support for those coping with the loss of a loved one, 761-0600 x2142

### **Caregiver Support**

Assistance for individuals caring for a loved one living in Westchester over the age of 60, 761-0600 x2143

### **Center for Jewish Programs**

Counseling, support, and spiritual programs for the Jewish community, 761-0600 x2140

### **Career>Connect**

#### **Employment Services**

Resources and support for Jewish job seekers, 761-0600 x2170

### **Guiding Parents through Services (GPS)**

Connects Jewish families to behavioral health services for children, 761-0600 x2318

### **Havorah Program**

Jewish holiday celebrations for people with developmental disabilities, 761-0600 x2140

### **Holocaust Program**

- Groups for Holocaust survivors and their families, 949-7699 x2541
- Survivor compensation programs, including home health care. 761-0600 x2232

### **Jewish Spiritual Healing Center**

Programs providing for solace through Jewish traditions, 761-0600 x2149

### **Partners in Caring and Partners in Schools**

On-site counseling, educational and informational programs in synagogues and Jewish day schools, nurseries, and community and geriatric centers, 761-0600 x2145

### **Pathways to Care**

Counseling for people coping with advanced illness or bereavement, 761-0600 x2143

### **Project Locator**

Provides location bracelets for people with Alzheimer's and other related dementias, 761-0600 x2230

### **Project SEED**

Helps teachers in early childhood centers in the Jewish community support children's emotional development, 761-0600 x2146

### **Shelanu**

A membership community for young Jewish adults with autism, 761-0600 x2404

## **DEVELOPMENTAL & INTELLECTUAL DISABILITIES/AUTISM**

### **Autism Center**

Advocacy, support groups, resources for children, adults, and families, 761-0600 x2228

### **Community Habilitation Services**

Essential life-skills training for individuals in the POINT program, 761-0600 x2126

### **CORDD**

Crisis support for families in non-life threatening situations with children or adults with autism or developmental disabilities, 949-7699 x2455

### **Counseling for People with Developmental Disabilities**

Mental health services for individuals and families with developmental disabilities, 949-7699 x2455

### **Moving Forward**

Social club for adults with developmental disabilities, 949-7699 x2455

### **Parent Management Training**

Support for parents in managing difficult behaviors of children with developmental and intellectual disabilities, 949-7699 x2408

### **POINT**

Community Independent living program for young adults with intellectual and developmental disabilities, 761-0600 x2175

### **Project Lifesaver**

Provides locator bracelets for people with autism who may wander, 761-0600 x2228

### **Residential Housing**

Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 761-0600 ext. 2128

- **Barker Avenue**, White Plains
- **Beach House**, Mamaroneck
- **Bon Air House**, New Rochelle
- **Bryant House**, White Plains
- **Cannon House**, Eastchester
- **Chai House**, White Plains
- **Claremont House**, Mt. Vernon
- **Claudet House**, Eastchester
- **Gramatan House**, Mt. Vernon
- **Harrison House**, Harrison
- **Hudson Terrace**, Sleepy Hollow
- **Maple House**, Harrison
- **Palmer House**, Larchmont
- **Valdale House**, Yonkers

### **Spectrum Baseball**

Baseball program for children with autism spectrum disorders, 949-7699 x2455

### **Taft Community Center**

A space for social, educational, and vocational activities for young adults and adults with developmental disabilities. 761-0600 x2108

### **TBI/Nursing Home Transition and Diversion Program**

Medicaid waiver program for in-home services for adults eligible for nursing home care, 761-0600 x2344

### **Therapeutic Social Groups**

Evidence-based groups for children and teens with autism, 949-7699 x2455

## **OLDER ADULTS**

### **Geriatric Care Management**

Comprehensive services for seniors, including living options, 761-0600 x2340

### **Geriatric Information and Referral**

Provides information on programs, services, and benefits for seniors, 761-0600 x2340

### **Livable Communities Project**

Helps seniors remain in their homes and communities, 761-0600 x2314

### **Project Time-Out**

Provides respite for caregivers, 761-0600 x2310

### **Senior Programs in Mt. Vernon**

Social, recreational, educational, and holiday activities for seniors, 668-4350

### **Yonkers NNORC (Neighborhood Naturally Occurring Retirement Communities)**

Assistance to help seniors in northeast Yonkers age in place. 761-0600 x2340

## **RESEARCH/TRAINING**

### **Psychology Externship Training**

Accredited training program for doctoral candidates, 949-6761 x488

### **Psychology Internship Training**

Accredited training program for advanced doctoral students, 949-7699 x2475

### **Educational Institute**

Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 949-7699 x2474

### **Research and Evaluation**

Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 761-0600 x2234

## **VOLUNTEERING**

### **COMPEER**

Volunteers helping adults recovering from mental illness, 761-0600 x2208

### **Volunteer Recruitment**

A wide range of opportunities for volunteers, 761-0600 x2222



# Thank You to Our Generous Donors

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Elaine and James Glover  
James Glover  
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 George Yankwitt  
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 BlackRock Financial Management, Inc  
 Brae Burn Country Club Charitable Giving  
 Charities Aid Foundation of America  
 Conference on Jewish Material Claims  
 Against Germany  
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 Pledgeling Foundation  
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 POINT Family & Friends  
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 Provide Media  
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 RRD International, LLC  
 Saunders High School PTSA  
 Scarsdale Congregational Church Guild

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 Societe Generale  
 Sonic Security Ltd.  
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 WJCS Jewish Programming Dept.  
 York International Agency, LLC  
 YourCause MasterCard  
 YourCause Pfizer Foundation Matching Gifts

# Financial Statement

## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2019 AND 2018.

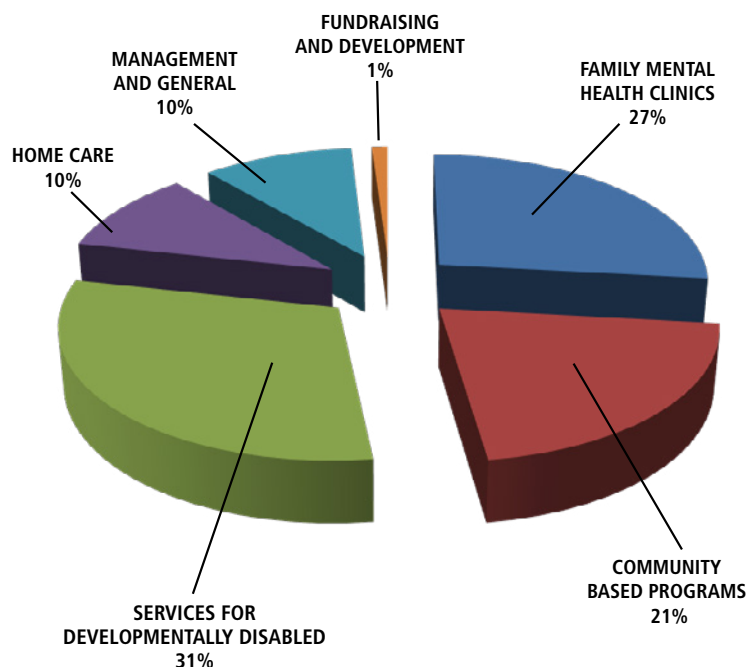
	2019	2018
<b>ASSETS</b>		
CASH AND CASH EQUIVALENTS	928,370	1,298,362
RECEIVABLES	6,548,406	5,902,745
INVESTMENTS	29,072,771	32,645,154
PROPERTY AND EQUIPMENT NET	8,303,473	8,861,328
OTHER ASSETS	779,568	385,331
<b>TOTAL ASSETS</b>	<b>45,632,588</b>	<b>49,092,920</b>
<b>LIABILITIES</b>		
ACCRUED EXPENSES AND OTHER PAYABLES	6,247,761	8,308,641
LOANS PAYABLE	3,073,303	3,341,563
<b>TOTAL LIABILITIES</b>	<b>9,321,064</b>	<b>11,650,204</b>
<b>NET ASSETS</b>		
UNRESTRICTED	16,220,337	17,801,258
TEMPORARILY RESTRICTED	16,027,343	15,464,072
PERMANENTLY RESTRICTED	4,063,844	4,177,386
<b>TOTAL NET ASSETS</b>	<b>36,311,524</b>	<b>37,442,716</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>45,632,588</b>	<b>49,092,920</b>

## WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2019 AND 2018.

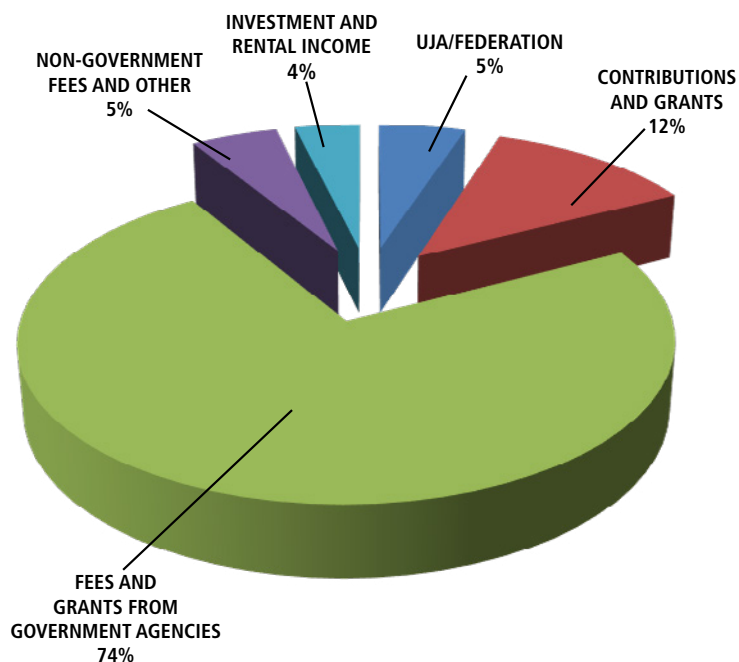
<b>SUPPORT AND REVENUE--OPERATING PUBLIC SUPPORT:</b>	<b>2019</b>	<b>2018</b>
UJA/FEDERATION	2,208,168	2,144,830
CONTRIBUTIONS AND GRANTS	4,580,775	4,648,267
SPECIAL EVENT NET OF EXPENSES	741,134	840,222
<b>TOTAL PUBLIC SUPPORT</b>	<b>7,530,077</b>	<b>7,633,319</b>
<b>REVENUE:</b>		
FEES AND GRANTS FROM GOVERNMENT AGENCIES	31,739,953	30,529,923
NON-GOVERNMENT FEES AND OTHER	2,209,005	2,507,350
INVESTMENT AND RENTAL INCOME	1,652,980	2,109,484
<b>TOTAL REVENUE</b>	<b>35,601,938</b>	<b>35,146,757</b>
<b>TOTAL SUPPORT AND REVENUE</b>	<b>43,132,015</b>	<b>42,398,425</b>
<b>EXPENSES - OPERATING:</b>		
PROGRAM SERVICES – CLINIC	11,698,368	10,504,648
PROGRAM SERVICES – COMMUNITY BASED	9,243,331	9,001,999
PROGRAM SERVICES – SERVICES FOR DEVELOPMENTALLY DISABLED	13,340,213	13,484,879
PROGRAM SERVICES – HOME CARE	4,498,099	3,449,190
MANAGEMENT AND GENERAL	4,487,657	5,590,230
FUNDRAISING AND DEVELOPMENT	468,040	367,479
<b>TOTAL EXPENSES – OPERATING</b>	<b>43,735,708</b>	<b>43,735,708</b>
<b>CHANGE IN NET ASSETS - OPERATING</b>	<b>(603,693)</b>	<b>381,651</b>
<b>NON-OPERATING REVENUE</b>		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	(527,499)	398,358
<b>CHANGE IN NET ASSETS</b>	<b>(1,131,192)</b>	<b>780,009</b>



## OPERATING EXPENSES



## OPERATING SUPPORT AND REVENUE



The complete audited financial statements including related notes and the Grassi & Co. CPAs P.C. opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services, 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: [www.wjcs.com/financial990](http://www.wjcs.com/financial990)

## WJCS IS:

- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH) including integrated mental health and substance abuse services.
- Approved to provide Home Health and Traumatic Brain Injury services and enabled a Home Health Training Program by the NYS Department of Health.
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD).
- Accredited by the American Psychological Association as a training site for doctoral psychology interns.
- Licensed by the Child Care Council of Westchester to provide childcare for school-aged children.
- Rated as meeting all standards by the Better Business Bureau of New York.
- An affiliate of Compeer, Inc.
- A founding member of Coordinated Behavioral Health Services
- Certified by Green Business Partnership

## WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- Federal Emergency Management Agency
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- U.S. Department of Justice
- New York State Department of Health
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office for People with Developmental Disabilities
- New York State Office of the Aging
- Westchester County Office of the County Executive
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Department of Probation
- Westchester County Office for Women
- Westchester County Youth Bureau
- City of Yonkers Community Development Block Grant (CDBG)
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- The School Districts of Chappaqua, Briarcliff, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Town of Cortlandt
- Montefiore Hospital DSRIP Coordinated Behavioral Health Services
- Hudson River Health Care

# wjcs Leadership

## EXECUTIVE STAFF

Seth Diamond, Chief Executive Officer  
Bernard Kimberg, LCSW, Chief Operating Officer  
John Douglas, M.D., Medical Director  
Debra Feldman, B.S., CPA, Chief Financial Officer  
Jeffrey Apotheker, Ph.D., Compliance Officer and Director, Quality Improvement and Mental Health Recovery Services  
Lauren Bassin, LCSW, Assistant Executive Director, Community Programs  
Sherry Birnbaum, LCSW, Assistant Executive Director, Jewish Programs  
Patricia Lemp, LCSW, Assistant Executive Director, Clinic-based Services  
Susan Lewen, B.A., Chief Development Officer  
Clive Mascarenhas, B.S., Chief Technology Officer  
Liane Nelson, Ph.D., Chief Psychologist; Director, Trager Lemp Center: Treating Trauma & Promoting Resilience  
Milagros Rivera, MBA, Director, Human Resources  
Shannon Van Loon, M.Ed., Assistant Executive Director, Children, Youth and Family Services

## LEADERSHIP/ADMINISTRATIVE STAFF

Janet Alpert, M.A., Director of Residential Services, Community Programs  
John Alterman, LCSW, Director, Hartsdale Family Mental Health Center; Director, Educational Institute  
Beverly Alvarez, M.S., Director, Academic and Career Support, Mary J. Blige Center  
Patricia Alvarez, LCSW, Supervisor, Trager Lemp Center: Treating Trauma & Promoting Resilience  
Miriam Arond, M.A., Director of Marketing and Communications  
Maria Bergamin, LCSW, Supervisor  
Shari Birnbaum-Baum, LCSW, Coordinator, Partners in Caring  
Ann Brammer, LCSW, Director, Mt. Vernon Mental Health Clinic  
Monica Brennan, LMSW, Supervisor, Yonkers DDO  
Rodney Campbell, B.S., Residence Manager, Maple House  
Verice Campbell, Residence Manager, Bryant House  
Ebony Carelock, M.Ed., Director, Wiener Academy for Young Women, Mary J. Blige Center  
Jean-Carlos Castro, MBA, Assistant Controller  
Carol Chu-Peralta, Ph.D. Staff psychologist, Trager Lemp Center: Treating Trauma & Promoting Resilience; Coordinator; Psychology Externship Program  
Cheoka Coleman, LMSW, Assistant Program Director, Family Matters  
Krystle Colon, LPN, Supervising Licensed Practical Nurse, Yonkers Family Mental Health Clinic  
Sharon Cottrell-Williamson, B.A., Supervisor  
Patrice Cuddy, B.A., Director, Parent-Child Home Program  
Hope Cunningham, MPA, Coordinator, Community Programs  
Sheri Curro, Client Information Systems Manager  
Robin L. Davies-Small, M.S., Coordinator, Shelanu  
Zoila De La Rosa, Residence Manager, Gramatan House  
Suzanne DeLasho, LCSW, Regional Director for Behavioral Health Services, Northern Westchester  
Diana Dlugash, M.S., Director of Client Information Systems & Strategic Initiatives  
Suzanne Doll, LMSW, Director, Linkages and Youth Success  
Timothy Dudic, B.A., Senior Grants Manager, Development  
Eleanor Einzig, LCSW, Coordinator, Geriatric Outreach Services  
Lee Englander, M.A., Coordinator, Autism Center  
Leroy Ennis, LCSW, Director of Yonkers School-Based Services  
Diana Eppolito, B.S., Development Officer  
Mary Esposito, Senior Office Manager  
Merydith Browne, Residence Manager, Palmer House  
Judy Fink, LCSW, Director, Geriatric Services  
Vicki Forbes, LCSW, Director, Building Better Beginnings & Infant-Toddler Learning Center  
Jean Fray, B.A., Residence Manager, Valdale House  
Rabbi Michael Goldman, M.A., Coordinator, Senior Programs in Mt. Vernon  
Zilah Gradwohl, M.S., Harry and Jeanette Weinberg Learning Center Supervisor  
Barbara Greene, MPH, Director, POINT Program  
Patricia Grossman, LCSW, Director, Outpatient Services for the Developmentally Disabled  
Consuelo Guerrero, LCSW, Supervisor, Yonkers Trager Lemp Center: Treating Trauma & Promoting Resilience, Latino Community Liaison

Brenda Haas, LMSW, M. Ed, Coordinator, Mental Health GPS  
Sasha Hanchard, Residence Manager, Beach House  
Joanne Helffrich, LCSW, Assistant Clinic Director, Peekskill Family Mental Health Clinic  
Gayley Henry, B.S., Coordinator, Community Programs  
Leslie Hernandez, Director of Admitting and Managed Care Administrator  
Kathryn Hickman, Ph.D., Coordinator JSO, Hartsdale  
Dawn Jardim, Residence Manager, Harrison House  
Donnamarie Jones, LCSW, Director, Peekskill Family Mental Health Center  
Richard Jones, B.A., Director, Training and Quality Assurance, Community Programs  
Carol Kobroff, MSW, Coordinator, Project Time-Out  
Alissa Koerner-Baalbaki, LCSW, Director, Yonkers Family Mental Health Clinic; EAP Coordinator  
Veronica Lalomia, Payroll Supervisor  
Catherine Kunin, LCSW, Supervisor  
Caitlin Leon, LMSW, Coordinator, Young People Achieve  
Norma Leon, B.A., HR Manager  
Christopher Libby, Ph.D., Assistant Director, Hartsdale Family Mental Health Center; Coordinator, DBT Program  
Norma Litman, LCSW, Supervisor, Outpatient Services for the Developmentally Disabled  
Micheline Malow, Ph.D., Director, Harry and Jeanette Weinberg Learning Center  
Eva Mason, B.S., Residence Manager, Chai House  
Ericka McCabe, A.S., Residence Manager, Hudson Terrace  
Mike McCabe, Supervisor, Information Services  
Tresha McIntyre, B.A., Director of Clinical Services, Community Programs  
Kathleen E. McKay, Ph.D., Coordinator, Court Assessment Program  
Catherine Mitchiner, Residence Manager, Bon Air House  
Meagan Molina, LMSW, Supervisor, Roosevelt High School  
William Mullane, Ph.D., Regional Director for Behavioral Health Services, Southern Westchester  
Carolyn Murphy, LCSW, Director, Family Matters and Care Management  
Dorothy Oswald, RN, Supervisor of Nursing, Chai and Beach House  
Sandra Perry, B.A., Residence Manager, Claudet House  
Jessica Piecyk, MSW, Assistant Program Director, Parent-Child Home Program  
Jill Phillips, BSN, RN, Director, Nursing Services  
Colleen Porrazzo, Executive Assistant and Psychology Internship Coordinator  
Deborah Procino, MBA, Director, Revenue and Reimbursement  
Areta Reid, B.A., Residence Manager, Cannon House  
Erica Rice, B.A., Revenue Accounting Manager  
Valerie Rissman, LCSW, Supervisor, NHTD/TBI Service Coordination  
Gillian Rittmaster, LMSW, Coordinator, Pathways to Care  
Valerie Rosen, MSW, Program Director, OnTrack NY  
Karen Rosenthal, B.S., Controller  
Joanne Ruckel, LCSW, Assistant Director, Mt. Vernon Family Mental Health Clinic  
Erica Sabol, LCSW, Supervisor, Family Matters  
Paula Santa-Donato, LCSW, Director of Youth Services  
Alison Savitch, LCSW, Assistant Program Director, POINT  
Rachel Scherer, M.S., Privacy Officer  
William Schollmeyer, Director, Facilities Management  
Deborah Schrag, MSW, Coordinator, Cash Relief and Holocaust Services  
Jill Schreiber, LCSW, Coordinator, Jewish Programs  
Lisa Scott, B.A., Director, Center Lane  
William Siburn, B.S., Director of Finance  
Rebecca Sigman, MPA, Director of Community Engagement  
Jane Slevin, M.S., Coordinator, Pathways to Care  
Elana Spira, Ph.D., Director, Research  
Laura Stein, LMSW, Coordinator, COMPEER  
Rosemarie Stewart, B.S., Residence Manager, Claremont House  
Elizabeth Thompson, LCSW, Director, Margaret's Place  
Sylvana Trabou, LCSW, Assistant Director, Trager Lemp Center: Treating Trauma & Promoting Resilience; Coordinator, Partner Abuse Intervention Program  
Amanda Vassallo, LCSW, Assistant Director, Yonkers Family Mental Health Clinic  
Shamar Watson, LMSW, Program Coordinator, Margaret's Place, Volunteer Corps  
Rabbi Pamela Wax, M.A., Spiritual Care Coordinator, Jewish Programs  
Ellen Weisberg, LMSW, Coordinator, Project Seed, Jewish Programs  
Heidi Weiss, LMSW, MHA, Coordinator, Addressing Alzheimer's

# wjcs Fast Facts

## **MENTAL HEALTH**

WJCS, the largest not-for-profit provider of licensed outpatient mental health services in Westchester, offers evidence-based treatment to thousands of individuals of all ages struggling with depression, anxiety, ADHD, and other mental health challenges.

## **TRAUMA**

The renowned WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience provides trauma treatment and resilience-building programs to adult and child survivors of sexual abuse and domestic and community violence as well as individuals who have suffered from other traumatic experiences.

## **INTELLECTUAL AND DEVELOPMENTAL DISABILITIES**

WJCS offers individuals with intellectual and developmental disabilities, including those on the autism spectrum, social activities, skill-building classes, emotional support services, and community residences.

## **CHILDREN, YOUTH, AND FAMILIES**

WJCS provides “cradle to college” programming, including early literacy, after-school enrichment, and violence prevention and anti-bullying education.

## **OLDER ADULTS**

WJCS geriatric services support older adults, allowing them to age safely and well in their homes and communities, whenever possible.

## **JEWISH COMMUNITY**

WJCS is the 4-1-1 and 9-1-1 for the Westchester Jewish community. Jewish programming includes education, information, social activities, spiritual healing, and support to synagogues, day schools, nursery schools, assisted living centers, Holocaust survivors and their families, and to those needing help in a crisis.



[www.wjcs.com](http://www.wjcs.com)

845 N. Broadway, White Plains, NY 10603

914-761-0600 • [info@wjcs.com](mailto:info@wjcs.com)