



wjcs
Westchester Jewish
Community Services

2018 ANNUAL REVIEW



Strengthening Lives. Shaping Futures.



Myriam Barenbaum, LCSW, Coordinator of the WJCS Nurturing Parenting Program of Southern Westchester, presenting at an event hosted by Senator Jamaal Bailey for Domestic Violence Awareness Month.



Keynote Speaker Lisa Scott, Director of WJCS Center Lane, at the 2018 Pride Conference at Purchase College.



COO Bernie Kimberg with former WJCS CEO Alan Trager at Alan's retirement party in June 2018



WJCS CEO Seth Diamond with New York State Senator Andrea Stewart-Cousins, a guest speaker at the 2018 Summer Wiener Academy for Young Women at the Mary J. Blige Center.



New Rochelle Mayor Noam Bramson, guest reader at WJCS' Week of the Young Child event, hosted by WJCS Parent-Child Programs.



New York State Senator David Carlucci (left) with Paula Santa-Donato, WJCS Director of Youth Services (far left), WJCS CEO Seth Diamond (right), and Eva Hausler (far right), Coordinator of Young People Achieve, a WJCS program in Ossining dedicated to helping teen moms finish high school, learn about child development, and gain parenting skills.



Volunteers from the Sales Excellence team at MasterCard created arts and crafts packages for individuals with developmental and intellectual disabilities living in WJCS community residences and gift bags filled with diapers, rattles, and more for new parents in the WJCS Young People Achieve program.



WJCS Board members Susanne Yearley, Sarah Kayle, Linda Plattus, and Nina Ross with WJCS client, Tyler at a luncheon to support the WJCS 13th Annual Have a Heart for the Holidays Gift Drive.



Over 60 intergenerational families from our WJCS' Holocaust Survivors group came together to celebrate Hanukkah.

wjcs #75YearsStrong



Seth Diamond,
Chief Executive Officer



Neil Sandler,
President

Seventy five years ago, Westchester Jewish Community Services began serving our county's residents. The founders of WJCS believed deeply in improving the lives of Westchester residents. In those early years, with two social workers, WJCS helped about 100 families annually, with a budget of less than \$15,000 a year.

In the post-war years, Westchester grew quickly and became the diverse community of nearly a million residents that is home to many of us. WJCS is, in many ways, unrecognizable from those modest early days. But even as we've expanded to an agency in which 750+ people proudly serve over 20,000 people annually, that commitment to making lives better for Westchester residents has not only remained but grown stronger.

As the largest provider of outpatient mental health services and one of the largest human service agencies in the county, WJCS provides a full range of trauma-informed, evidence-based treatments and programs to help individuals and families of all ages and backgrounds. This year, we expanded our services, offering substance abuse treatment to those who have a primary mental health need. We have increased our collaboration with primary care providers to better treat our clients and to prepare for changes in the health care world that require all providers of services to be more effectively integrated. We have

given Youth Mental Health First Aid training to staff at schools and camps, and to other organizations so adults can identify mental health problems and potential crises and refer individuals for treatment.

We are proud that this year we helped more women than ever obtain their high school equivalency diploma in our Academic and Career Support Program. Through our Center Lane program, we increased our assistance to school staff who need help in working with students who are questioning their sexuality. As awareness of the social, spiritual, recreational, and vocational needs of young adults with autism has grown, WJCS has provided services through its Shelanu and POINT programs to an increasing number of individuals. Our group homes provide essential support for nearly 100 individuals with development disabilities, allowing them to reach their greatest goals.

We're deeply committed to strongly serving the county's Jewish community. When tragedy struck a Pittsburgh synagogue on that horrible October morning, WJCS social work staff were immediately available to help heal and provide comfort in Westchester. When synagogues and day schools have a family in need, WJCS is often the first call they make.

It takes a community of support to provide these and many other services to our neighbors. We want to thank our government and foundation partners and the strong support we have always received from our Board of Directors, donors, and volunteers. On this, our 75th anniversary, we thank you for being with us on this journey and look forward to continuing to work with you to make all of us #WJCS proud!

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75 Years of Service

In 2018, during this milestone 75th anniversary year, we are proud to say that WJCS has become known as both the 9-1-1 and the 4-1-1 of Westchester. As the largest provider of outpatient community-based mental health services and one of the largest human service organizations in Westchester County, WJCS helps individuals and families struggling with all types of challenging and crisis situations and provides and directs them to the resources they need.

Our 80+ programs create an essential safety net for Westchester residents of every age and background who face life challenges. Whether they're preschoolers in our early literacy programs, victims of domestic violence or sexual abuse, individuals on the autism spectrum, LGBTQ teens who are bullied at school, seniors receiving geriatric care services,

or are addressing other obstacles, exceptionally trained and compassionate WJCS professionals are here to offer a helping hand.

While the range of services WJCS offers is vast, the standards to which we are committed are shared throughout the agency. Delivering **evidence-based, trauma-informed care**, assuming a **leadership role** in Westchester by **modeling the highest quality services, strengthening relationships** with elected officials and faith-based, and community organizations to **accelerate positive change**, and **advocating for the most vulnerable** are top priorities at WJCS. **Program evaluation and data analysis** are conducted regularly to facilitate and ensure quality improvement and assessment of outcomes.



to Westchester County



EXPANSION OF MENTAL HEALTH SERVICES

WJCS increased the number of mental health services it offered in 2018 in a multitude of ways, with over 3,900 individuals in challenged communities receiving innovative and caring treatment. We boosted our capacity to serve clients with histories of trauma by practicing a new research-supported treatment called Cognitive Processing Therapy and expanded services offered by our peer specialists, including the number of wellness recovery groups. We added a therapeutic social skills group for teens with autism spectrum disorder.

WJCS integrated mental health and substance use treatment by starting Seeking Safety groups in clinics. Fifty percent of WJCS' clinic staff was trained in research-supported treatments for substance use disorders, including

Dialectical Behavioral Therapy (DBT) for Substance Use Disorders and Integrated Harm Reduction Psychotherapy. DBT groups were launched in Spanish.

WJCS developed an intensive outpatient services (IOP) program for clients who require more frequent and intensive treatment to help reduce their psychiatric symptoms and avoid hospitalization. Telepsychiatry services were introduced within our clinics to improve access to psychiatric services. We implemented new management systems to improve collaboration and efficiency within our treatment teams.

WJCS continued to improve health and mental health outcomes through the presence of Licensed Practical Nurses in our clinics and through innovative collaborations with Montefiore Hudson Valley Collaborative. We've established new processes for immediate outreach to clients when they have been hospitalized or taken to the emergency room to ensure that our clients have the best health outcomes possible. We launched a new school-based crisis stabilization program servicing six Yonkers schools, in partnership with Family Ties of Westchester and Family Services of Westchester. We've increased the number of Spanish-speaking services in our two Peekskill elementary school clinics, and achieved an 89% success rate of improving the likelihood of academic success.

WJCS' Educational Institute, fulfilling its mission to provide the most current training for our staff as well as other professionals and the community at large, offered courses including: Organizational Skills Training, Initial

Assessment and Risk Evaluation for Children, Introduction to DBT, and assessing and addressing disassociative symptoms.

WJCS mental health professionals serve on key Westchester government committees, including the Department of Community Mental Health's Co-Occurring System of Care Committee, Department of Community Mental Health's CCSI Committee, The City of Yonkers Mayor's Health Advisory Board, and The Westchester County Trauma Committee.

ADDRESSING THE NEEDS OF CHILDREN, YOUTH, AND FAMILIES

Research has consistently shown that a healthy parent-child bond and boosting language and early literacy skills of preschool children from low-income families are vital for them to enter school ready to learn at the same level as their socio-economically advantaged peers. In 2018, WJCS expanded the Parent-Child Home Program to Tarrytown, with home visitors promoting positive parental engagement and a language-rich home environment for 15 new families. WJCS introduced Building Better Beginnings, our mental

health consultation model, to Uriah Hill pre-K program in the Peekskill School District. The Wiener Academy for Young Women started a wellness group through a partnership with the WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience.

WJCS Center Lane launched a new and highly successful summer Pride Camp for LGBTQ teens. Young People Achieve, a program that supports pregnant/parenting teens in completing their high school education, avoiding a second pregnancy, enhancing their parenting skills, and moving toward economic self-sufficiency, led multiple parenting workshops throughout the year at White Plains library. The number of Youth Mental Health First Aid and adult Mental Health First Aid trainings offered by WJCS significantly increased, impacting a growing number of professionals in youth-centered organizations throughout Westchester. A record number of students in the Academic Career Support program at the Mary J. Blige Center for Women earned their high school equivalency, an achievement that will not only improve the lives of these fourteen individuals but have a positive effect on their families for generations to come.



COMMUNITY SUPPORT FOR ALL

POINT, a supportive community for adults with developmental disabilities, including those on the autism spectrum, celebrated its 10th anniversary with a picnic at which over 100 people attended. Over the past decade, POINT has grown and now has 58 participants, a large percent of whom are competitively employed. Among this year's highlights was a four-day trip to Nashville.

The Jewish Programs division partnered with 40 synagogues, day schools, Jewish community centers, nursery schools, and geriatric centers throughout Westchester County, offering educational programs, on-site support services, and holiday celebrations for individuals with disabilities. Discussion groups and holiday gatherings help Holocaust survivors and the second and third generation groups deal with the past and create a better present. A twice-weekly program for seniors includes music and fitness classes as well as a kosher lunch. Kosher meals are delivered for the homebound in the community. Shelanu, a Jewish young adult community for individuals on the autism spectrum from ages 18-35, provided a robust schedule of activities, including holiday celebrations, a trip to Rye Playland, visits to the farmer's market, discussion groups, and social skills classes.

The Community Programs Division operates 13 group homes for 97 adults with intellectual and developmental disabilities. It was appointed by the Office for People With Developmental Disabilities as the Individual Support Service provider for 12 apartments in a new low income building in New Rochelle. The building broke ground in 2018 and is expected to open in January 2020. Community habilitation/skill development services will be available to residents.

Caring for vulnerable seniors, the fastest growing age segment in Westchester County, is vital to the WJCS mission. WJCS geriatric care social workers made approximately 400 home visits. WJCS launched a unique dementia-palliative care program for older adults who are mobility challenged with the Montefiore-



Einstein Center for the Aging Brain, enabling homebound seniors to receive geriatric assessment conducted by a physician and counseling, resource, and other support services by a WJCS social worker.

VOLUNTEER VITALITY

Over 250 hard-working, enthusiastic volunteers make us WJCS Proud. The Mt. Vernon After-School Academy substantially increased its volunteer engagements, with 90 volunteers now offering their skills and time to provide academic and cultural enrichment to students in under-resourced communities. Our annual Back to School Drive, an initiative supported by many WJCS volunteers and partnering organizations, enabled over 1,000 children from economically-challenged families to start the school year with new backpacks, supplies, and back-to-school outfits. Our annual Have a Heart for the Holidays Drive, raised a record-breaking \$7,500 in donations, providing holiday gifts and gift cards to hundreds of children who might not have received any otherwise.



CARING, CONNECTION, COMPASSION

WJCS' commitment to educating and helping Westchester residents was, as always, showcased in many ways in 2018. WJCS professionals were interviewed on television and for newspapers about suicide prevention, sex abuse, and youth mental health, spoke at public events about domestic violence and LGBTQ culture, and led workshops at senior centers to help caregivers of individuals with dementia cope more effectively. *The New York Times* Neediest Cases featured a WJCS visually-impaired client who receives help, including an assistant to help with errands, like laundry and shopping, from WJCS Project Time Out. Recognition by the Westchester Board of Legislators for 75 years of service to the Westchester community was celebrated with a proclamation and the designation of May 8 as WJCS Day in Westchester County.



WJCS Agency Awards 2018

EMPLOYEE OF THE YEAR

Ann Brammer

Director, Mt. Vernon Family Mental Health Clinic

THE BATKIN AWARD FOR OUTSTANDING SERVICE TO PEOPLE WITH DEVELOPMENTAL DISABILITIES

Diane Klein

Coordinator of Habilitation & Behavioral Services, Community Programs

CLINICAL STAFF AWARD

Patricia Alvarez

Supervisor, Trager Lemp Center: Treating Trauma & Promoting Resilience

LEONARD ROHMER AWARD FOR OUTSTANDING PROFESSIONAL ACCOMPLISHMENT

Heidi Weiss

Health Care Specialist, Jewish Programs

HOME HEALTH AIDE OF THE YEAR

Pansy V. Crooks



From left: Pansy Crooks, Ann Brammer, Diane Klein, Heidi Weiss, and Patricia Alvarez

Financial Statement

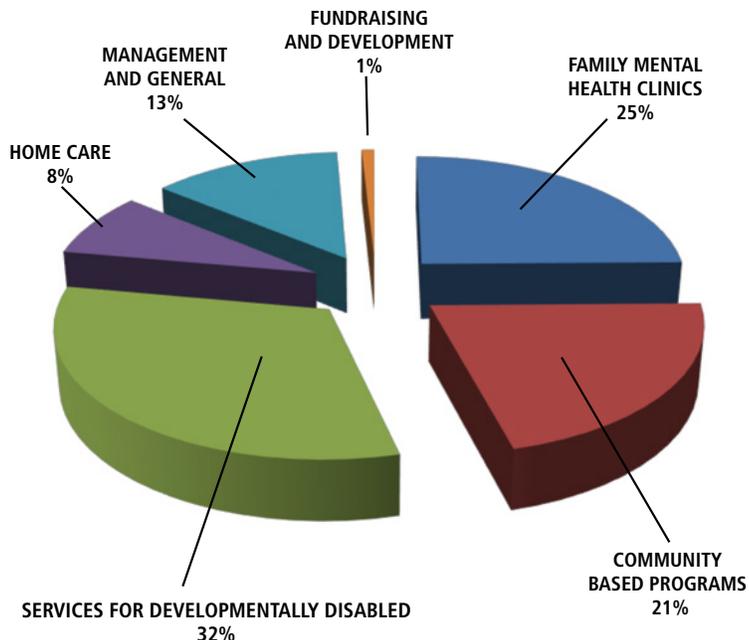
WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2018 AND 2017.

	2018	2017
ASSETS		
CASH AND CASH EQUIVALENTS	1,302,382	2,020,666
RECEIVABLES	5,902,745	5,407,813
INVESTMENTS	32,645,154	31,707,381
PROPERTY AND EQUIPMENT NET	8,861,328	9,210,514
OTHER ASSETS	383,070	306,274
TOTAL ASSETS	49,094,679	48,652,648
LIABILITIES		
ACCRUED EXPENSES AND OTHER PAYABLES	8,310,400	8,336,573
LOANS PAYABLE	3,341,563	3,653,368
TOTAL LIABILITIES	11,651,963	11,989,941
NET ASSETS		
UNRESTRICTED	17,561,401	17,773,614
TEMPORARILY RESTRICTED	16,081,160	15,088,938
PERMANENTLY RESTRICTED	3,800,155	3,800,155
TOTAL NET ASSETS	37,442,716	36,662,707
TOTAL LIABILITIES AND NET ASSETS	49,094,679	48,652,648

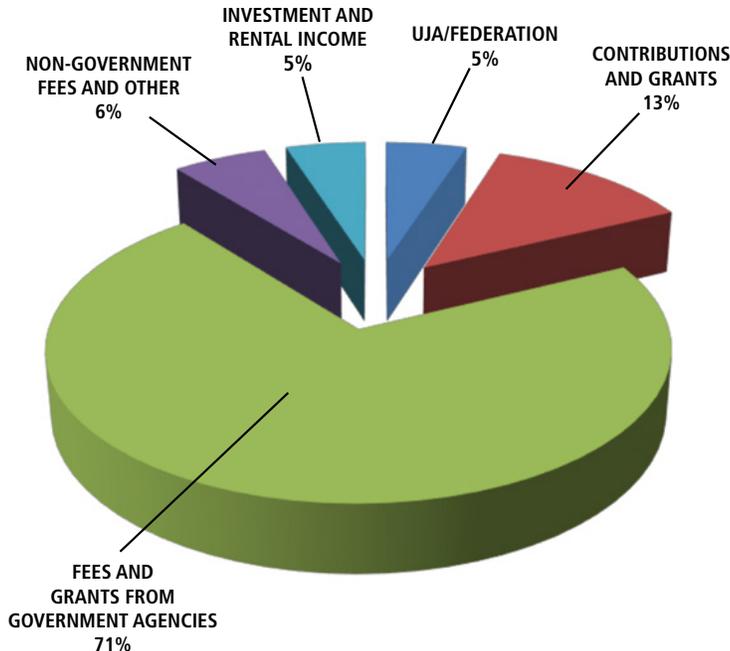
WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2018 AND 2017.

	2018	2017
SUPPORT AND REVENUE—OPERATING PUBLIC SUPPORT:		
UJA/FEDERATION	2,144,830	2,130,492
CONTRIBUTIONS AND GRANTS	5,052,971	3,926,216
SPECIAL EVENT NET OF EXPENSES	435,518	568,688
TOTAL PUBLIC SUPPORT	7,633,319	6,625,396
REVENUE:		
FEES AND GRANTS FROM GOVERNMENT AGENCIES	30,529,923	29,628,008
NON-GOVERNMENT FEES AND OTHER	2,507,350	2,536,654
INVESTMENT AND RENTAL INCOME	2,127,317	1,060,192
TOTAL REVENUE	35,164,590	33,224,854
TOTAL SUPPORT AND REVENUE	42,797,909	39,850,250
EXPENSES - OPERATING:		
PROGRAM SERVICES – CLINIC	10,504,648	9,305,798
PROGRAM SERVICES – COMMUNITY BASED	9,001,999	8,853,817
PROGRAM SERVICES – SERVICES FOR DEVELOPMENTALLY DISABLED	13,484,879	12,857,274
PROGRAM SERVICES – HOME CARE	3,449,190	3,535,047
MANAGEMENT AND GENERAL	5,590,230	4,828,762
FUNDRAISING AND DEVELOPMENT	367,479	251,571
TOTAL EXPENSES – OPERATING	42,398,425	39,632,269
CHANGE IN NET ASSETS - OPERATING	399,484	217,981
NON-OPERATING REVENUE		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	380,525	2,394,252
PERMANENTLY RESTRICTED SUPPORT		1,800,155
CHANGE IN NET ASSETS	780,009	4,412,388

OPERATING EXPENSES



OPERATING SUPPORT AND REVENUE



The complete audited financial statements including related notes and the Lederer, Levine & Associates, LLC opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services, 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: www.wjcs.com/financial990

WJCS IS:

- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH) including integrated mental health and substance abuse services.
- Approved to provide Home Health and Traumatic Brain Injury services and operate a Home Health Training Program by the NYS Department of Health.
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD).
- Accredited by the American Psychological Association as a training site for doctoral psychology interns.
- Licensed by the Child Care Council of Westchester to provide childcare for school-aged children.
- Rated as meeting all standards by the Better Business Bureau of New York.
- An affiliate of Compeer, Inc.
- A founding member of Coordinating Behavioral Health Services

WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- Federal Emergency Management Agency
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- New York State Department of Health
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office for People with Developmental Disabilities
- New York State Office of the Aging
- Westchester County Office of the County Executive
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Department of Probation
- Westchester County Office for Women
- Westchester County Youth Bureau
- City of Yonkers Community Development Block Grant (CDBG)
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- The School Districts of Chappaqua, Briarcliff, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Town of Cortlandt
- Montefiore Hospital DSRIP Coordinated Behavioral Health Services
- Hudson River HealthCare

Thank You to Our Generous Donors

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 repairing the world. What better feeling is
 there than to help others lead their best lives?”

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MENTAL HEALTH

Adult and Child Care Management

Community-based services for people with chronic health or mental health conditions, 237-6089 x23

Child Sexual Abuse Treatment Program*

Treatment for children and adult survivors of sexual abuse, 949-7699 x475

Court Assessment Program

Professional psychiatric and psychological assessments for use by the legal system, 949-7699 x452

Cross Systems Unit*

A collaboration with DSS to assist families seeking Family Court help, 316-9824

Domestic Violence Program*

Therapy for adults and children affected by family violence, 949-7699 x471

Family Matters

Mental health services, case management for youth with serious emotional disturbances, 237-6089

Geriatric Mental Health Services

Mental health and case management services for seniors, 949-7699 x429

Hartsdale Family Mental Health Center

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 949-6761 or 949-7699

Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 237-6089

Juveniles Starting Over*

Treatment and assessment of youth with problematic sexual behavior, 949-7699 x470

Linkages/Youth Success*

Mental health assessment and support for youth in the probation system, 813-7929

Mt. Vernon Family Mental Health Clinic

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 668-8938

Nurturing Parents*

A support group that provides trauma-informed, preventative, educational workshops and comprehensive support for women and their young children affected by domestic violence, 423-4433 x 21

Peekskill Family Mental Health Clinic

Counseling, psychiatric, specialty, and Intensive Outpatient Services in clinic setting for adults and children, 737-7338

Peekskill School-Based Satellite Clinics (SCOPES)

School-based mental health services for Peekskill schools:

- **Woodside Elementary school** 734-1359
- **Oakside Elementary School** 737-1591

Safe Harbor*

Consultation to Westchester Department of Social Services for commercially and/or sexually trafficked minors, 231-2781

Social Clubs

Provides social and recreational activities for people recovering from mental illness, 528-6995

- **Favonian Club** in Peekskill
- **Grasslands** life skills program in Valhalla, 231-4200
- **Our Social Club** for residents of Mohegan Park Home
- **Sunshine Social Club** located in Mohegan Lake

Trager Lemp Center: Treating Trauma & Promoting Resilience

Research-proven treatment for childhood sexual abuse and trauma, 949-7699 x475

Trauma Therapist at District Attorney's Office*, 995-5165

Whitehill Counseling Service

Fee-supported mental health services, 737-7338 x20

WJCS Satellite Clinic @ Hudson River HealthCare

Mental health services for children in a pediatric practice, 423-4433 x 55

Yonkers Dept. of Social Services

Satellite Clinic Crisis intervention and counseling to families involved with DSS, 231-2604

Yonkers Family Mental Health Clinic

Counseling, psychiatric specialty, and Intensive Outpatient Services in clinic setting for adults and children, 423-4433

Yonkers School-Based Satellite Clinics:

Mental health services for Yonkers schools: Cross Hill Academy, Martin Luther King Academy, Roosevelt High School, and School 18, 376-8174

Yonkers School-Based Crisis Stabilization Services

Short-term mental health crisis management services to several Yonkers schools, 330-7961

Youth & Adult Mental Health First Aid Training

Teaches warning signs to respond to mental health challenges and crises, 761-0600 x322

CHILDREN/FAMILIES

Academic and Career Support

Adult basic education, TASC (formerly GED) prep, and job readiness, 965-9140 x23

After-School Academy

After-school educational support and enrichment in Mount Vernon; Amazing Afternoons at Edward Williams Elementary School, 699-5296 and "Off the Street" at Hamilton Elementary School, 668-8938 x307

Building Better Beginnings

Mental health consulting services to daycare centers and Head Start programs, 595-0041

Center Lane

Community center, resources, and support for LGBTQ youth, White Plains & Yonkers, 423-0610

Emergency Food Pantry

Food supplies funded by contributions from synagogues and organizations, located at the Mary J. Blige Center in Yonkers, 965-9140

Infant-Toddler Learning Center

Parenting education and children's early learning, 965-9140 x14

Margaret's Place

In-school violence prevention, intervention, and education in partnership with the Joe Torre Safe At Home Foundation, 949-7699 x473

- **Cross Hill Academy**, Yonkers
- **Peekskill Middle School**
- **White Plains High School**

Parent-Child Center (PCC)/ Parent-Child Home Program (PCHP)

PCC offers a fully-equipped drop-in center with toys, music, and more, in New Rochelle. PCHP provides home visits with child development experts who teach parenting skills, early literacy, and child development, 949-7699 x424

Wiener Academy for Young Women

After-school girls' academic and personal development and enrichment, 965-9140

Young People Achieve

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 762-5760 x2352
- **Sleepy Hollow High School**, 333-0063
- **White Plains High School**, 422-5026

*Part of WJCS Trager Lemp Center for Treating Trauma & Promoting Resilience

JEWISH PROGRAMS

Addressing Alzheimer's

Support for people with Alzheimer's and other forms of dementia as well as their caregivers, 761-0600 x144

Bereavement Services

Support for those coping with the loss of a loved one, 761-0600 x142

Caregiver Support

Assistance for individuals caring for a loved one living in Westchester over the age of 60, 761-0600 x 143

Center for Jewish Programs

Counseling, support, and spiritual programs for the Jewish community, 761-0600 x140

Career>Connect

Employment Services

Resources and support for Jewish job seekers, 761-0600 x170

Guiding Parents through Services (GPS)

Connects Jewish families to behavioral health services for children, 761-0600 x318

Havorah Program

Jewish holiday celebrations for people with developmental disabilities, 761-0600 x140

Holocaust Program

- Groups for Holocaust survivors and their families, 949-7699 x541
- Subsidized home health care, 761-0600 x232

Jewish Spiritual Healing Center

Programs providing for solace through Jewish traditions, 761-0600 x149

Partners in Caring and Partners in Schools

On-site counseling, educational and informational programs in synagogues and Jewish day schools, nurseries, and community and geriatric centers, 761-0600 x145

Pathways to Care

Counseling for people coping with advanced illness or bereavement, 761-0600 x143

Project Locator

Provides location bracelets for people with Alzheimer's and other related dementias, 761-0600 x230

Project SEED

Helps teachers in early childhood centers in the Jewish community support children's emotional development, 761-0600 x146

Shelanu

A membership community for young Jewish adults with autism, 761-0600 x404

DEVELOPMENTAL & INTELLECTUAL DISABILITIES/AUTISM

Autism Center

Advocacy, support groups, resources for children, adults, and families, 761-0600 x228

Community Habilitation Services

Essential life-skills training for individuals in the POINT program, 761-0600 x126

CORDD

Crisis support for families in non-life threatening situations with children or adults with autism or developmental disabilities, 949-7699 x455

Counseling for People with Developmental Disabilities

Mental health services for individuals and families with developmental disabilities, 949-7699 x455

Harry & Jeanette Weinberg Learning Center

Educational services for individuals with developmental disabilities and other learning challenges, 949-7699 x464

Moving Forward

Social club for adults with developmental disabilities, 949-7699 x455

Parent Management Training

Support for parents in managing difficult behaviors of children with developmental and intellectual disabilities, 949-7699 x408

POINT

Community Independent living program for young adults with intellectual and developmental disabilities, 761-0600 x175

Project Lifesaver

Provides locator bracelets for people with autism who may wander, 761-0600 x228

Residential Housing

Supervised and supportive living opportunities certified by New York State OPWDD for individuals with Intellectual and Developmental Disabilities. 761-0600 ext. 128

- **Barker Avenue**, White Plains
- **Beach House**, Mamaroneck
- **Bon Air House**, New Rochelle
- **Bryant House**, White Plains
- **Cannon House**, Eastchester
- **Chai House**, White Plains
- **Claremont House**, Mt. Vernon
- **Claudet House**, Eastchester
- **Gramatan House**, Mt. Vernon
- **Harrison House**, Harrison
- **Hudson Terrace**, Sleepy Hollow
- **Maple House**, Harrison
- **Palmer House**, Larchmont
- **Valdale House**, Yonkers

Spectrum Baseball

Baseball program for children with autism spectrum disorders, 949-7699 x455

Taft Community Room

A space for social and educational activities for youth with developmental disabilities, 761-0600 x108

Therapeutic Social Groups

Evidence-based groups for children and teens with autism, 949-7699 x455

Vocational and Educational Center

A hub for learning and job skills training for individuals with developmental disabilities, 761-0600 x108

OLDER ADULTS

Geriatric Care Management

Comprehensive services for seniors, including living options, 761-0600 x340

Geriatric Information and Referral

Provides information on programs, services, and benefits for seniors, 761-0600 x340

Livable Communities Project

Helps seniors remain in their homes and communities, 761-0600 x314

Project Time-Out

Provides respite for caregivers, 761-0600 x310

Senior Programs in Mt. Vernon

Social, recreational, educational, and holiday activities for seniors, 668-4350

HOME CARE

Home Health Aide Training

Training and certification for personal care and home health aides, 761-0600 x311

Home Health Services

Accredited, NYS-licensed home care agency serving Westchester and the Bronx, 761-0600 x339

TBI/Nursing Home Transition and Diversion Program

Medical waiver program for in-home services for adults eligible for nursing home care, 761-0600 x344

VoiceCare

Referral service for emergency alert devices and monitoring system, 761-0600 x311

RESEARCH/TRAINING

Psychology Externship Training

Accredited training program for doctoral candidates, 949-6761 x488

Psychology Internship Training

Accredited training program for advanced doctoral students, 949-7699 x475

Educational Institute

Courses, workshops, conferences, and lectures for WJCS staff and the community at large, 949-7699 x474

Research and Evaluation

Data collection, analysis, and quality control to ensure WJCS programs and services use evidence-based practices, 914-761-0600 x234

VOLUNTEERING

COMPEER

Volunteers helping adults recovering from mental illness, 761-0600 x208

Volunteer Recruitment

A wide range of opportunities for volunteers, 761-0600 x222

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