

*Strengthening Lives.
Shaping Futures.*



2017 ANNUAL REVIEW

wjcs

Westchester Jewish
Community Services



At the Annual Gala with honorees and WJCS board members Bruce Freyer, left, and Froma Benerofe, third left, are board president Neil Sandler, second left, CEO Alan Trager, Westchester County Executive Rob Astorino and COO Bernie Kimberg.

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Celebrating the 35th anniversary of the pioneering Treatment Center for Trauma and Abuse now renamed Trager Lemp Center: Treating Trauma & Promoting Resilience are: from left, Deputy County Executive Kevin Plunkett; Liane Nelson, PhD, chief psychologist and director of the Trager Lemp Center; Pat Lemp, assistant executive director of clinic-based services; CEO Alan Trager; Joe Kenner, deputy commissioner, Westchester County Dept. of Social Services, and Michael Orth, Commissioner, Westchester County Department of Community Health.

Presenting a generous donation to help launch "Just Me," a new WJCS pilot program for preschoolers are Alan Waxenberg and Natalie Robinson, fifth and sixth from left, chairs of the Metropolis Country Club Foundation. With them are, from left, Susan Lewen, chief development officer; Sarah Kayle, board member; Shannon Van Loon, assistant executive director, children, youth and family services; COO Bernie Kimberg, and Vicki Forbes, director of the infant-toddler programs.



WJCS INSPIRED



Alan Trager,
Chief Executive Officer



Neil J. Sandler, President

Dear Friends:

During 2017, the many faces of WJCS continued to inspire our work to provide the highest quality mental health, trauma, youth, geriatric, disabilities and home care services.

The 20,000 strong and resilient faces of our clients who conquer significant life challenges every day inspired us. We were inspired by the resilience of teens struggling with anxiety and depression; the resolve of mothers participating in parenting classes to break the cycle of trauma, violence and abuse; parents dealing with the intense emotions of supporting a transgender child; family members caring for their loved ones at the end of their lives; and the young adult with disabilities proudly stepping foot into his own apartment for the first time, with the support of his parents and our staff.

The transformation of healthcare and transition to a value-based system has allowed WJCS to establish new and vibrant partnerships, embrace new technologies and expand our focus on using metrics to determine the results and impact of our work. This has helped us to more fully actualize the promise of improved client experiences, better health outcomes, greater cost-savings and increased work satisfaction for staff in our mental health clinics and services for people with disabilities.

Our continued focus on trauma, and its often devastating effects on the people we serve, has allowed WJCS to enhance all programs through an agency-wide training initiative that has fortified us as a trauma-informed agency; and we continue our leadership throughout the county in promoting a trauma-informed system of care.

Community partnerships and our direct work with individuals and families in local neighborhoods throughout Westchester bring the realities of poverty, race and the social determinants of health to the forefront.

We thank the more than 750 WJCS staff members who work tirelessly to help vulnerable people and communities, our government, foundation and nonprofit partners who constantly remind us that we cannot do this work alone, and the generous and dedicated Board of Directors, donors and volunteers who support our work.

As we reflect on 2017, we note that one of us will be retiring in 2018. "I am so proud, so appreciative, and so humbled as I reflect upon my 42 years at WJCS and the incredible growth of our agency and the impact of our services over these many years," Alan noted. "All those faces – of clients, staff, board and volunteers – will forever stay with me and inspire me."

We again express our gratitude to all those in the community that strengthen our work and make WJCS proud and inspired!

Thank you.



President

Neil J. Sandler

Vice Presidents

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Honorary Members

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Maida S. Silver, PhD
Robert M. Stavis
Michel Araten
Carol Corbin
Barry Kaplan

*deceased

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THROUGHOUT ITS 74-YEAR HISTORY, WJCS has grown and transformed to meet the needs of people of all ages and backgrounds in Westchester County—and this year was no different. WJCS introduced new programs and broadened its reach with the goal of continuing to provide outstanding care and assistance to Westchester residents. As is clear from just some of the following highlights of 2017, WJCS continues to strengthen the lives of people in almost every age and demographic group.

ENHANCING CLINICAL CARE

To address the serious opioid epidemic sweeping the region and the US, WJCS acquired an enhanced clinic license to offer treatment for substance abuse to individuals also struggling with a mental illness. Additionally, WJCS clinics expanded to offer “Intensive Out-Patient Services” for individuals at risk for hospitalization, or stepping down from a hospital, thereby reducing their need for emergency room visits or hospital stays.

In anticipation of healthcare reform moving toward value-based payment in 2020, WJCS clinics have been tracking “treatment outcomes,” to demonstrate the effectiveness of evidence-based treatment employed in the clinics. Care managers in Yonkers received intensive training and supervision to help improve their engagement and outcomes in work with clients at risk for hospitalization, thanks to a grant from Montefiore. To further this effort, **WJCS Educational Institute** continued clinical trainings in evidence-based/outcome-oriented practice.

A YEAR OF ENHANCEMENT, EXPANSION, EMPOWERMENT AND CELEBRATION

All four WJCS clinics continue to offer Dialectical Behavioral Therapy (DBT) in response to outcome data demonstrating that it improves quality of life for clients and reduces hospitalizations for high-risk individuals.

Screenings for depression are administered to all clients by WJCS clinicians. The evaluation for and monitoring of depression, the most common of all mental health diagnoses, enabled WJCS to improve its intervention plan, apply effective research-proven treatment and alleviate the debilitating condition.



EXPANDING PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

POINT, the independent living community for young adults with developmental disabilities, expanded to 14 apartments in White Plains, as it celebrated its ninth year with 58 participants, the largest number in its history.

The Community Programs division, with 14 group residences for individuals with intellectual and developmental disabilities began preparing to operate 12 apartments in New Rochelle, as a result of an agreement with New York State and a real estate developer.

Implementing a “person-centered” approach in services for individuals with disabilities remained a high priority. With an eye to increasing social interaction and physical mobility, as well as promoting the importance of giving back, participants in group homes and Shelanu worked in a community garden and donated the vegetables to a local food pantry and made goodie bags for a homeless shelter.

The Vocational Center trained 70 individuals with disabilities in job-readiness skills and identified internship and placement opportunities. Relationships were forged with Jawonio, Girl Again, Apple and Berkeley College.

EMPOWERING CHILDREN AND PARENTS

The Parent-Child Center introduced a new infant curriculum with a six-week class for parents and a designated space for kids’ activities, thanks to \$45,000 in funding from the Frog Rock Foundation. Meanwhile, the Westchester Community Foundation provided funding to expand the early childhood education program to a sixth community — in Tarrytown. Furthermore, a parent-wellness campaign was incorporated with support from the Junior League on the Sound. The “Me Alone” pilot program helped three and four-year-olds develop pre-kindergarten skills after they “aged out” of the Infant/Toddler program in Yonkers.

The After-School Academy in Mt. Vernon continued to chalk up impressive improvements in its elementary students' academic performance. Over 70 percent of the students performing below grade level improved in at least one of the major subject areas: math, English language arts, science and history. The 250 students in the academy benefited from an array of tutoring and enrichment activities including the new Storybook Hour that boosted reading appreciation skills. Partnerships with Pelham Arts, the Jacob Burns Film Center, Backyard Sports, and Mercy College continued to bolster the opportunities WJCS offers to students in underserved communities.

The Wiener Academy for Young Women launched "lunch-bunch" groups to support character development in elementary school girls living in Yonkers. Additional support from UJA-Federation enabled students to enjoy music instruction, instrumental music and dance facilitated by an artist in residence at Arts Westchester.

The number of LGBTQ youth served by Center Lane increased substantially, as did the number of parents taking part in Center Lane's TransParentcy program. Center Lane, the only program available for LGBTQ teens in Westchester and transgender youth and their families, shone in the spotlight, while the nation grappled with how to curb the health and societal risks they face.

EXPANDED FAMILY, EDUCATION SUPPORT

Jewish Programs boosted the number of support groups for caregivers and people with Alzheimer's and related dementia. Programs that focus on infertility challenges in the Jewish community were offered, thanks to funding from UJA-Federation and collaboration with the Shames JCC on the Hudson. Educational talks about the Holocaust and social opportunities for survivors were provided with support from The Conference on Jewish Material Claims Against Germany.



CELEBRATING 35 YEARS OF PIONEERING TRAUMA TREATMENT



A highlight of the year was the celebration of the 35th anniversary of the pioneering WJCS Treatment Center for Trauma and Abuse. Its renaming as the Trager Lemp Center: Treating Trauma & Promoting Resilience could not be more fitting. It recognizes the leading, influential and life-saving work conducted by the Center's first two directors, CEO Alan Trager and Pat Lemp, assistant executive director of clinic-based services. Just this year alone, 450 sexually abused children were counseled at the Trauma Center.

STRONGER THAN EVER

Perhaps the year's most significant announcement was the retirement of long-time CEO Alan Trager in June 2018. Trager, who has led WJCS for 20 of his 42 years at the agency, shepherded its growth to a \$42 million operation with a staff of more than 750. We thank Alan Trager for his innumerable contributions and his commitment to and love for WJCS and leaving it in a stronger-than-ever position.



BY THE NUMBERS:

- 20,000 Westchester residents served
- 70,000 mental health services provided to 4,300 individuals
- 2,000 direct services to families to ensure all children will be ready for school
- 1,420 members and staff of synagogues, day schools, independent and assisted living facilities, and JCCs were provided counseling, educational programming and support
- 850 meals were delivered to the homes of the elderly
- 400 older adults received care management services
- 97 adults with intellectual and developmental disabilities were supported in 14 residences
- 98 home health aides specially trained to care for people with dementia
- 700 high school teens were informed about pregnancy prevention and parenting
- 3,500 children were educated about ending the cycle of domestic and interpersonal violence



2017 Agency Awards



EMPLOYEE OF THE YEAR

Colleen Porrazzo, executive assistant and psychology internship coordinator, was recognized for being an incredible resource to many people in the agency and handling multiple demands with great efficiency while serving as the “go to” person for her colleagues.



BATKIN AWARD FOR OUTSTANDING SERVICE TO PEOPLE WITH DEVELOPMENTAL DISABILITIES

Fay Roberts-Mitchell, nursing assistant, Bon Air House, was praised for being calm under pressure and available at all times to support the home’s residents who are primarily non-verbal and ensuring that their needs and wishes are met.



CLINICAL STAFF AWARD

Joanne Ruckel, LCSW, assistant clinic director in the Mount Vernon Family Mental Health Clinic, is regarded as extremely committed to the entire clinic and dedicated to her clients, the staff and community. As co-leader of the DBT group, she thinks creatively and uses exceptional engagement skills and methods that work best for each client.



LEONARD ROHMER AWARD FOR OUTSTANDING PROFESSIONAL ACCOMPLISHMENT

Elana Spira, PhD, director of research, was noted as an excellent teacher and critical thought partner. Her ability to organize complex research and apply scientific knowledge to program development improved the quality and effectiveness of WJCS services. Her creative, informed perspectives helped guide the development of agency initiatives.



HOME HEALTH AIDE OF THE YEAR

Tracey Ann Nelson-Singleton is “dedicated and extremely patient, provides exemplary and consistent care to all her clients. She exudes positive energy and puts a great deal of care into her work even when facing the most difficult and challenging situations.”

SPECIAL RECOGNITION

Mary Figueroa, community engagement specialist, won a Focus for a Future Award for her continued support and work in securing camp scholarships for Mt. Vernon children.

wjcs Leadership

EXECUTIVE STAFF

Alan Trager, LCSW, Chief Executive Officer
Bernard Kimberg, LCSW, Chief Operating Officer
Margarita Muñoz, MD, Medical Director
Debra Feldman, BS, CPA, Chief Financial Officer
Jeffrey Apotheker, PhD, Compliance Officer and Director, Quality Improvement & Mental Health Recovery Services
Milagros Rivera, MBA, Director, Human Resources
Liane Nelson, PhD, Chief Psychologist; Director, Trager Lemp Center: Treating Trauma and Promoting Resilience
Jan Fisher, BS, Director of Public Policy and Government Relations
Patricia Lemp, LCSW, Assistant Executive Director, Clinic-based Services
Susan Lewen, BA, Chief Development Officer
Clive Mascarenhas, BS, Chief Technology Officer
Shannon Van Loon, Ed. M., Assistant Executive Director, Children, Youth and Family Services

ADMINISTRATIVE/LEADERSHIP STAFF

Janet Alpert, MA, Director of Residential Services, Community Programs
John Alterman, LCSW, Director, Hartsdale Family Mental Health Center; Director, Educational Institute
Beverly Alvarez, MS, Program Director, Academic and Career Support, Mary J. Blige Center
Miriam Arond, MA, Director of Marketing and Communications
Alissa Baalbaki, LCSW, Clinic Director, Yonkers; EAP Coordinator
Cheryl Birnbaum, LCSW, Director, Jewish Programs
Shari Birnbaum-Baum, LCSW, Coordinator, Partners in Caring
Ann Brammer, LCSW, Clinic Director, Mt. Vernon Family Mental Health Clinic
Monica Brennan, LMSW, Supervisor, Yonkers DDO
Rodney Campbell, BS, Residence Manager, Maple House
Ebony Carelock, M.Ed, Program Director, Wiener Academy for Young Women, Mary J. Blige Center
Jean-Carlos Castro, MBA, Assistant Controller
Nicole Costa Braithwaite, LCSW, Assistant Program Director, HOSTOS
Marna Cohen, PhD, Coordinator, Psychology Externship
Cheoka Coleman, LMSW, Assistant Program Director, Family Matters
Patrice Cuddy, BA, Director, Parent-Child Home Program
Hope Cunningham, MPA, Program Coordinator, Community Programs
Sheri Curro, Client Information Systems Manager
Robin L. Davies-Small, MS, Program Coordinator, Shelanu
Zoila De La Rosa, Residence Manager, Gramatan House
Suzanne DeLasho, LCSW, Regional Director for Behavioral Health Services
Diana Dlugash, MS, Director of Client Information Systems & Strategic Initiatives
Suzanne Doll, LMSW, Program Director, Linkages & Youth Success
Eleanor Einzig, LCSW, Coordinator, Geriatric Outreach Services
Lee Englander, MA, Program Coordinator, Autism Center
Leroy Ennis, LCSW, Director of Yonkers School Based Services
Diana Eppolito, BS, Development Officer
Maryellen Esposito, Senior Office Manager
Judy Fink, LCSW, Director, Geriatric Services
Vicki Forbes, LCSW, Program Director, Building Better Beginnings & Infant-Toddler Learning Center
Jean Fray, BA, Residence Manager, Valdale House
Rabbi Michael Goldman, MA, Coordinator, Senior Programs in Mt. Vernon
Antoinette Goss, BA, Program Coordinator, Health Homes
Nicole Goudreau-Green, LCSW, DSS Clinic Coordinator
Zilah Gradwohl, MS, Learning Center Supervisor
Barbara Greene, MPH, Director, POINT Program
Patricia Grossman, LCSW, Director, Outpatient Services for the Developmentally Disabled
Consuelo Guerrero, LCSW, Supervisor, Yonkers Treatment Center for Trauma & Abuse; Latino Community Liaison

Brenda Haas, LMSW, M.Ed, Coordinator, Mental Health GPS
Sasha Hanchard, Residence Manager, Beach House
Joanne Helfrich, LCSW, Clinic Supervisor, Peekskill Family Mental Health Clinic
Gayley Henry, BS, Program Coordinator, Community Programs
Leslie Hernandez, Director of Admitting and Managed Care Administrator
Kathryn Hickman, PhD, Coordinator JSO, Hartsdale
Joyce Holz, BS, Accounting Supervisor
Sophia Jamieson, BSN, Director, Nursing Services
Dawn Jardim, Residence Manager, Harrison House
Donnamarie Jones, LCSW, Clinic Director, Peekskill Family Mental Health Center
Richard Jones, BA, Director, Training & Quality Assurance, Community Programs
Diane Klein, MS, Coordinator of Habilitation & Behavioral Services, Community Programs
Carol Kobroff, MSW, Coordinator, Project Time-Out
Veronica Lalomia, Payroll Supervisor
Caitlin Leon, LMSW, Coordinator of YPA
Christopher Libby, PhD., Assistant Director and Coordinator, DBT Program
Micheline Malow, PhD, Director, Weinberg Learning Center
Eva Mason, BS, Residence Manager, Chai House
Ericka McCabe, AS, Residence Manager, Hudson Terrace
Tresha McIntyre, BA, Director of Clinical Services, Community Programs
Kathleen E. McKay, PhD, Coordinator, Court Assessment Program
Tomika Miller, BA, Residence Manager, Palmer House
Catherine Mitchiner, Residence Manager, Bon Air House
William Mullane, PhD, Regional Director for Behavioral Health Services, Southern Westchester
Carolyn Murphy, LCSW, Director, Family Matters and Care Management
Maria-Elena Netroso, MA, Coordinator, MSC
Katherine O'Donnell, MS, Coordinator, Sunshine Social Club
Sandra Perry, BA, Residence Manager, Claudet House
Jessica Piecyk, MSW, Assistant Program Director, Parent-Child Home Program
Jill Phillips, BSN, RN, Director, Nursing Services
Colleen Porrazzo, Executive Assistant and Psychology Internship Coordinator
Deborah Procino, MBA, Director, Revenue and Reimbursement
Areta Reid, BA, Residence Manager, Cannon House
Erica Rice, BA, Revenue Accounting Manager
Valerie Rissman, LCSW, Supervisor, NHTD/TBI Service Coordination
Gillian Rittmaster, LMSW, Pathways to Care Coordinator
Joanne Ruckel, LCSW, Assistant Clinic Director, Mt. Vernon Family Mental Health Clinic
Paula Santa-Donato, LCSW, Director of Youth Services
Alison Savitch, LCSW, Assistant Program Director, POINT
Rachel Scherer, MS, Privacy Officer
William Schollmeyer, Director, Facilities Management
Deborah Schrag, MSW, Coordinator, Cash Relief & Holocaust Services
Jill Schreiber, LCSW, Coordinator, Career>Connect Employment Services
Lisa Scott, BA, Program Director, Center Lane
William Siburn, BS, Controller
Rebecca Sigman, MPA, Community Engagement Manager
Jane Slevin, MS, Pathways to Care Coordinator
Elana Spira, PhD, Director, Research
Carrie Steen-LeGrand, Residence Manager, Bryant House
Laura Stein, LMSW, Coordinator, COMPEER
Rosemarie Stewart, BS, Residence Manager, Claremont House
Beth Thompson, LCSW, Program Director, Margaret's Place
Sylvana Trabou, LCSW, Assistant Director, Trager Lemp Center: Treating Trauma & Promoting Resilience, Coordinator, Partner Abuse Intervention Program
Amanda Vassallo, LCSW, Assistant Clinic Director, Yonkers Family Mental Health Center
Maria Velez-Green, LCSW, Program Director, SCOPES
Shamar Watson, LMSW, Program Director, Mt. Vernon After-School Academy
Rabbi Pamela Wax, MA, Spiritual Care Coordinator, Jewish Programs
Ellen Weisberg, LMSW, Coordinator of Project Seed, Jewish Programs
Sharon Wu, MS, PHR, SHRM-CP, Human Resources Manager

Financial Statement

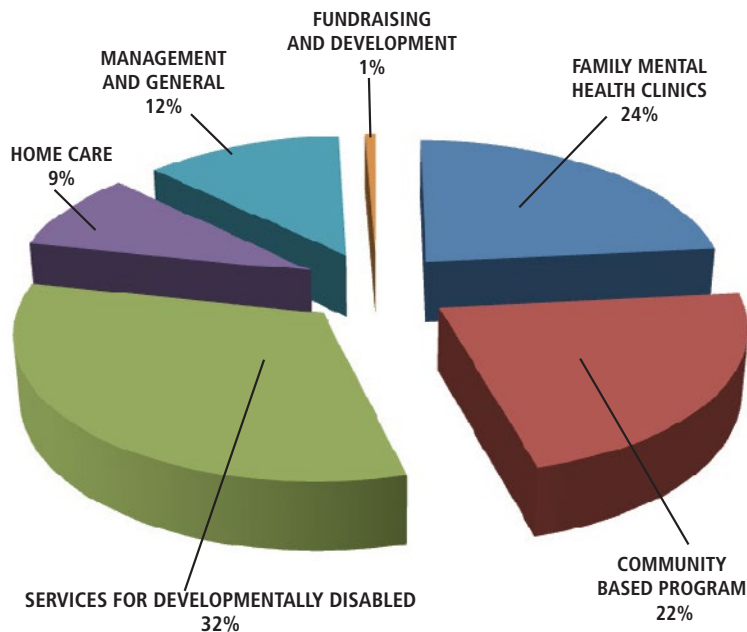
WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF FINANCIAL POSITION AS OF JUNE 30, 2017 AND 2016.

	2017	2016
ASSETS		
CASH AND CASH EQUIVALENTS	2,020,666	2,593,601
RECEIVABLES	5,407,813	5,600,485
INVESTMENTS	31,707,381	27,651,040
PROPERTY AND EQUIPMENT NET	9,210,514	9,193,328
OTHER ASSETS	306,274	275,320
TOTAL ASSETS	48,652,648	45,313,774
LIABILITIES		
ACCRUED EXPENSES AND OTHER PAYABLES	8,336,573	9,101,020
LOANS PAYABLE	3,653,368	3,962,435
TOTAL LIABILITIES	11,989,941	13,063,455
NET ASSETS		
UNRESTRICTED	17,773,614	16,359,449
TEMPORARILY RESTRICTED	15,088,938	13,949,613
PERMANENTLY RESTRICTED	3,800,155	1,941,257
TOTAL NET ASSETS	36,662,707	32,250,319
TOTAL LIABILITIES AND NET ASSETS	48,652,648	45,313,774

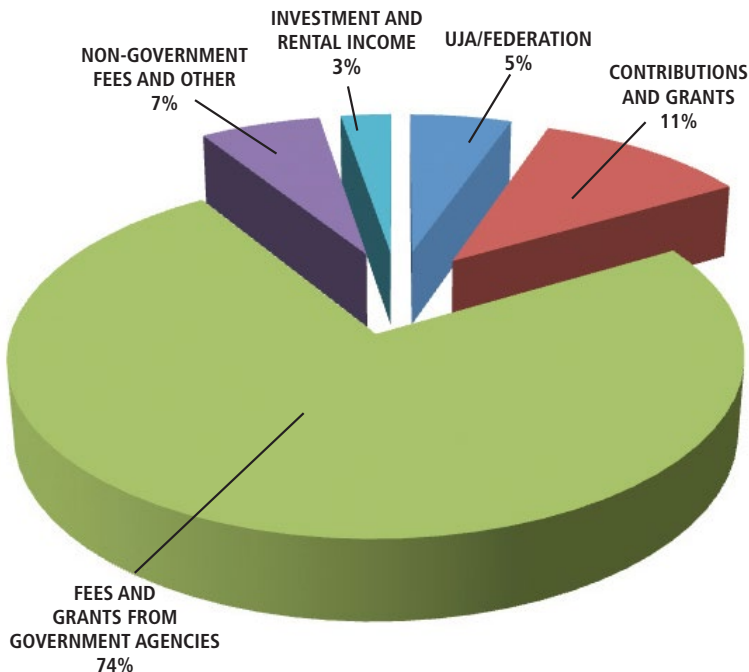
WESTCHESTER JEWISH COMMUNITY SERVICES AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES FOR THE YEAR ENDED JUNE 30, 2017 AND 2016.

SUPPORT AND REVENUE—OPERATING PUBLIC SUPPORT:	2017	2016
UJA/FEDERATION	2,130,492	2,194,774
CONTRIBUTIONS AND GRANTS	3,926,216	3,124,577
SPECIAL EVENT NET OF EXPENSES	568,688	697,414
TOTAL PUBLIC SUPPORT	6,625,396	6,016,765
REVENUE:		
FEES AND GRANTS FROM GOVERNMENT AGENCIES	29,628,008	28,545,159
NON-GOVERNMENT FEES AND OTHER	2,536,654	2,414,967
INVESTMENT AND RENTAL INCOME	1,060,192	1,354,087
TOTAL REVENUE	33,224,854	32,314,213
TOTAL SUPPORT AND REVENUE	39,850,250	38,330,978
EXPENSES - OPERATING:		
PROGRAM SERVICES — CLINIC	9,305,798	9,095,697
PROGRAM SERVICES — COMMUNITY BASED	8,853,817	8,398,347
PROGRAM SERVICES — SERVICES FOR DEVELOPMENTALLY DISABLED	12,857,274	12,569,245
PROGRAM SERVICES — HOME CARE	3,535,047	3,314,997
MANAGEMENT AND GENERAL	4,828,762	4,793,506
FUNDRAISING AND DEVELOPMENT	251,571	245,850
TOTAL EXPENSES — OPERATING	39,632,269	38,417,642
CHANGE IN NET ASSETS - OPERATING	217,981	(86,664)
NON-OPERATING REVENUE		
UNREALIZED GAIN (LOSS) ON INVESTMENTS	2,394,252	(2,164,678)
PERMANENTLY RESTRICTED SUPPORT	1,800,155	
CHANGE IN NET ASSETS	4,412,388	(2,251,342)

OPERATING EXPENSES



OPERATING SUPPORT AND REVENUE



The complete audited financial statements including related notes and the Lederer, Levine & Associates, LLC opinion as independent auditors, may be obtained by writing to Westchester Jewish Community Services, 845 North Broadway, White Plains, NY 10603 or to the New York State Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

WJCS has met all standards of the Better Business Bureau Philanthropic Advisory Service and is listed in the New York Giving Guide. Our IRS Form 990 can be accessed by going to: www.wjcs.com/financial990

WJCS IS:

- Licensed to operate mental health clinics by the NYS Office of Mental Health (OMH) including integrated mental health and substance abuse services.
- Approved to provide Home Health and Traumatic Brain Injury services and operate a Home Health Training Program by the NYS Department of Health.
- Certified to operate Intermediate Care Facilities, Individualized Residential Alternatives and Community Residences by the NYS Office for People with Developmental Disabilities (OPWDD).
- Accredited by the American Psychological Association as a training site for pre-doctoral psychology fellows.
- Licensed by the Child Care Council of Westchester to provide childcare for school-aged children.
- Rated as meeting all standards by the Better Business Bureau of New York.
- An affiliate of Compeer, Inc.

WJCS CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC SUPPORT FROM:

- Federal Emergency Management Agency
- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Housing & Urban Development
- New York State Department of Health
- New York State Office of Children and Family Services
- New York State Office of Mental Health
- New York State Office for People with Developmental Disabilities
- New York State Office of the Aging
- Westchester County Office of the County Executive
- Westchester County Board of Legislators
- Westchester County Department of Community Mental Health
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Department of Probation
- Westchester County Office for Women
- Westchester County Youth Bureau
- City of Yonkers Community Development Block Grant (CDBG)
- Putnam/Northern Westchester Board of Cooperative Education (BOCES)
- The School Districts of Chappaqua, Briarcliff, Harrison, Mt. Vernon, New Rochelle, Ossining, Peekskill, Tarrytown/Sleepy Hollow, White Plains and Yonkers
- Town of Cortlandt
- Montefiore Hospital DSRIP Coordinated Behavioral Health Services
- Hudson River HealthCare

Thank You To Our Generous Supporters

The donors listed below empower WJCS to provide exceptional human services to people throughout Westchester. We salute WJCS' Board of Directors, volunteers, UJA-Federation of New York, New York State and Westchester County government agencies, charitable foundations and dedicated individuals who have demonstrated a strong commitment and financial assistance to WJCS in 2017. Because of you, WJCS offers outstanding evidence-based care and programs to thousands of families.

INDIVIDUALS

Richard and Anita Abraham-Inz
Alex and Joanne Abrahams
Valerie and Steven Abrahams
David Abrams
Kenneth and Kimberly Ackerman
Susan Ackerman
Joshua and Leslie Adler
Anna Aiello-Kirschner
Richard Albert and Brenda Haas
Nancy Albertson
Louise Albin and Susan Cohen
John and Nancy Alderman
Mary Alexander
Murray Alon
Stuart and Lisa Alperin
David and Leslie Alpert
Norman and Jane Alpert
Doug Alpuche
Liat and Daniel Altman
Jessica and Mark Anfang
Anonymous
William and Bonnie Apfelbaum
Helen and Robert Appel
Ellen Arad
Michel and Abby Araten
Robert Arbucci

Maria Battista
Shari and Arnie Baum
Caroline Bauman
Mark and Deborah Bauman
Chanin Becker and Joshua Rosen
Jill Becker
Vivian Becker
Shari and Joel Beckman
Audrey Beerman
Daniel Bellows
Maxine Bellus
Amy Benerofe
Froma and Andrew Benerofe
Jory and Jenn Benerofe
Mark and Helena Benerofe
Mitchell and Ada Benerofe
Idie Benjamin
Deborah and Samuel Beran
Nancy and David Berdon
Greta Berenbaum
Mitch Berg and Leni Sabina Klaimitz
Freda Berger
Samuel and Trisanne Berger
Dana Berk
Elisabeth and Alan Berkeley
Wendy and Howard Berk
William and Ronit Berkman

Barbara Bluestone and Alan Heller
Joyce and Robert Blumberg
Mariquita and Matthew Blumberg
Karen and David Blumenthal
Renee Blumenthal
Leslie Bogen
Bonnie and Scott Boilen
Sue Bolen
Barbara Bolshon and Michael Picheny
Jodi and John Boockvar
Nadira Boodhoo Smith
Anita and Randall Borkenstein
Teresa and Michael Brady
Andrea and John Brandt
Janis Braun
Julie and Warren Breakstone
Barbara Brennan
Candace Brennan
Stephen and Nancy Brenner
Richard Brescia and
Barbara Fastenberg
Peter and Liza Breslin
Lori and Jeffrey Brodsky
Ellen Brooks and Marshall Cohen
Nancy and Roger Brooks
Elizabeth Brown
Howard Brown

Carole and Ronald Chaimowitz
Judith Chananie
Eugene Chang and Sally Leung
Stephen and Deborah Chapin
Sharon and Howard Charles
Zina Charlip
Debra and Rodger Cherry
Eileen Chieco
Ann Chin and Martin Ozdoba
Shari and Marvin Kutner Chinitz
Lucia Chiochio
Phillip Chonigman
Joanne and Barry Citrin
Fred and Joyce Claar
Vicki Cobb
Charlotte Cobbs
Laurel Coben and Travis Epes
Bruce and Jill Cohen
Freda Cohen and Eric Nussbaum
Herbert Cohen
Karen and Raymond Cohen
Libby and Richard Cohen
Linda Cohen
Lisa Cohen
Louise and Robert Cohen
Richard and Emily Cohen
Susan Cohen
Jessica and Scott Cohn
Joan Kirschenbaum Cohn and
Peter Cohn
Ann Coleman
Anne Conneely
Melanie Cooperman
Judith Coppola
Carol and Herbert Corbin
Starlene Corrado
Alice and Louis Corti
Marianne Costabile
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Alison and Ellis Cousens
Peter Cowden
Sara Cremins
Sindy and Kenneth Croen
Lester and Toby Crystal
Kim and Ilan Cyzner
Andrea and Paul Dabbar
Peggy and Russell DaSilva
Mary Davidson
Rachel and Derek Davis
Ilene and Irwin Davison
Jude Dayani
Marci DeBenedictis
Nicolette Dekens
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Achieve - Children's Health Home Care Management

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Community-based services for people with chronic health or mental health conditions, 237-6089 x23

Amazing Afternoons After-School Academy

After-school educational support and enrichment, 699-5296 see also **Off the Street**

Autism Center

Advocacy, support groups, resources for children, adults and families, 761-0600 x228

Building Better Beginnings

Mental health consulting services to daycare centers and Head Start programs, 595-0041

Bereavement Services

Assisting those coping with the loss of a loved one, 761-0600 x142

Cash Relief

Financial assistance to those in need, 761-0600 x232

Center for Jewish Programs

Counseling, support and spiritual programs to the Jewish community, 761-0600 x140

Center Lane

Community center, resources and support for LGBTQ youth, White Plains & Yonkers, 423-0610

Child Sexual Abuse Treatment Program

Treatment for children and adult survivors of sexual abuse, 949-7699 x475

Community Habilitation Services

Essential life-skills training to individuals in the POINT program, 761-0600 x126

Community Programs for ID/DD
Homes for people with intellectual and developmental disabilities throughout Westchester, 761-0600 x108

COMPEER

Volunteer matches for adults recovering from mental illness, 761-0600 x208

Career>Connect Employment Services

Resources and support for Jewish job seekers, 761-0600 x170

CORDD

Crisis support to families in non-life threatening situations with children or adults with autism or developmental disabilities, 949-7699 x455

Counseling for People with Developmental Disabilities
Mental health services for people and families with developmental disabilities, 949-7699 x455

Court Assessment Program

Professional evaluations for use by the legal system, 949-7699 x452

Cross Systems Unit

A collaboration with DSS to assist families seeking Family Court help, 316-9824

Development Department

Oversees agency fundraising, marketing, communications, social media and government relations, 761-0600 x219

Educational Institute

Professional training for agency staff, other professionals and the community, 949-7699 x474

Emergency Food Pantry

Food supplies funded by contributions from synagogues, organizations, 761-0600 x312

Family Matters

Mental health services, case management to youth with serious emotional disturbance, 237-6089

Geriatric Care Management

Comprehensive services for seniors and living options, 761-0600 x340

Geriatric Information and Referral

Provides information on programs, services, benefits for seniors, 761-0600 x340

Geriatric Mental Health Services

Mental health and case management services for seniors, 949-7699 x429

Hartsdale Family Mental Health Center

Counseling, psychiatric and specialty services in clinic setting, 949-6761 or 949-7699

Havurah Program

Jewish traditional and holiday celebrations for people with developmental disabilities, 761-0600 x140

Holocaust Program

- Groups for Holocaust survivors' families, 949-7699 x541
- Subsidized home health care, 761-0600 x232

Home Health Aide Training

Training and certification for personal care and home health aides, 761-0600 x311

Home Health Services of WJCS

Accredited, NYS-licensed home care agency serving Westchester and the Bronx, 761-0600 x339

Infant-Toddler Learning Center

Parenting education and children's early learning, 965-9140 x14

Jewish Spiritual Healing Center

Programs and opportunities for solace through Jewish traditions, 761-0600 x149

Jewish Poverty Outreach

Case management, financial assistance to individuals and families, 949-7699 x404

Juvenile Fire-Setting Evaluation and Treatment Program

Assessments of children at risk of fire-setting, education for parents and the community, 237-6089

Juveniles Starting Over

Treatment and assessment of youth with problematic sexual behavior, 949-7699 x463

Learning Center, The Harry & Jeanette Weinberg

Educational services for individuals with learning challenges, 949-7699 x464

Linkages/Youth Success

Mental health assessment and support for youth in the probation system, 813-7929

Livable Communities Project

Helps seniors remain in their homes and communities, 761-0600 x314

Margaret's Place

In-school violence prevention/intervention in partnership with Joe Torre Safe At Home Foundation, 949-7699 x473

- **Cross Hill Academy**, Yonkers
- **Peekskill Middle School**, Peekskill
- **White Plains High School**, White Plains

Mental Health Guiding Parents through Services (GPS)

Connects Jewish families to behavioral health services for children, 761-0600 x318

Moving Forward

Social club for adults with developmental disabilities, 949-7699 x455

Mt. Vernon Family Mental Health Clinic

Counseling, psychiatric and specialty services in clinic setting, 668-8938

Nursing Home Transition and Diversion Program

In-home services for adults eligible for nursing home care, 761-0600 x344

"Off The Street" at Hamilton Elementary School, Mt. Vernon

After-school educational support and enrichment program, 668-8938 x307

Parent-Child Home Program/ Parent-Child Center

Early learning, parenting skills program with home visits; drop-in center in New Rochelle, 949-7699 x424

Parent Management Training

Teaches parents to manage difficult behaviors in children with special needs, 949-7699 x408

Partner Abuse Intervention Program

Therapy for adults and children affected by family violence, 949-7699 x471

Partners in Caring

Counseling, educational, informational programs to Jewish institutions, 761-0600 x145

Pathways to Care

Counseling for people coping with advanced illness or bereavement, 761-0600 x143

Peekskill Family Mental Health Clinic

Counseling, psychiatric and specialty services in clinic setting, 737-7338

POINT Community

Independent living program for young adults with disabilities, 761-0600 x175

Project Lifesaver

Provides locator bracelets for people with autism who may wander, 761-0600 x228

Project SEED

Helps synagogue nursery school teachers support children's emotional development, 761-0600 x146

Project Time-Out

Provides respite for caregivers, 761-0600 x310

Psychology Externship Training

Accredited training program for doctoral candidates, 949-7699 x472

Psychology Internship Training

Accredited training program for advanced doctoral students, 949-7699 x455

Residential Housing

Person-centered residences for adults with intellectual and developmental disabilities

- **Barker Avenue**
White Plains, 328-7846
- **Beach House**
Mamaroneck, 835-3581
- **Bon Air House**
New Rochelle, 250-0343
- **Bryant House**
White Plains, 949-5557
- **Cannon House**
Eastchester, 337-7151
- **Chai House**
White Plains, 437-5262
- **Claremont Avenue**
Mt. Vernon, 459-1362
- **Claudet House**
Eastchester, 632-6725
- **Gramatan House**
Mt. Vernon, 237-7093
- **Harrison House**
Harrison, 835-3573
- **Hudson Terrace**
Sleepy Hollow, 332-4891
- **Maple House**
Harrison, 315-6700
- **Palmer House**
Larchmont, 834-0514
- **Valdale House**
Yonkers, 965-0006

S.C.O.P.E.S. Satellite Clinics

School-based mental health services for Peekskill schools,

- **Woodside Elementary School**, 734-1359
- **Oakside Elementary School**, 737-1591

Senior Programs in Mt. Vernon

Social, recreational, educational activities for seniors, 668-4350

Service Coordination for MR/DD

Coordinates services for people with intellectual and developmental disabilities, 761-0600 x138

Shelanu

A membership community for young Jewish adults with autism, 949-7699 x404

SIDS Education Program

Supports families who have lost a child to SIDS, 761-0600 x142

Social Clubs

Provides social and recreational activities for people recovering from mental illness, 528-6995

- **Favonian Club:** Consumer-led social club in Peekskill
- **Our Social Club:** Club for residents of Mohegan Park Home
- **Sunshine Social Club:** For people recovering from mental illness
- **Grasslands Social Club**
Social club in Valhalla that teaches life skills, 231-4200

Spectrum Baseball

Baseball program for children with autism spectrum disorders, 949-7699 x455

Taft Community Room

A space for social and educational activities for youth with developmental disabilities, 358-5001

Therapeutic Social Groups

Evidence-based groups for children and teens with autism, 949-7699 x455

Trager Lemp Center: Treating Trauma & Promoting Resilience

Research-proven treatment services for childhood sexual abuse and trauma, 949-7699 x475

Traumatic Brain Injury Program

In-home services for adults with brain injuries sustained after 21 years old, 761-0600 x339

VoiceCare

Referral service for emergency alert devices and monitoring system, 761-0600 x311

Volunteer Program

Recruits and manages volunteers, 761-0600 x222

Whitehill Counseling Service

Fee-supported mental health services, 737-7338 x20

Wiener Academy for Young Women

Enhances girls' academic and personal development, 965-9140

WJCS Satellite Clinic @ Hudson River HealthCare

Mental health services for children, 965-9771

WJCS Vocational and Educational Center

A hub for learning and job-skills training for individuals with developmental disabilities, 358-5001

Yonkers Dept. of Social Services Satellite Clinic

Crisis intervention and counseling to families involved with DSS, 231-2604

Yonkers Family Mental Health Clinic

Counseling, psychiatric and specialty services in clinic setting, 423-4433

Yonkers School-Based Satellite Clinics:

In-school therapeutic and related services for children with mental health concerns,

- HOSTOS
- K.I.C.S
- Roosevelt High School
- Scholastic Academy
- Yonkers School 18
376-8174

Young People Achieve

In-school pregnancy prevention and intervention for teens

- **Ossining High School**, 762-5760 x2352
- **Sleepy Hollow High School**, 333-0063
- **White Plains High School**, 422-5026

Youth Mental Health First Aid

Teaches adults to recognize and respond to youth mental health warning signs, 761-0600 x322



HEADQUARTERS

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VOICES OF **wjcs**

"Three years ago I began to face the alien that lived in me. I had a deep hatred and disgust for myself, but vowed I'd never try therapy again. However, I later found a support group run by the **WJCS Treatment Center for Trauma and Abuse, now renamed Trager Lemp Center: Treating Trauma & Promoting Resilience**, an amazing facet of WJCS. I learned that I was not alone. I tried individual therapy again and my therapist didn't judge me. She validated and understood my feelings. The trauma therapists are second to none. I'm thankful for this organization that's helped me on a journey forward."

"Volunteering at the **Off the Street after-school program** is a joy. There's a positive energy that pervades the program and I marvel at the skill of the staff. The kids enjoy reading out loud and we have such interesting discussions about the books."

"We're very grateful for the **Center Lane TransParentcy** program. It's the only support group in Westchester. All the Trans families come here to meet and share. We're grateful not only that the program exists, but for those who have shared their stories and made us feel supported, heard and understood."

"WJCS has made positive changes in my life. I started as a student in the **Academic Career Support (ACS) program**. After I graduated, WJCS gave me the opportunity to become successful in my goals. I am now a Case Manager for **The Infant-Toddler Learning Center** and for the ACS Program. This has given me the privilege to help individuals, families and parents in need. I have helped them set goals and persevere to become successful in life as well. I'm now a college student pursuing a Social Worker degree."





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