

**THE MARY J. BLIGE  
CENTER FOR WOMEN**  
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The Mary J. Blige and Steve Stoute  
FOUNDATION FOR THE ADVANCEMENT OF  
WOMEN NOW, Inc. (FFAWN) is dedicated to  
helping all women gain the confidence  
and skills they need to reach  
their full individual potential.

[www.ffawn.org](http://www.ffawn.org)

WESTCHESTER JEWISH COMMUNITY SERVICES  
(WJCS), a non-sectarian, state-licensed,  
not-for-profit agency, has been a leader in  
mental health, home health care, developmental  
disabilities and human services since 1943,  
serving all people who live or work  
in Westchester.

[www.wjcs.com](http://www.wjcs.com)



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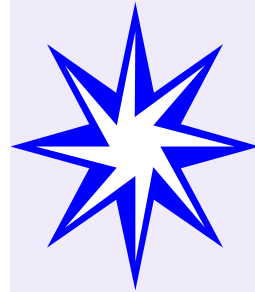


**A Program of  
WESTCHESTER JEWISH COMMUNITY SERVICES  
in Partnership with  
FFAWN  
(FOUNDATION FOR THE ADVANCEMENT  
OF WOMEN NOW, INC.)**

**Strengthening lives... Shaping futures**  
[www.wjcs.com](http://www.wjcs.com)

## MISSION

**THE MARY J. BLIGE CENTER FOR WOMEN** is committed to providing girls and women



with skills, knowledge, resources and support that will empower them to pursue their personal goals and become self-sufficient, confident women.

Through a variety of programs, **The MJB Center** offers the following services:

- \* *Adult Basic Education and GED Preparation*
- \* *Career Exploration/Work Readiness*
- \* *Parenting Education*
- \* *College Readiness*
- \* *Life Skills Training*
- \* *Health/Wellness*
- \* *Family Life & Sex Education*
- \* *Self-Empowerment Groups*
- \* *Mentoring*
- \* *Advocacy and Support*
- \* *Referrals to Other Community Resources*

## PROGRAMS

**A DIFFERENT START** — *Providing a change in direction... a new beginning*

Helps young low-income single mothers (ages 16-21) achieve more independence and productivity through education including exploring career choices, parenting skills, paid internships, volunteer work, life skills training and GED classes.

**LEGACY** — *Creating and passing on values that last forever*

Promotes empowerment through teaching principals of success in careers, family life, relationships, health and money management for women ages 22+. Women seek and share advice in sister-to-sister support groups that address the unique issues they face. Participants are encouraged to practice behaviors that promote life-long traditions.

**MY LIFE PROJECT** — *The power to control my future rests within me.*

Inspires and prepares young girls in grades 7-12 to succeed in the real world by teaching decision-making and problem-solving skills that build self-confidence and self-esteem. Girls open their minds to their full potential by participating in workshops that deal with peer pressure, drugs and alcohol, relationship abuse/violence, sexual activity, college and career planning and more.

**PATRICE'S CLOSET** — *Let's have fun with clothes but be serious with the needs of the heart, mind and soul beneath them.*

Provides professional clothing and image counseling to women seeking employment. The purpose of the program is to help women move into the workplace by educating them to present themselves well and with pride.