



WJCS Parent Behavior Management Training Group (PMT)

**12 SESSION EVIDENCE-BASED
PARENT BEHAVIOR MANAGEMENT GROUP
FOR
PARENTS OF CHILDREN ON THE AUTISTIC SPECTRUM**

**Wednesdays -- 7:00– 8:30 PM
February 3 -- May 5**

**WJCS
141 North Central Avenue - Hartsdale**

**For more information, contact:
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914-949 – 7699, ext 377 or kphillips@wjcs.com**

What is PMT?

PMT, developed by Dr. Alan Kazdin at Yale Child Study Center, has been shown to be effective in decreasing oppositional, aggressive, and antisocial behavior. PMT trains parents to manage their child's behavioral problems in the home and at school.

Objective of PMT

Parents will learn new ways to understand their child's behavior and to practice skills and techniques for effectively handling problem behaviors, including how to prompt, praise, set up behavior charts, ignore inappropriate behaviors and learn how to use time out procedures. Parents are active participants in this group and will be completing weekly homework assignments (eg. behavior charts).

An assessment with your child is required prior to attendance in this group.

This group can be billed through most third-party insurances or at a self-pay fee of \$300/series.



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