



Sheila Rabideau, RN

As young adults, we often believe that our parents will be vibrant and self-reliant forever. It seems as though overnight we are faced with the realities that aging brings — the physical and mental limitations that impact our loved ones. When these situations arise, we are fortunate in this area to have access to Home Health Services offered by Westchester Jewish Community Services, which has been providing well-trained, licensed, home care aides for 70 years, with specialties in Alzheimer's and cancer care.

As a result of the compassionate, individualized attentiveness provided by Home Health Services of WJCS, older adults can remain in their homes, safely maintaining their independence, preserving their dignity, and continuing the quality of life that aging in place offers.

When you call Home Health Services of WJCS, you will meet Sheila Rabideau, RN, assistant executive director, who brings to her job 40 years of nursing and a positive association with a home aide for her own mother. "I want to re-create that caring experience for every client and every family we serve," she says.

Hours: Call for an appointment at 914-761-0600 x339.

wjcs
Westchester Jewish
Community Services
www.wjcs.com

845 N. Broadway, Suite 2
White Plains • 761-0600